

Mixed 5000 Metre Race Walk U18, U20

SOPAC, Sydney

2012 NSW Junior and Youth Championships



Athletics
New South Wales

Splits and lap times report

Name	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	3400m	3800m	4200m	4600m	Finish
Klein, Kirsty	49.56 (1)		4:36.20 (3)		8:33.54 (3)		12:34.17 (1)		16:32.07 (1)		20:34.11 (1)		24:42.43 (1)
126 ASW		2:40.70 (1)	1:55.50	6:33.69 (3)	1:59.85	10:33.60 (3)	2:00.57	14:33.06 (1)	1:59.01	18:32.69 (1)	2:01.42	22:37.64 (1)	2:04.79
		1:51.14		1:57.49		2:00.06		1:58.89		2:00.62		2:03.53	
Bettiol, Amy	51.17 (4)		4:37.03 (5)		8:36.78 (4)		12:41.09 (4)		16:51.11 (4)		21:05.26 (3)		25:09.65 (2)
1271 Sydney Pacific		2:42.10 (5)	1:54.93	6:36.18 (4)	2:00.60	10:38.42 (4)	2:02.67	14:45.28 (4)	2:05.83	18:57.74 (3)	2:07.52	23:09.25 (3)	2:00.40
		1:50.93		1:59.15		2:01.64		2:04.19		2:06.63		2:03.99	
Felton, Jay	50.79 (2)		4:34.73 (1)		8:31.02 (1)		12:35.37 (2)		16:43.59 (2)		21:04.69 (2)		25:18.24 (3)
2108 Mingara		2:41.44 (3)	1:53.29	6:30.56 (2)	2:00.46	10:33.57 (2)	2:01.80	14:40.28 (3)	2:03.31	18:52.50 (2)	2:12.19	23:08.88 (2)	2:09.36
		1:50.65		1:55.83		2:02.55		2:04.91		2:08.91		2:04.19	
Washburn, Steven	50.82 (3)		4:35.49 (2)		8:31.32 (2)		12:36.00 (3)		16:50.80 (3)		21:11.40 (4)		25:22.81 (4)
878 Nepean		2:41.76 (4)	1:53.73	6:29.94 (1)	2:01.38	10:33.10 (1)	2:02.90	14:39.74 (2)	2:11.06	19:05.13 (4)	2:06.27	23:19.73 (4)	2:03.08
		1:50.94		1:54.45		2:01.78		2:03.74		2:14.33		2:08.33	
Gibbons, Carl	52.05 (7)		4:56.88 (7)		9:12.45 (8)		13:39.49 (7)		18:11.51 (6)		22:52.46 (5)		27:14.59 (5)
2274 Westlakes		2:49.97 (8)	2:06.91	7:01.90 (8)	2:10.55	11:23.04 (7)	2:16.45	15:54.07 (6)	2:17.44	20:33.27 (6)	2:19.19	25:12.23 (5)	2:02.36
		1:57.92		2:05.02		2:10.59		2:14.58		2:21.76		2:19.77	
Murphy, Robert	54.96 (14)		4:59.96 (11)		9:19.65 (9)		13:52.56 (9)		18:22.46 (8)		22:57.29 (7)		27:16.03 (6)
2548 South Sydney		2:55.18 (14)	2:04.78	7:08.40 (9)	2:11.25	11:34.08 (9)	2:18.48	16:07.83 (9)	2:14.63	20:37.85 (7)	2:19.44	25:12.42 (6)	2:03.61
		2:00.22		2:08.44		2:14.43		2:15.27		2:15.39		2:15.13	
Killen, Wyong	53.27 (8)		4:52.04 (6)		9:09.43 (7)		13:44.83 (8)		18:23.34 (9)		23:06.66 (8)		27:17.39 (7)
948 Wyong		2:48.43 (7)	2:03.61	7:00.33 (6)	2:09.10	11:23.64 (8)	2:21.19	16:02.72 (8)	2:20.62	20:47.03 (8)	2:19.63	25:20.28 (8)	1:57.11
		1:55.16		2:08.29		2:14.21		2:17.89		2:23.69		2:13.62	
Dighton, Jasmine	53.65 (10)		4:57.52 (8)		9:06.34 (6)		13:36.78 (6)		18:12.49 (7)		22:53.36 (6)		27:37.05 (8)
