

Girls 3000 Metre Walk 13 years Final

SOPAC, Sydney

Thursday, 10 October 2013



Splits and lap times report

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Roukos, Raquel	S	48.63 (2)	2:45.92 (1)	4:52.62 (1)	7:03.75 (1)	9:19.07 (1)	11:33.21 (1)	13:50.08 (1)	16:05.85 (1)
0 St. Clare Hassal Gro	L		1:57.29	2:06.70	2:11.13	2:15.32	2:14.14	2:16.87	2:15.77
DeLaine, Eliza	S	47.99 (1)	2:47.05 (2)	4:54.44 (2)	7:05.49 (2)	9:26.08 (2)	11:51.91 (2)	14:18.33 (2)	16:37.92 (2)
0 Ravenswood Girls S	L		1:59.06	2:07.39	2:11.05	2:20.59	2:25.83	2:26.42	2:19.59
Crichton, Sophie	S	59.98 (6)	3:19.18 (5)	5:42.98 (4)	8:12.37 (4)	10:42.81 (3)	13:11.77 (3)	15:38.80 (3)	18:05.59 (3)
0 Turramurra High	L		2:19.20	2:23.80	2:29.39	2:30.44	2:28.96	2:27.03	2:26.79
Henry, Amy	S	55.43 (4)	3:13.74 (3)	5:37.61 (3)	8:09.16 (3)	10:47.20 (4)	13:35.25 (4)	16:21.60 (4)	19:02.46 (4)
0 Penshurst Girls High	L		2:18.31	2:23.87	2:31.55	2:38.04	2:48.05	2:46.35	2:40.86
Salisbury, Daniela	S	1:00.44 (7)	3:21.75 (6)	5:54.88 (6)	8:40.24 (6)	11:31.36 (6)	14:25.06 (6)	17:07.70 (5)	19:47.43 (5)
0 Abbotsleigh	L		2:21.31	2:33.13	2:45.36	2:51.12	2:53.70	2:42.64	2:39.73
Norris, Natalie	S	58.32 (5)	3:18.86 (4)	5:47.14 (5)	8:30.63 (5)	11:24.35 (5)	14:21.72 (5)	17:09.55 (6)	20:11.42 (6)
0 Davidson High	L		2:20.54	2:28.28	2:43.49	2:53.72	2:57.37	2:47.83	3:01.87
Hoy, Melissa	S	1:02.59 (8)	3:39.41 (8)	6:35.77 (8)	9:37.03 (8)	12:40.32 (8)	15:40.90 (8)	18:46.40 (7)	21:49.41 (7)
0 Northmead High Sch	L		2:36.82	2:56.36	3:01.26	3:03.29	3:00.58	3:05.50	3:03.01
McCue-Shore, Ebony	S	54.92 (3)	3:23.95 (7)	6:11.51 (7)	9:24.69 (7)	12:30.80 (7)	15:37.75 (7)	18:56.43 (8)	DQ
0 Mt Carmel High	L		2:29.03	2:47.56	3:13.18	3:06.11	3:06.95	3:18.68	

