

# Boys and Girls 3000m Race Walk 13 years

SOPAC, Sydney

Thursday, 11 October 2012



## Splits and lap times report

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
<b>McDonald, Jasmyn</b>	<b>S</b>	<b>46.26</b> (1)	<b>2:34.38</b> (1)	<b>4:33.46</b> (1)	<b>6:37.21</b> (1)	<b>8:43.23</b> (1)	<b>10:51.77</b> (1)	<b>13:00.27</b> (1)	<b>15:08.71</b> (1)
0 Carlingford High	<b>L</b>		1:48.12	1:59.08	2:03.75	2:06.02	2:08.54	2:08.50	2:08.44
<b>Francis, Lucy</b>	<b>S</b>	<b>46.40</b> (2)	<b>2:38.43</b> (3)	<b>4:42.53</b> (3)	<b>6:52.33</b> (2)	<b>9:04.57</b> (2)	<b>11:16.05</b> (2)	<b>13:30.09</b> (2)	<b>15:40.52</b> (2)
0 Pymble Ladies Colle	<b>L</b>		1:52.03	2:04.10	2:09.80	2:12.24	2:11.48	2:14.04	2:10.43
<b>Roukos, Raquel</b>	<b>S</b>	<b>46.69</b> (3)	<b>2:38.20</b> (2)	<b>4:42.40</b> (2)	<b>6:52.83</b> (3)	<b>9:16.07</b> (3)	<b>11:43.12</b> (3)	<b>14:04.19</b> (3)	<b>16:13.46</b> (3)
0 St Clair Hassal	<b>L</b>		1:51.51	2:04.20	2:10.43	2:23.24	2:27.05	2:21.07	2:09.27
<b>Tisdale, Benjamin</b>	<b>S</b>	<b>49.79</b> (5)	<b>2:48.70</b> (5)	<b>4:56.36</b> (5)	<b>7:10.40</b> (4)	<b>9:27.21</b> (4)	<b>11:45.17</b> (4)	<b>14:04.92</b> (4)	<b>16:20.35</b> (4)
0 Macarthur Anglican	<b>L</b>		1:58.91	2:07.66	2:14.04	2:16.81	2:17.96	2:19.75	2:15.43
<b>Burnard, Ebony</b>	<b>S</b>	<b>47.35</b> (4)	<b>2:44.74</b> (4)	<b>4:55.45</b> (4)	<b>7:12.39</b> (6)	<b>9:35.25</b> (5)	<b>12:00.73</b> (5)	<b>14:23.49</b> (5)	<b>16:37.38</b> (5)
0 Riverside Girls High	<b>L</b>		1:57.39	2:10.71	2:16.94	2:22.86	2:25.48	2:22.76	2:13.89
<b>Clay, James</b>	<b>S</b>	<b>55.56</b> (11)	<b>3:03.70</b> (11)	<b>5:16.57</b> (9)	<b>7:35.00</b> (8)	<b>9:52.30</b> (7)	<b>12:08.86</b> (6)	<b>14:28.64</b> (6)	<b>16:53.51</b> (6)
0 Unattached	<b>L</b>		2:08.14	2:12.87	2:18.43	2:17.30	2:16.56	2:19.78	2:24.87
<b>Norris, Natalie</b>	<b>S</b>	<b>52.14</b> (8)	<b>2:55.51</b> (7)	<b>5:10.39</b> (7)	<b>7:32.36</b> (7)	<b>9:53.14</b> (8)	<b>12:09.59</b> (7)	<b>14:32.00</b> (7)	<b>16:55.74</b> (7)
0 Davidson High	<b>L</b>		2:03.37	2:14.88	2:21.97	2:20.78	2:16.45	2:22.41	2:23.74
<b>Norton, Shanae</b>	<b>S</b>	<b>50.75</b> (6)	<b>2:49.36</b> (6)	<b>4:57.04</b> (6)	<b>7:11.09</b> (5)	<b>9:37.21</b> (6)	<b>12:11.05</b> (8)	<b>14:48.21</b> (8)	<b>17:14.83</b> (8)
0 St Johns Park High	<b>L</b>		1:58.61	2:07.68	2:14.05	2:26.12	2:33.84	2:37.16	2:26.62
<b>Hopkins, Emily</b>	<b>S</b>	<b>54.36</b> (9)	<b>3:01.86</b> (10)	<b>5:18.31</b> (10)	<b>7:43.03</b> (10)	<b>10:09.27</b> (10)	<b>12:43.71</b> (10)	<b>15:10.97</b> (9)	<b>17:42.56</b> (9)
0 Karaba High	<b>L</b>		2:07.50	2:16.45	2:24.72	2:26.24	2:34.44	2:27.26	2:31.59
