

NSW Championships - 01/03/2013 to 03/03/2013**Athletics NSW****Sydney Olympic Park Athletic Centre****FINAL TIMETABLE (updated 27/02/13)**

Friday Night Field

Day 1 - Friday 01/03/2013 - Starts at 06:15 PM

Starts at	Event	Round
6:15 PM	Men Shot Put AWD-amb	Finals
6:15 PM	Women Long Jump AWD-amb	Finals
6:30 PM	Men High Jump Open	Finals
7:30 PM	Women Javelin Throw AWD-amb	Finals
7:30 PM	Women Javelin Throw Open	Finals
7:30 PM	Men Shot Put Open	Finals

Friday Night Track

Day 1 - Friday 01/03/2013 - Starts at 06:00 PM

Starts at	Event	Round
6:00 PM	Women 400 Meter Hurdles Open	Heats
6:15 PM	Men 400 Meter Hurdles Open	Heats
6:30 PM	Women 1500 Meter Run Open	Heats
6:45 PM	Men 1500 Meter Run Open	Heats
7:00 PM	Men 1500 Meter Run AWD-amb	Finals
7:00 PM	Women 1500 Meter Run AWD-amb	Finals
7:15 PM	Women 400 Meter Open	Heats
7:30 PM	Men 400 Meter Open	Heats
7:50 PM	Women 10000 Meter Run Open	Finals

Saturday Field

Day 2 - Saturday 02/03/2013 - Starts at 02:30 PM

Starts at	Event	Round
2:30 PM	Women Discus Throw AWD-amb	Finals
2:30 PM	Men Long Jump Open	Finals
2:30 PM	Men Hammer Throw Open	Finals
3:30 PM	Women Javelin Throw seated AWD-we	Finals
3:30 PM	Men Pole Vault Open	Finals
3:30 PM	Women Triple Jump Open	Finals
5:00 PM	Men Long Jump AWD-amb	Finals
5:00 PM	Women Discus Throw Open	Finals
6:30 PM	Women High Jump Open	Finals
6:30 PM	Men Javelin Throw AWD-amb	Finals
6:30 PM	Men Javelin Throw Open	Finals

Saturday Track

Day 2 - Saturday 02/03/2013 - Starts at 03:15 PM

Starts at	Event	Round
3:15 PM	Women 100 Meter Dash Open	Prelims
3:30 PM	Men 100 Meter Dash Open	Prelims
4:00 PM	Women 800 Meter Run AWD-we	Finals

4:00 PM	Men 800 Meter Run AWD-wc	Finals
4:00 PM	Women 800 Meter Run AWD-amb	Finals
4:00 PM	Men 800 Meter Run AWD-amb	Finals
4:10 PM	Men 800 Meter Run Open	Prelims
4:25 PM	Women 800 Meter Run Open	Prelims
4:50 PM	Women 5000 Meter Race Walk Open	Finals
4:50 PM	Men 5000 Meter Race Walk Open	Finals
5:30 PM	Women 100 Meter Dash Open	Semis
5:45 PM	Men 100 Meter Dash Open	Semis
6:00 PM	Women 200 Meter Dash AWD-wc	Finals
6:05 PM	Men 200 Meter Dash AWD-wc	Finals
6:10 PM	Women 200 Meter Dash AWD-amb	Finals
6:15 PM	Men 200 Meter Dash AWD-amb	Finals
6:20 PM	Women 400 Meter Dash Open	Finals
6:25 PM	Men 400 Meter Dash Open	Finals
6:30 PM	Women 1500 Meter Run Open	Finals
6:38 AM	Men 1500 Meter Run Open	Finals
6:50 PM	Women 100 Meter Dash Open	Finals
6:55 PM	Men 100 Meter Dash Open	Finals
7:05 PM	Men 10000 Meter Run Open A Race	Finals
7:45 PM	Men 10000 Meter Run Open B Race	Finals

Sunday Field

Day 3 - Sunday 03/03/2013 - Starts at 01:00 PM

Starts at	Event	Round
1:00 PM	Men Discus Throw AWD-amb	Finals
1:30 PM	Women Discus Throw Seated Throw AWD-amb	Finals
1:30 PM	Men Discus Throw Seated Throw AWD-amb	Finals
1:30 PM	Women Long Jump Open	Finals
1:45 PM	Women Pole Vault Open	Finals
2:00 PM	Women Hammer Throw Open	Finals
3:00 PM	Women Shot Put Open	Finals
3:00 PM	Women Shot Put AWD-amb	Finals
3:30 PM	Men Shot Put AWD-amb	Finals
3:30 PM	Men Triple Jump Open	Finals
3:45 PM	Men Discus Throw Open	Finals

Sunday Track

Day 3 - Sunday 03/03/2013 - Starts at 01:15 PM

Starts at	Event	Round
1:00 PM	Women 1500 Meter Run AWD-wc	Finals
1:00 PM	Men 1500 Meter Run AWD-wc	Finals
1:15 PM	Women 200 Meter Dash Open	Prelims
1:30 PM	Men 200 Meter Dash Open	Prelims
1:50 PM	Women 100 Meter Dash AWD-wc	Finals
1:55 PM	Men 100 Meter Dash AWD-wc	Finals
2:00 PM	Women 100 Meter Dash AWD-amb	Finals
2:05 PM	Men 100 Meter Dash AWD-amb	Finals
2:10 PM	Men 400 Meter Hurdles Open	Finals
2:20 PM	Women 400 Meter Hurdles Open	Finals
2:30 PM	Women 400 Meter Dash AWD-wc	Finals

2:30 PM	Men 400 Meter Dash AWD-wc	Finals
2:35 PM	Women 400 Meter Dash AWD-amb	Finals
2:40 PM	Men 400 Meter Dash AWD-amb	Finals
2:55 PM	Men 110 Meter Hurdles Open	Finals
3:00 PM	Women 100 Meter Hurdles Open	Finals
3:30 PM	Women 800 Meter Run Open	Finals
3:37 PM	Men 800 Meter Run Open	Finals
3:50 PM	Women 200 Meter Dash Open	Finals
3:55 PM	Men 200 Meter Dash Open	Finals
4:10 PM	Women 3000 Meter Steeplechase Open	Finals
4:25 PM	Men 3000 Meter Steeplechase Open	Finals