

Boys 3000 Metre 16 years Final

SOPAC, Sydney

Friday, 11 October 2013

Splits and lap times report



Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Francken, Daniel	S	34.12 (11)	1:44.87 (6)	2:57.38 (3)	4:12.75 (5)	5:30.05 (4)	6:46.81 (1)	7:57.54 (1)	9:07.46 (1)
0 Katoomba High Sch	L		1:10.75	1:12.51	1:15.37	1:17.30	1:16.76	1:10.73	1:09.92
Cox, James	S	33.07 (3)	1:44.43 (3)	2:57.74 (5)	4:12.65 (3)	5:29.77 (2)	6:47.16 (2)	8:05.41 (3)	9:16.66 (2)
0 St Edwards Gosford	L		1:11.36	1:13.31	1:14.91	1:17.12	1:17.39	1:18.25	1:11.25
Moore, Patrick	S	33.35 (5)	1:44.59 (4)	2:57.62 (4)	4:12.43 (1)	5:29.55 (1)	6:47.56 (3)	8:05.22 (2)	9:17.88 (3)
45 Merewether High	L		1:11.24	1:13.03	1:14.81	1:17.12	1:18.01	1:17.66	1:12.66
O'Neill, Hayden	S	33.74 (8)	1:45.23 (8)	2:58.46 (7)	4:13.21 (6)	5:30.40 (5)	6:48.08 (4)	8:06.08 (4)	9:19.32 (4)
0 Marist Pagewood	L		1:11.49	1:13.23	1:14.75	1:17.19	1:17.68	1:18.00	1:13.24
Thomson, Ben	S	32.96 (2)	1:44.25 (2)	2:57.13 (1)	4:12.57 (2)	5:29.94 (3)	6:48.60 (5)	8:07.59 (5)	9:21.57 (5)
0 Marian College Kent	L		1:11.29	1:12.88	1:15.44	1:17.37	1:18.66	1:18.99	1:13.98
Breen, Nathan	S	34.08 (10)	1:45.58 (10)	2:59.13 (9)	4:14.08 (8)	5:31.55 (6)	6:49.05 (6)	8:07.87 (6)	9:22.99 (6)
0 St Patricks Sutherland	L		1:11.50	1:13.55	1:14.95	1:17.47	1:17.50	1:18.82	1:15.12
Goddard, Ed	S	33.20 (4)	1:44.81 (5)	2:58.19 (6)	4:13.85 (7)	5:31.59 (7)	6:50.04 (7)	8:10.13 (7)	9:28.26 (7)
0 Shore School Nth Sy	L		1:11.61	1:13.38	1:15.66	1:17.74	1:18.45	1:20.09	1:18.13
Crowhurst, Mathew	S	32.95 (1)	1:43.99 (1)	2:57.21 (2)	4:12.71 (4)	5:32.07 (8)	6:54.31 (8)	8:18.20 (8)	9:38.46 (8)
0 Trinity Grammar	L		1:11.04	1:13.22	1:15.50	1:19.36	1:22.24	1:23.89	1:20.26
Halmy, Adam	S	33.67 (7)	1:45.10 (7)	2:58.82 (8)	4:14.65 (9)	5:33.17 (9)	6:55.74 (9)	8:23.03 (9)	9:49.68 (9)
0 Normanhurst Boys H	L		1:11.43	1:13.72	1:15.83	1:18.52	1:22.57	1:27.29	1:26.65
Sly, Hayden	S	33.94 (9)	1:45.56 (9)	2:59.57 (10)	4:17.38 (10)	5:40.89 (10)	7:08.11 (10)	8:38.44 (10)	10:03.54 (10)
0 Richmond High	L		1:11.62	1:14.01	1:17.81	1:23.51	1:27.22	1:30.33	1:25.10
Koko, Shouma	S	35.36 (14)	1:49.37 (13)	3:08.88 (12)	4:31.45 (12)	5:57.15 (12)	7:23.85 (12)	8:49.85 (11)	10:04.46 (11)
0 James Sheahan Ora	L		1:14.01	1:19.51	1:22.57	1:25.70	1:26.70	1:26.00	1:14.61
Eberl, Nicholas	S	34.29 (12)	1:46.51 (11)	3:08.83 (11)	4:31.43 (11)	5:57.11 (11)	7:23.82 (11)	8:50.90 (12)	10:11.83 (12)
0 St Josephs College	L		1:12.22	1:22.32	1:22.60	1:25.68	1:26.71	1:27.08	1:20.93
Callaghan, Tom	S	33.56 (6)	1:46.97 (12)	3:10.31 (13)	4:39.93 (13)	6:10.77 (13)	7:43.37 (13)	9:15.51 (13)	10:47.94 (13)
0 St Josephs College	L		1:13.41	1:23.34	1:29.62	1:30.84	1:32.60	1:32.14	1:32.43
Vanderlaan, Thomas	S	34.73 (13)	1:52.00 (14)	3:18.83 (14)	4:50.27 (14)	6:24.59 (14)	8:00.43 (14)	9:37.67 (14)	11:14.82 (14)
0 Asquith Boys High	L		1:17.27	1:26.83	1:31.44	1:34.32	1:35.84	1:37.24	1:37.15

