

Women 3000 Metre Run U18

SOPAC, Sydney

2012 NSW Junior and Youth Championships



Splits and lap times report

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	Finish
Spencer, Kate	S	32.09 (1)	1:43.62 (1)	3:00.79 (1)	4:20.69 (1)	5:42.03 (1)	7:04.12 (1)	8:27.32 (1)	9:44.10 (1)
1950 Ryde Athletics Centr	L		1:11.53	1:17.17	1:19.90	1:21.34	1:22.09	1:23.20	1:16.78
Isbester, Megan	S	32.69 (2)	1:46.06 (2)	3:04.61 (2)	4:25.05 (2)	5:46.66 (2)	7:09.53 (2)	8:32.85 (2)	9:51.00 (2)
4106 RBH	L		1:13.37	1:18.55	1:20.44	1:21.61	1:22.87	1:23.32	1:18.15
Hull, Jessica	S	32.95 (3)	1:46.66 (3)	3:06.08 (3)	4:28.44 (3)	5:51.05 (3)	7:14.86 (3)	8:37.75 (3)	9:54.50 (3)
740 Kembla Joggers	L		1:13.71	1:19.42	1:22.36	1:22.61	1:23.81	1:22.89	1:16.75
Delaney, Amity	S	36.21 (4)	1:57.67 (4)	3:21.79 (4)	4:47.46 (4)	6:14.30 (4)	7:41.90 (4)	9:10.05 (4)	10:28.36 (4)
1086 RBH	L		1:21.46	1:24.12	1:25.67	1:26.84	1:27.60	1:28.15	1:18.31
Gibson, Hannah	S	36.48 (5)	1:58.38 (5)	3:24.04 (5)	4:51.96 (6)	6:22.12 (5)	7:52.75 (6)	9:23.90 (5)	10:41.40 (5)
2333 SSR	L		1:21.90	1:25.66	1:27.92	1:30.16	1:30.63	1:31.15	1:17.50
Vanderham, Gabrielle	S	37.26 (7)	1:59.74 (7)	3:25.98 (6)	4:51.94 (5)	6:22.12 (6)	7:52.67 (5)	9:24.07 (6)	10:47.00 (6)
1144 RBH	L		1:22.48	1:26.24	1:25.96	1:30.18	1:30.55	1:31.40	1:22.93
Gorman, Amelia	S	36.78 (6)	1:59.35 (6)	3:27.95 (8)	5:00.77 (7)	6:33.81 (7)	8:06.69 (7)	9:38.66 (7)	11:05.05 (7)
2295 SSR	L		1:22.57	1:28.60	1:32.82	1:33.04	1:32.88	1:31.97	1:26.39
Vernon, Jessica	S	38.07 (8)	2:00.43 (8)	3:27.59 (7)	5:01.26 (8)	6:39.01 (8)	8:18.74 (8)	9:59.33 (8)	11:36.74 (8)
2939 SSR	L		1:22.36	1:27.16	1:33.67	1:37.75	1:39.73	1:40.59	1:37.41
Porley, Tabitha	S	40.11 (9)	2:14.61 (9)	3:54.00 (9)	5:38.42 (9)	7:27.14 (9)	9:17.04 (9)	11:02.21 (9)	12:39.89 (9)
375 BMA	L		1:34.50	1:39.39	1:44.42	1:48.72	1:49.90	1:45.17	1:37.68

