

Girls 3000 Metre 14 years Final

SOPAC, Sydney

15/10/2013



Splits and lap times report

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
McDermott, Annabel 0 Abbotsleigh	S	33.09 (3)	1:49.92 (3)	3:11.10 (2)	4:35.06 (2)	6:04.57 (2)	7:37.07 (2)	9:11.26 (3)	10:30.35 (1)
	L		1:16.83	1:21.18	1:23.96	1:29.51	1:32.50	1:34.19	1:19.09
Guo, Jessica 0 James Ruse Ag High	S	32.72 (2)	1:49.60 (2)	3:12.96 (3)	4:39.93 (3)	6:08.23 (3)	7:39.75 (3)	9:11.02 (2)	10:32.83 (2)
	L		1:16.88	1:23.36	1:26.97	1:28.30	1:31.52	1:31.27	1:21.81
Feain-Ryan, Cara 0 St Johns College Wo	S	32.16 (1)	1:47.96 (1)	3:10.71 (1)	4:34.43 (1)	6:03.38 (1)	7:36.71 (1)	9:10.92 (1)	10:35.64 (3)
	L		1:15.80	1:22.75	1:23.72	1:28.95	1:33.33	1:34.21	1:24.72
Offord, Matilda 0 Macarthur Anglican	S	34.63 (5)	1:54.57 (4)	3:21.87 (4)	4:52.15 (4)	6:25.21 (4)	7:59.74 (4)	9:35.12 (4)	11:09.38 (4)
	L		1:19.94	1:27.30	1:30.28	1:33.06	1:34.53	1:35.38	1:34.26
Spalvins, Nikita 0 Queenwood	S	34.81 (6)	1:58.12 (6)	3:27.50 (5)	5:04.42 (6)	6:38.83 (5)	8:17.75 (5)	9:55.37 (5)	11:21.45 (5)
	L		1:23.31	1:29.38	1:36.92	1:34.41	1:38.92	1:37.62	1:26.08
Bain, Hannah 0 St Peters Maitland	S	35.80 (10)	1:59.34 (8)	3:32.68 (9)	5:10.58 (8)	6:47.00 (9)	8:25.41 (8)	10:00.99 (6)	11:26.92 (6)
	L		1:23.54	1:33.34	1:37.90	1:36.42	1:38.41	1:35.58	1:25.93
Staniforth, Kaitlin 0 Coolah Central	S	36.16 (12)	1:59.56 (9)	3:31.47 (8)	5:10.71 (9)	6:46.56 (8)	8:25.69 (9)	10:01.40 (7)	11:33.23 (7)
	L		1:23.40	1:31.91	1:39.24	1:35.85	1:39.13	1:35.71	1:31.83
Thomson, Ali 0 Marian College Kent	S	35.12 (8)	1:57.42 (5)	3:27.97 (6)	5:04.04 (5)	6:41.61 (6)	8:23.13 (6)	10:04.54 (8)	11:36.18 (8)
	L		1:22.30	1:30.55	1:36.07	1:37.57	1:41.52	1:41.41	1:31.64
Szakacs, Shayla 0 Warilla High	S	35.11 (7)	1:58.69 (7)	3:32.93 (10)	5:11.47 (11)	6:50.60 (11)	8:33.39 (12)	10:08.72 (10)	11:37.67 (9)
	L		1:23.58	1:34.24	1:38.54	1:39.13	1:42.79	1:35.33	1:28.95
Georgopoulos, Lizzy 10 Tara Anglican Girls	S	36.57 (14)	2:03.26 (13)	3:36.40 (12)	5:13.14 (12)	6:51.72 (12)	8:30.60 (11)	10:08.94 (11)	11:38.97 (10)
	L		1:26.69	1:33.14	1:36.74	1:38.58	1:38.88	1:38.34	1:30.03
Stanek, Gabrielle 26 Alstonville High Sch	S	35.38 (9)	1:59.60 (10)	3:30.61 (7)	5:06.80 (7)	6:45.09 (7)	8:25.19 (7)	10:06.42 (9)	11:42.21 (11)
	L		1:24.22	1:31.01	1:36.19	1:38.29	1:40.10	1:41.23	1:35.79
Baptist, Emma 0 Roseville College	S	36.05 (11)	2:01.41 (12)	3:35.08 (11)	5:11.31 (10)	6:49.37 (10)	8:28.91 (10)	10:09.83 (12)	11:43.03 (12)
	L		1:25.36	1:33.67	1:36.23	1:38.06	1:39.54	1:40.92	1:33.20
Dobson, Clare 0 Answ	S	38.19 (19)	2:06.99 (17)	3:42.75 (16)	5:23.32 (15)	7:04.92 (15)	8:48.55 (14)	10:34.31 (14)	11:59.87 (13)
	L		1:28.80	1:35.76	1:40.57	1:41.60	1:43.63	1:45.76	1:25.56
Tibbett, Jessica 0 Cranebrook High	S	36.54 (13)	2:04.46 (14)	3:40.50 (14)	5:17.61 (13)	6:59.18 (13)	8:43.20 (13)	10:27.00 (13)	12:02.85 (14)
	L		1:27.92	1:36.04	1:37.11	1:41.57	1:44.02	1:43.80	1:35.85
Norton, Briony 0 St Johns Park High	S	34.30 (4)	1:59.86 (11)	3:37.00 (13)	5:19.80 (14)	7:05.57 (16)	8:54.43 (16)	10:45.02 (16)	12:26.09 (15)
	L		1:25.56	1:37.14	1:42.80	1:45.77	1:48.86	1:50.59	1:41.07
Turner, Rhianna 0 Olmc Burraneer	S	38.39 (20)	2:06.52 (16)	3:42.18 (15)	5:24.23 (16)	7:04.03 (14)	8:53.98 (15)	10:43.67 (15)	12:29.69 (16)
	L		1:28.13	1:35.66	1:42.05	1:39.80	1:49.95	1:49.69	1:46.02
Kidman, Scarlett 68 Marist Sisters Colle	S	37.16 (16)	2:06.50 (15)	3:48.12 (17)	5:35.66 (17)	7:25.62 (17)	9:17.39 (17)	11:07.26 (17)	12:44.49 (17)
	L		1:29.34	1:41.62	1:47.54	1:49.96	1:51.77	1:49.87	1:37.23
Cunningham, Jessica 0 Tara Anglican Girls	S	37.29 (17)	2:08.81 (19)	3:54.69 (19)	5:46.61 (19)	7:36.84 (18)	9:28.51 (18)	11:22.93 (18)	13:10.58 (18)
	L		1:31.52	1:45.88	1:51.92	1:50.23	1:51.67	1:54.42	1:47.65
Vandersay, Brittany 0 Pacific Hills Christ	S	37.07 (15)	2:07.96 (18)	3:52.20 (18)	5:41.98 (18)	7:38.88 (19)	9:34.93 (19)	11:30.71 (19)	13:17.70 (19)
	L		1:30.89	1:44.24	1:49.78	1:56.90	1:56.05	1:55.78	1:46.99
Denton, Amelia 0 Loreto Kirribilli	S	37.95 (18)	2:09.43 (20)	3:56.70 (20)	5:53.55 (20)	7:50.23 (20)	9:50.58 (20)	11:50.74 (20)	13:44.99 (20)
	L		1:31.48	1:47.27	1:56.85	1:56.68	2:00.35	2:00.16	1:54.25

