

# Men 3000 metre Steeplechase U20

SOPAC, Sydney

Saturday, 9 February 2013



## Splits and lap times report

| Name                       | 461m                 | 884m               | 1307m              | 1730m              | 2153m              | 2576m              | 3000m               |
|----------------------------|----------------------|--------------------|--------------------|--------------------|--------------------|--------------------|---------------------|
| <b>Kelly Makovec, Josh</b> | <b>S 1:24.66</b> (1) | <b>2:44.35</b> (1) | <b>4:07.02</b> (1) | <b>5:31.05</b> (1) | <b>6:57.56</b> (1) | <b>8:25.83</b> (1) | <b>9:52.66</b> (1)  |
| 973 Illawong & Districts   | L                    | 1:19.69            | 1:22.67            | 1:24.03            | 1:26.51            | 1:28.27            | 1:26.83             |
| <b>Mumby, Gareth</b>       | <b>S 1:25.55</b> (2) | <b>2:46.20</b> (2) | <b>4:08.91</b> (2) | <b>5:33.95</b> (2) | <b>7:02.84</b> (2) | <b>8:34.06</b> (2) | <b>10:05.92</b> (2) |
| 4164 Uts North             | L                    | 1:20.65            | 1:22.71            | 1:25.04            | 1:28.89            | 1:31.22            | 1:31.86             |
| <b>Elliott, Michael</b>    | <b>S 1:25.81</b> (4) | <b>2:48.46</b> (4) | <b>4:18.95</b> (4) | <b>5:54.28</b> (5) | <b>7:30.64</b> (5) | <b>9:02.90</b> (4) | <b>10:27.03</b> (3) |
| 1481 BMA                   | L                    | 1:22.65            | 1:30.49            | 1:35.33            | 1:36.36            | 1:32.26            | 1:24.13             |
| <b>Booth, Adam</b>         | <b>S 1:26.23</b> (5) | <b>2:50.02</b> (5) | <b>4:19.33</b> (5) | <b>5:52.25</b> (4) | <b>7:28.55</b> (4) | <b>9:01.68</b> (3) | <b>10:30.07</b> (4) |
| 4295 SOS                   | L                    | 1:23.79            | 1:29.31            | 1:32.92            | 1:36.30            | 1:33.13            | 1:28.39             |
| <b>Bergfield, James</b>    | <b>S 1:26.37</b> (6) | <b>2:50.40</b> (6) | <b>4:20.07</b> (6) | <b>5:54.94</b> (6) | <b>7:36.49</b> (6) | <b>9:20.96</b> (6) | <b>11:07.86</b> (5) |
| 2196 Ryde Athletics Centr  | L                    | 1:24.03            | 1:29.67            | 1:34.87            | 1:41.55            | 1:44.47            | 1:46.90             |
| <b>Mccooy, Tom</b>         | <b>S 1:25.60</b> (3) | <b>2:47.69</b> (3) | <b>4:13.41</b> (3) | <b>5:44.26</b> (3) | <b>7:23.22</b> (3) | <b>9:03.67</b> (5) | <b>DNF</b>          |
| 1449 ASW                   | L                    | 1:22.09            | 1:25.72            | 1:30.85            | 1:38.96            | 1:40.45            |                     |