687 Illawong & Districts		2:53.11 (10)	2:04.41	7:00.71 (7)	2:05.63	11:17.90 (6)	2:18.88	15:54.46 (7)	2:18.03	20:33.15 (5)	2:20.21	25:14.03 (7)	2:23.02
		1:59.46		2:03.19		2:11.56		2:17.68		2:20.66		2:20.67	
Southern, Shay	54.05 (12)		4:58.73 (9)		9:26.70 (11)		14:13.04 (12)		18:57.07 (11)		23:44.75 (9)		28:31.36 (9)
3228 ASW		2:52.62 (9)	2:06.11	7:10.59 (11)	2:16.11	11:48.45 (12)	2:24.59	16:35.11 (11)	2:21.96	21:19.46 (9)	2:25.29	26:14.10 (10)	2:17.26
		1:58.57		2:11.86		2:21.75		2:22.07		2:22.39		2:29.35	
Dredge, Jason	55.35 (16)		5:00.30 (12)		9:24.64 (10)		13:59.93 (10)		18:53.89 (10)		23:44.81 (10)		28:39.53 (10)
861 Mingara		2:55.92 (16)	2:04.38	7:09.38 (10)	2:15.26	11:42.21 (10)	2:17.72	16:24.51 (10)	2:29.38	21:21.13 (10)	2:23.68	26:11.65 (9)	2:27.88
		2:00.57		2:09.08		2:17.57		2:24.58		2:27.24		2:26.84	
Psarianos, Dimitra	55.01 (15)		4:59.51 (10)		9:27.19 (12)		14:10.65 (11)		19:03.25 (12)		23:58.07 (11)		28:51.90 (11)
2217 South Sydney		2:54.30 (11)	2:05.21	7:11.98 (12)	2:15.21	11:47.37 (11)	2:23.28	16:35.89 (12)	2:27.36	21:32.17 (11)	2:25.90	26:28.43 (11)	2:23.47
		1:59.29		2:12.47		2:20.18		2:25.24		2:28.92		2:30.36	
Denney, Hannah	54.52 (13)		5:01.28 (13)		9:28.21 (13)		14:16.65 (13)		19:11.57 (13)		24:15.23 (12)		29:18.23 (12)
1084 RBH		2:55.32 (15)	2:05.96	7:12.51 (13)	2:15.70	11:50.45 (13)	2:26.20	16:44.22 (13)	2:27.35	21:42.75 (12)	2:32.48	26:47.17 (12)	2:31.06
		2:00.80		2:11.23		2:22.24		2:27.57		2:31.18		2:31.94	
Porley, Tabitha	53.96 (11)		5:05.63 (14)		9:47.45 (14)		14:43.86 (14)		19:45.84 (14)		24:57.36 (13)		29:46.43 (13)
375 BMA		2:54.36 (12)	2:11.27	7:23.79 (14)	2:23.66	12:14.99 (14)	2:28.87	17:14.77 (14)	2:31.07	22:23.18 (13)	2:34.18	27:21.60 (13)	2:24.83
		2:00.40		2:18.16		2:27.54		2:30.91		2:37.34		2:24.24	

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	3400m	3800m	4200m	4600m	Finish
Barendregt, Amanda		53.64 (9)		5:07.37 (15) 2:12.53		9:58.82 (15) 2:27.04		15:08.63 (15) 2:36.30		20:21.54 (15) 2:37.48		25:22.27 (14) 2:28.12		30:21.32 (14) 2:26.99
903	Nepean District Athle		2:54.84 (13) 2:01.20		7:31.78 (15) 2:24.41		12:32.33 (15) 2:33.51		17:44.06 (15) 2:35.43		22:54.15 (14) 2:32.61		27:54.33 (14) 2:32.06	
Birch-Ward, Kurtis		51.28 (5)												DNF
3519	Sutherland		2:43.37 (6) 1:52.09											
Jennings, Shannon		52.02 (6)		4:36.58 (4) 1:55.51		8:41.04 (5) 2:03.09		12:52.91 (5) 2:06.26		17:11.89 (5) 2:11.30				DQ
161	ASW		2:41.07 (2) 1:49.05		6:37.95 (5) 2:01.37		10:46.65 (5) 2:05.61		15:00.59 (5) 2:07.68					