

# Men 5000 Metre Run U20

SOPAC, Sydney

2012 NSW Junior and Youth Championships

## Splits and lap times report



Name	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	3400m	3800m	4200m	4600m	Finish
<b>MacDonald, Ruairidh</b>	<b>38.01</b> (1)		<b>3:01.99</b> (1) 1:11.06		<b>5:22.93</b> (1) 1:10.55		<b>7:47.04</b> (1) 1:13.18		<b>10:10.36</b> (1) 1:12.39		<b>12:37.72</b> (1) 1:13.60		<b>15:00.40</b> (1) 1:08.30
4099 Uts Northern Suburb		<b>1:50.93</b> (1) 1:12.92	<b>4:12.38</b> (1) 1:10.39		<b>6:33.86</b> (1) 1:10.93		<b>8:57.97</b> (1) 1:10.93		<b>11:24.12</b> (1) 1:13.76		<b>13:52.10</b> (1) 1:14.38		
<b>Land, Andrew</b>	<b>38.27</b> (2)		<b>3:08.76</b> (2) 1:15.77		<b>5:41.40</b> (2) 1:16.45		<b>8:14.38</b> (2) 1:16.66		<b>10:47.53</b> (2) 1:16.61		<b>13:23.18</b> (2) 1:18.42		<b>15:52.69</b> (2) 1:12.33
829 Mingara Athletics Cl		<b>1:52.99</b> (2) 1:14.72	<b>4:24.95</b> (2) 1:16.19		<b>6:57.72</b> (2) 1:16.32		<b>9:30.92</b> (2) 1:16.54		<b>12:04.76</b> (2) 1:17.23		<b>14:40.36</b> (2) 1:17.18		
<b>Bukovinsky, Jak</b>	<b>38.94</b> (4)		<b>3:09.07</b> (3) 1:15.70		<b>5:41.77</b> (3) 1:16.51		<b>8:14.72</b> (3) 1:16.71		<b>10:50.39</b> (3) 1:18.84		<b>13:35.41</b> (3) 1:22.92		<b>16:11.71</b> (3) 1:14.44
2381 Uts Northern Suburb		<b>1:53.37</b> (3) 1:14.43	<b>4:25.26</b> (3) 1:16.19		<b>6:58.01</b> (3) 1:16.24		<b>9:31.55</b> (3) 1:16.83		<b>12:12.49</b> (3) 1:22.10		<b>14:57.27</b> (3) 1:21.86		
<b>Booth, Adam</b>	<b>38.53</b> (3)		<b>3:09.41</b> (4) 1:15.62		<b>5:42.43</b> (4) 1:16.62		<b>8:27.22</b> (4) 1:23.64		<b>11:14.63</b> (4) 1:24.33		<b>14:05.94</b> (4) 1:25.74		<b>16:41.86</b> (4) 1:11.94
2212 SOS		<b>1:53.79</b> (4) 1:15.26	<b>4:25.81</b> (4) 1:16.40		<b>7:03.58</b> (4) 1:21.15		<b>9:50.30</b> (4) 1:23.08		<b>12:40.20</b> (4) 1:25.57		<b>15:29.92</b> (4) 1:23.98		
<b>Mulholland, Connor</b>	<b>39.19</b> (5)		<b>3:14.57</b> (5) 1:18.90		<b>5:57.32</b> (5) 1:22.11		<b>8:46.22</b> (5) 1:24.89		<b>11:39.36</b> (5) 1:27.12		<b>14:36.86</b> (5) 1:28.88		<b>17:27.51</b> (5) 1:22.82
1196 St George District At		<b>1:55.67</b> (5) 1:16.48	<b>4:35.21</b> (5) 1:20.64		<b>7:21.33</b> (5) 1:24.01		<b>10:12.24</b> (5) 1:26.02		<b>13:07.98</b> (5) 1:28.62		<b>16:04.69</b> (5) 1:27.83		
<b>Nairn, Brandon</b>	<b>40.01</b> (6)		<b>3:22.43</b> (6) 1:23.56		<b>6:18.09</b> (6) 1:30.08		<b>9:33.96</b> (6) 1:39.93		<b>12:54.11</b> (6) 1:39.58		<b>16:16.47</b> (6) 1:40.34		<b>19:26.79</b> (6) 1:31.16
1237 St George District At		<b>1:58.87</b> (6) 1:18.86	<b>4:48.01</b> (6) 1:25.58		<b>7:54.03</b> (6) 1:35.94		<b>11:14.53</b> (6) 1:40.57		<b>14:36.13</b> (6) 1:42.02		<b>17:55.63</b> (6) 1:39.16		

