

5000m Open 35+ F, 55+ M

NSW Short Course Cross Country Championships

Upjohn Park, Rydalmere

Saturday, 3 August 2013



Name	M/F	No.	Team	Race time
Clark, Milly	F	62	Sydney Universit	17:48 (1)
Delaney, Bridey	F	101	St George District	18:11 (2)
Gilmour, Lexy	F	141	Sutherland Distric	18:25 (3)
Barton, Eliza	F	18	Sydney Universit	18:46 (4)
Tisdell, Bree	F	368	Macquarie Hunter	18:59 (5)
Archer, Natalie	F	5	Sydney Universit	19:03 (6)
Kingdom, Trychelle	F	210	Uts Norths	19:08 (7)
Hince, Lorraine	F	184	Kembla Joggers I	19:13 (8)
Wylie, Dennis	M	417	Hills Aim	19:24 (9)
Fitzgerald, Anna	F	119	Sydney Striders R	19:26 (10)
McEwan, David	M	258	Hills Aim	19:48 (11)
Ryan, Emily	F	327	Sydney Universit	19:58 (12)
Dalton, Gary	M	86	Bankstown Sport	20:01 (13)
Mortimer, Michael	M	274	Bankstown Sport	20:30 (14)
Rudloff, Leanne	F	324	Sutherland Distric	20:34 (15)
Schwebel, Ron	M	334	Sydney Striders R	20:35 (16)
Macniven, Rona	F	234	Athletics Easts	20:41 (17)
Helmich, Steven	M	175	Sutherland Distric	20:43 (18)
Stanley, Karen	F	526	St George District	20:45 (19)
Tancred, Naomi	F	358	Athletics Easts	20:46 (20)
Brown, Naomi	F	43	Asics Wests Trac	20:52 (21)
Amiya-Hall, Audrey	F	4	Randwick Botany	20:53 (22)
Suffolk, Cristine	F	354	Nowra	20:56 (23)
Williamson, Nicole	F	401	Independent	21:00 (24)
Terranova, Nicolas	M	360	Hills Aim	21:01 (25)
Holmes, Rebecca	F	192	Athletics Easts	21:02 (26)
Walsham, Deb	F	383	Asics Wests Trac	21:05 (27)
Doorey, Jessica	F	520	Randwick Botany	21:07 (28)
Scorzelli, Frank	M	335	St George District	21:08 (29)
Gard, Linda	F	137	Hills Aim	21:10 (30)
Owens, Jim	M	750	St George District	21:10 (31)
Delaney, Kim	M	100	St George District	21:12 (32)
Somerville, Alexandra	F	518	Sydney Universit	21:22 (33)
Molesworth, Lilian	F	503	Bankstown Sport	21:23 (34)

