

Men 3000m E Race

NSW 3000m Championships, SOPAC

9/11/2013



Splits and lap times report

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Best, Chris 238 SYU	S	33.88 (3)	1:43.88 (2)	2:56.75 (2)	4:11.61 (2)	5:27.63 (1)	6:46.17 (1)	8:03.79 (1)	9:11.53 (1)
	L		1:10.00	1:12.87	1:14.86	1:16.02	1:18.54	1:17.62	1:07.74
McAnulty, Jakob 527 NEP	S	34.03 (5)	1:43.76 (1)	2:55.56 (1)	4:11.44 (1)	5:27.91 (2)	6:46.44 (2)	8:04.01 (2)	9:18.01 (2)
	L		1:09.73	1:11.80	1:15.88	1:16.47	1:18.53	1:17.57	1:14.00
Najem, Ali 2582 SUT	S	33.93 (4)	1:44.84 (3)	3:00.36 (3)	4:17.24 (3)	5:33.65 (3)	6:52.95 (3)	8:14.13 (3)	9:27.49 (3)
	L		1:10.91	1:15.52	1:16.88	1:16.41	1:19.30	1:21.18	1:13.36
Rennie, Stuart 2721 SGD	S	34.25 (7)	1:46.37 (8)	3:04.15 (7)	4:22.78 (6)	5:43.00 (6)	7:04.69 (5)	8:23.83 (4)	9:35.71 (4)
	L		1:12.12	1:17.78	1:18.63	1:20.22	1:21.69	1:19.14	1:11.88
Seal, James 1232 KEJ	S	33.64 (2)	1:45.89 (5)	3:03.40 (4)	4:23.65 (7)	5:45.26 (7)	7:06.08 (7)	8:26.81 (5)	9:40.86 (5)
	L		1:12.25	1:17.51	1:20.25	1:21.61	1:20.82	1:20.73	1:14.05
Hutton, Ben 2580 SUT	S	34.40 (9)	1:46.61 (9)	3:04.18 (8)	4:21.41 (5)	5:41.97 (5)	7:05.54 (6)	8:30.42 (8)	9:44.26 (6)
	L		1:12.21	1:17.57	1:17.23	1:20.56	1:23.57	1:24.88	1:13.84
Doggett, Michael 1073 ASW	S	35.80 (15)	1:48.43 (11)	3:03.74 (5)	4:20.32 (4)	5:40.08 (4)	7:03.22 (4)	8:29.23 (6)	9:45.25 (7)
	L		1:12.63	1:15.31	1:16.58	1:19.76	1:23.14	1:26.01	1:16.02
Langdon, Alexander 2358 ASW	S	34.12 (6)	1:46.15 (6)	3:04.01 (6)	4:23.94 (8)	5:46.36 (8)	7:09.00 (8)	8:31.31 (9)	9:47.52 (8)
	L		1:12.03	1:17.86	1:19.93	1:22.42	1:22.64	1:22.31	1:16.21
Bulloch, Wayne 4294 SSR	S	38.00 (17)	1:55.30 (16)	3:12.35 (14)	4:30.97 (13)	5:50.57 (10)	7:09.76 (9)	8:29.90 (7)	9:48.84 (9)
	L		1:17.30	1:17.05	1:18.62	1:19.60	1:19.19	1:20.14	1:18.94
Hajek, Leigh 2745 Trinity Athletics Club	S	35.56 (14)	1:54.96 (15)	3:15.56 (15)	4:36.26 (15)	5:55.80 (14)	7:17.89 (12)	8:41.38 (12)	9:55.70 (10)
	L		1:19.40	1:20.60	1:20.70	1:19.54	1:22.09	1:23.49	1:14.32
Oneill, Sean 3063 SOS	S	35.02 (13)	1:48.99 (12)	3:07.41 (12)	4:29.35 (12)	5:51.67 (11)	7:14.30 (11)	8:37.98 (10)	9:57.24 (11)
	L		1:13.97	1:18.42	1:21.94	1:22.32	1:22.63	1:23.68	1:19.26
Smith, Linden 237 SYU	S	34.31 (8)	1:46.26 (7)	3:04.38 (9)	4:24.23 (9)	5:46.87 (9)	7:12.01 (10)	8:39.09 (11)	10:00.07 (12)
	L		1:11.95	1:18.12	1:19.85	1:22.64	1:25.14	1:27.08	1:20.98
Crimmins, Byron 3568 The Scots College At	S	33.31 (1)	1:45.09 (4)	3:04.46 (10)	4:28.13 (11)	5:53.10 (13)	7:18.78 (13)	8:43.31 (13)	10:00.08 (13)
	L		1:11.78	1:19.37	1:23.67	1:24.97	1:25.68	1:24.53	1:16.77
Armstrong, Harry 874 RBH	S	34.73 (11)	1:49.78 (13)	3:10.16 (13)	4:31.79 (14)	5:56.42 (15)	7:20.18 (14)	8:44.40 (14)	10:05.40 (14)
	L		1:15.05	1:20.38	1:21.63	1:24.63	1:23.76	1:24.22	1:21.00
Cooper, Clive 271 SYU	S	36.51 (16)	1:56.14 (17)	3:18.69 (17)	4:42.37 (17)	6:06.29 (16)	7:30.36 (16)	8:51.57 (15)	10:11.63 (15)
	L		1:19.63	1:22.55	1:23.68	1:23.92	1:24.07	1:21.21	1:20.06
Fleming, Cameron 3748 The Scots College At	S	34.81 (12)	1:51.71 (14)	3:15.67 (16)	4:42.23 (16)	6:09.15 (17)	7:37.68 (17)	9:02.85 (17)	10:20.22 (16)
	L		1:16.90	1:23.96	1:26.56	1:26.92	1:28.53	1:25.17	1:17.37
Gordon, Christopher 226 SYU	S	34.60 (10)	1:46.93 (10)	3:05.02 (11)	4:26.50 (10)	5:52.86 (12)	7:23.17 (15)	8:54.28 (16)	10:22.82 (17)
	L		1:12.33	1:18.09	1:21.48	1:26.36	1:30.31	1:31.11	1:28.54