<b>Ferguson, Brooke</b>	<b>S</b>	<b>57.80</b> (17)	<b>3:15.53</b> (14)	<b>5:38.04</b> (14)	<b>8:07.34</b> (13)	<b>10:43.40</b> (13)	<b>13:11.45</b> (12)	<b>15:38.06</b> (11)	<b>17:54.91</b> (10)
0 Colo High	<b>L</b>		2:17.73	2:22.51	2:29.30	2:36.06	2:28.05	2:26.61	2:16.85
<b>Crichton, Sophie</b>	<b>S</b>	<b>56.42</b> (12)	<b>3:14.99</b> (13)	<b>5:33.80</b> (12)	<b>8:01.93</b> (12)	<b>10:30.35</b> (11)	<b>13:10.31</b> (11)	<b>15:47.43</b> (12)	<b>18:21.52</b> (11)
0	<b>L</b>		2:18.57	2:18.81	2:28.13	2:28.42	2:39.96	2:37.12	2:34.09
<b>Willis, Mascey</b>	<b>S</b>	<b>57.43</b> (15)	<b>3:14.75</b> (12)	<b>5:37.60</b> (13)	<b>8:15.69</b> (14)	<b>11:08.28</b> (15)	<b>13:46.65</b> (14)	<b>16:12.68</b> (14)	<b>18:29.70</b> (12)
73	<b>L</b>		2:17.32	2:22.85	2:38.09	2:52.59	2:38.37	2:26.03	2:17.02
<b>Glover, Jordan</b>	<b>S</b>	<b>51.76</b> (7)	<b>3:00.55</b> (8)	<b>5:18.80</b> (11)	<b>7:48.31</b> (11)	<b>10:31.86</b> (12)	<b>13:13.37</b> (13)	<b>16:03.59</b> (13)	<b>18:48.63</b> (13)
0 Northholm Grammar	<b>L</b>		2:08.79	2:18.25	2:29.51	2:43.55	2:41.51	2:50.22	2:45.04
<b>Nolland, Shivon</b>	<b>S</b>	<b>56.55</b> (13)	<b>3:16.68</b> (15)	<b>5:44.28</b> (15)	<b>8:22.14</b> (15)	<b>11:01.11</b> (14)	<b>13:54.51</b> (15)	<b>16:45.08</b> (16)	<b>19:18.69</b> (14)
0	<b>L</b>		2:20.13	2:27.60	2:37.86	2:38.97	2:53.40	2:50.57	2:33.61
<b>Trikalotis, Deyana</b>	<b>S</b>	<b>57.93</b> (18)	<b>3:26.16</b> (17)	<b>6:00.68</b> (17)	<b>8:37.44</b> (16)	<b>11:18.56</b> (16)	<b>14:02.38</b> (16)	<b>16:43.21</b> (15)	<b>19:20.25</b> (15)
0 Mitchell High	<b>L</b>		2:28.23	2:34.52	2:36.76	2:41.12	2:43.82	2:40.83	2:37.04
<b>Keating, Sian</b>	<b>S</b>	<b>56.80</b> (14)	<b>3:17.40</b> (16)	<b>5:57.90</b> (16)	<b>8:47.93</b> (17)	<b>11:39.23</b> (17)	<b>14:30.18</b> (17)	<b>17:16.91</b> (17)	<b>20:02.89</b> (16)
0 West Wallsend High	<b>L</b>		2:20.60	2:40.50	2:50.03	2:51.30	2:50.95	2:46.73	2:45.98
<b>Ellyard, Katelin</b>	<b>S</b>	<b>57.55</b> (16)	<b>3:34.01</b> (18)	<b>6:30.41</b> (18)	<b>9:28.53</b> (18)	<b>12:26.62</b> (18)	<b>15:23.58</b> (18)	<b>18:17.18</b> (18)	<b>21:17.20</b> (17)
0 Richmond High	<b>L</b>		2:36.46	2:56.40	2:58.12	2:58.09	2:56.96	2:53.60	3:00.02
<b>Kuszelyk, Nathan</b>	<b>S</b>	<b>58.14</b> (19)	<b>3:41.19</b> (19)	<b>6:50.72</b> (19)	<b>10:15.87</b> (19)	<b>13:45.89</b> (19)	<b>17:23.33</b> (19)	<b>20:43.31</b> (19)	<b>23:29.59</b> (18)
0 St Josephs Lochinva	<b>L</b>		2:43.05	3:09.53	3:25.15	3:30.02	3:37.44	3:19.98	2:46.28
<b>Norris, Benjamin</b>	<b>S</b>	<b>54.40</b> (10)	<b>3:00.74</b> (9)	<b>5:16.19</b> (8)	<b>7:38.87</b> (9)	<b>10:04.99</b> (9)	<b>12:36.87</b> (9)	<b>15:11.85</b> (10)	<b>DQ</b>
0 Davidson High	<b>L</b>		2:06.34	2:15.45	2:22.68	2:26.12	2:31.88	2:34.98	