Name	M/F	No.	Team	Race time
Boyd, Jane	F	38	Athletics Easts	21:37 (35)
Stringer, Mary	F	519	Sydney Striders R	21:38 (36)
beinat, corinne	F	24	Sutherland Distric	21:43 (37)
hannah, sally	F	548	Athletics Easts	21:46 (38)
Osborne, Robert	M	289	Nepean District	21:46 (39)
Clayton, Siobhan	F	63	Sydney Universit	22:04 (40)
Doig, Anita	F	515	Hills Aim	22:04 (41)
Child, John	M	61	Bankstown Sport	22:12 (42)
Carey, Lisa-Anne	F	50	Sydney Striders R	22:16 (43)
Marvin, Louise	F	242	Hills Aim	22:20 (44)
Hogg, Katherine	F	187	Sydney Striders R	22:21 (45)
Cassettari, Peter	M	51	Bankstown Sport	22:22 (46)
Kolodziej, Richard	M	219	Bankstown Sport	22:22 (47)
Hamilton, Keith	M	164	Kembla Joggers I	22:26 (48)
Williams, Dennis	M	397	Hills Aim	22:26 (49)
Beardslee, Margaret	F	468	Mingara	22:29 (50)
Roediger, Rosemary	F	320	Hills Aim	22:30 (51)
Gregory, Jude	F	523	Athletics Easts	22:35 (52)
Concannon, Roisin	F	68	Kembla Joggers I	22:36 (53)
Napper, Steve	M	279	Hills Aim	22:41 (54)
Watson, Nicole	F	389	Hills Aim	23:05 (55)
Mifsud, Stephen	M	266	Girraween	23:08 (56)
Barnes, James	M	14	Blue Mountains	23:08 (57)
Jones, Elizabeth	F	201	Cherrybrook Seni	23:12 (58)
Keating, Trish	F	204	Sutherland Distric	23:17 (59)
Lynch, Sally	F	230	Athletics Easts	23:22 (60)
Byrne, Fiona	F	47	Sutherland Distric	23:25 (61)
Beattie, Sarahjane	F	21	Athletics Easts	23:27 (62)
Jessop, Gina	F	199	Bankstown Sport	23:29 (63)
Hayter, Di	F	170	St George District	23:36 (64)
Cox, Milton	M	81	Nowra	23:41 (65)
Healey, Tess	F	171	Sutherland Distric	23:48 (66)
Flynn, Sue	F	122	Kembla Joggers I	23:50 (67)
O'Dea, Patricia	F	501	Kembla Joggers I	23:53 (68)
Lyons, Michael	M	231	Sutherland Distric	23:56 (69)
Yarnell, Caroline	F	453	Sydney Striders R	24:01 (70)
Helfensdorfer, Walter	M	174	Hills Aim	24:05 (71)
Williamson, Carrie	F	399	Independent	24:07 (72)
Chenery, Susan	F	57	Bankstown Sport	24:12 (73)

Name	M/F	No.	Team	Race time
Wright, Noel	M	415	Hills Aim	24:15 ⁽⁷⁴⁾
Maskiell, Peter	M	245	Illawong & Distric	24:17 ⁽⁷⁵⁾
Pendlebury, Clare	F	292	Hills Aim	24:19 ⁽⁷⁶⁾
Fulford, Corinne	F	517	Bankstown Sport	24:24 ⁽⁷⁷⁾
Hughes, Therese	F	463	Sutherland Distric	24:39 ⁽⁷⁸⁾
Watson, Natalie	F	534	Hills Aim	24:43 ⁽⁷⁹⁾
Rose, Terry	M	321	Girraween	24:44 ⁽⁸⁰⁾
Irvine, John	M	198	St George District	24:49 ⁽⁸¹⁾
McPhillips, Victoria	F	450	Kembla Joggers I	24:50 ⁽⁸²⁾
Gracz, Violetta	F	155	Bankstown Sport	24:51 ⁽⁸³⁾
Harrison, Lisa	F	169	Hills Aim	24:55 ⁽⁸⁴⁾
Taylor, Kerryn	F	508	Bankstown Sport	24:57 ⁽⁸⁵⁾
Harrison, James	M	168	Bankstown Sport	24:59 ⁽⁸⁶⁾
Thiel, Robert	M	474	Bankstown Sport	25:01 ⁽⁸⁷⁾
McKinlay, Fiona	F	261	Sydney Striders R	25:12 ⁽⁸⁸⁾
Dhaliwal, Lisa	F	528	Athletics Easts	25:12 ⁽⁸⁹⁾
Cox, Cathy	F	469	Bankstown Sport	25:20 ⁽⁹⁰⁾
Re, Margaret	F	306	Bankstown Sport	25:22 ⁽⁹¹⁾
Sutton, Richard	M	356	Bankstown Sport	25:31 ⁽⁹²⁾
Thom, William	M	361	Bankstown Sport	25:36 ⁽⁹³⁾
Beck, David	M	23	St George District	25:46 ⁽⁹⁴⁾
Fitzpatrick, Peter	M	120	St George District	26:01 ⁽⁹⁵⁾
Millett, Emma	F	558	St George District	26:15 ⁽⁹⁶⁾
Coull, Paul	M	495	Sutherland Distric	26:27 ⁽⁹⁷⁾
Smith, Robyn	F	346	Girraween	26:35 ⁽⁹⁸⁾
Gale-Re, Kare	F	135	Bankstown Sport	26:44 ⁽⁹⁹⁾
Di Michiel, Peter	M	104	Bankstown Sport	26:50 ⁽¹⁰⁰⁾
Hayter, Terrie	F	465	Bankstown Sport	26:56 ⁽¹⁰¹⁾
Hillsdon, Roger	M	182	Bankstown Sport	26:56 ⁽¹⁰²⁾
Kilham, Mick	M	208	Bankstown Sport	26:59 ⁽¹⁰³⁾
Ryan, Alison	F	326	Bankstown Sport	27:09 ⁽¹⁰⁴⁾
O'Mara, Michael	M	285	Bankstown Sport	27:14 ⁽¹⁰⁵⁾
McDOUGALL, Gordon	M	257	Bankstown Sport	27:15 ⁽¹⁰⁶⁾
Elms, Elwyn	M	110	Bankstown Sport	27:27 ⁽¹⁰⁷⁾
Ingram, Rachel	F	197	Bankstown Sport	27:30 ⁽¹⁰⁸⁾
Ashworth, Helen	F	9	Sydney Striders R	27:55 ⁽¹⁰⁹⁾
Edwards, David	M	109	St George District	28:20 ⁽¹¹⁰⁾
Tognini, Ricardo	M	369	Bankstown Sport	28:26 ⁽¹¹¹⁾
Di Tommaso, Jannion	F	552	Sydney Striders R	28:29 ⁽¹¹²⁾

