

# Men 3000 Metre Steeplechase U20

SOPAC, Sydney

2012 NSW Junior and Youth Championships



## Splits and lap times report

Name		38m	461m	884m	1307m	1730m	2153m	2576m	3000m
<b>Derriman, Nathan</b>	<b>S</b>	<b>7.67</b> (6)	<b>1:30.29</b> (4)	<b>2:54.57</b> (3)	<b>4:21.89</b> (3)	<b>5:52.65</b> (2)	<b>7:24.08</b> (2)	<b>8:54.90</b> (2)	<b>10:15.48</b> (1)
8204 RBH	<b>L</b>		1:22.62	1:24.28	1:27.32	1:30.76	1:31.43	1:30.82	1:20.58
<b>Booth, Adam</b>	<b>S</b>	<b>7.12</b> (2)	<b>1:29.22</b> (2)	<b>2:53.81</b> (2)	<b>4:21.42</b> (2)	<b>5:52.24</b> (1)	<b>7:23.80</b> (1)	<b>8:54.66</b> (1)	<b>10:18.85</b> (2)
2212 SOS	<b>L</b>		1:22.10	1:24.59	1:27.61	1:30.82	1:31.56	1:30.86	1:24.19
<b>Nixon, Adam</b>	<b>S</b>	<b>7.69</b> (7)	<b>1:29.79</b> (3)	<b>2:54.95</b> (4)	<b>4:23.23</b> (4)	<b>5:53.20</b> (3)	<b>7:24.66</b> (3)	<b>8:57.24</b> (3)	<b>10:23.66</b> (3)
517 Cherrybrook Athletic	<b>L</b>		1:22.10	1:25.16	1:28.28	1:29.97	1:31.46	1:32.58	1:26.42
<b>Mulholland, Connor</b>	<b>S</b>	<b>7.34</b> (3)	<b>1:31.32</b> (5)	<b>2:57.18</b> (5)	<b>4:26.48</b> (5)	<b>6:00.19</b> (6)	<b>7:36.22</b> (6)	<b>9:11.67</b> (5)	<b>10:37.99</b> (4)
1196 St George District At	<b>L</b>		1:23.98	1:25.86	1:29.30	1:33.71	1:36.03	1:35.45	1:26.32
<b>Kriedemann, Mark</b>	<b>S</b>	<b>7.40</b> (4)	<b>1:31.62</b> (6)	<b>2:57.31</b> (6)	<b>4:27.10</b> (6)	<b>5:59.12</b> (5)	<b>7:33.79</b> (5)	<b>9:10.42</b> (4)	<b>10:42.92</b> (5)
2472 RBH	<b>L</b>		1:24.22	1:25.69	1:29.79	1:32.02	1:34.67	1:36.63	1:32.50
<b>Bergfield, James</b>	<b>S</b>	<b>6.75</b> (1)	<b>1:28.71</b> (1)	<b>2:53.44</b> (1)	<b>4:21.12</b> (1)	<b>5:54.16</b> (4)	<b>7:30.91</b> (4)	<b>9:16.03</b> (6)	<b>11:06.78</b> (6)
1952 Ryde Athletics Centr	<b>L</b>		1:21.96	1:24.73	1:27.68	1:33.04	1:36.75	1:45.12	1:50.75
<b>James, Daniel</b>	<b>S</b>	<b>7.55</b> (5)	<b>1:36.64</b> (7)	<b>3:07.92</b> (7)	<b>4:40.88</b> (7)	<b>6:17.83</b> (7)	<b>7:57.93</b> (7)	<b>9:37.62</b> (7)	<b>11:13.46</b> (7)
709 Illawong & Districts	<b>L</b>		1:29.09	1:31.28	1:32.96	1:36.95	1:40.10	1:39.69	1:35.84

