

Men 3000 Meter Steeplechase Open

SOPAC, Sydney

Saturday, 31 March 2012



Splits and lap times report

Name		38	461	884	1307	1730	2153	2576	3000
Colreavy, Jack 1500 SYU	S	6.72 (2)	1:23.44 (3)	2:40.30 (2)	3:58.07 (2)	5:16.85 (2)	6:36.06 (2)	7:52.76 (1)	9:04.64 (1)
	L		1:16.72	1:16.86	1:17.77	1:18.78	1:19.21	1:16.70	1:11.88
Cox, Matthew 50 BAN	S	6.68 (1)	1:23.00 (1)	2:40.02 (1)	3:57.79 (1)	5:16.56 (1)	6:35.79 (1)	7:55.37 (2)	9:14.79 (2)
	L		1:16.32	1:17.02	1:17.77	1:18.77	1:19.23	1:19.58	1:19.42
Pitkethly, Alex 999 NOW	S	7.21 (4)	1:23.23 (2)	2:41.67 (3)	4:05.19 (3)	5:35.77 (3)	7:09.79 (3)	8:43.74 (3)	10:12.56 (3)
	L		1:16.02	1:18.44	1:23.52	1:30.58	1:34.02	1:33.95	1:28.82
Lynch, Anthony 4983 VIC	S	6.93 (3)	1:26.01 (4)	2:48.98 (4)	4:16.47 (4)	5:46.29 (4)	7:17.38 (4)	8:48.64 (4)	10:16.97 (4)
	L		1:19.08	1:22.97	1:27.49	1:29.82	1:31.09	1:31.26	1:28.33
Womsley, Garry 1721 HIL	S	8.61 (5)	1:51.15 (5)	3:45.93 (5)	5:45.49 (5)	7:47.43 (5)	9:51.21 (5)	11:53.39 (5)	13:46.79 (5)
	L		1:42.54	1:54.78	1:59.56	2:01.94	2:03.78	2:02.18	1:53.40