Name	M/F	No.	Team	Race time
Warmoll, Bob	M	386	Hills Aim	28:51 (113)
Maver, Christopher	M	505	St George District	28:53 (114)
Short, Karen	F	533	Girraween	29:00 (115)
Millett, Raymond	M	267	St George District	29:03 (116)
Francis, Geoffrey	M	124	Hills Aim	29:10 (117)
Maxwell, Michelle	F	464	Illawong & Distric	29:15 (118)
Allomes, Graham	M	3	Sydney Pacific	29:33 (119)
Pes, Rasa	F	295	Bankstown Sport	29:41 (120)
Wong, Patrick	M	409	Bankstown Sport	29:43 (121)
Mar, Roger	M	499	Girraween	29:51 (122)
Perry, Ronald	M	293	Athletics Wollong	30:11 (123)
Dalton, Shirley	F	87	Bankstown Sport	30:33 (124)
Atkins, Alan	M	10	Bankstown Sport	30:43 (125)
Sheehan, Kevin	M	488	Bankstown Sport	30:43 (126)
Reid, Greg	M	307	Bankstown Sport	31:02 (127)
Re, Tony	M	305	Bankstown Sport	31:10 (128)
Maskiell, Rosalind	F	246	Illawong & Distric	31:18 (129)
Beahan, Gavin	M	20	Bankstown Sport	31:32 (130)
Brady, Jocelyn	F	513	Illawong & Distric	31:33 (131)
O'Mara, Lyn	F	286	Bankstown Sport	31:59 (132)
Richards, Marcia	F	311	Illawong & Distric	32:06 (133)
Siepmann, Dot	F	342	Bankstown Sport	32:17 (134)
Hillsdon, Dianne	F	183	Bankstown Sport	32:40 (135)
Kintominas, Terry	M	212	Bankstown Sport	34:45 (136)
Gravitis, Vilis	M	466	St George District	34:52 (137)
Stitzinger, Ron	M	351	Bankstown Sport	35:57 (138)
Knox, Keith	M	551	Sutherland Distric	38:37 (139)


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