Men 3000 Metre I Race Open H1-F

2014 Treloar Shield 4 and NSW 3000m Championships

Saturday, 8 November 2014

Splits and lap times report

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Davies, Nathaniel	S	34.97 (1)	1:56.57 (1)	3:20.64 (1)	4:45.91 (1)	6:12.52 (1)	7:39.43 (1)	9:06.01 (1)	10:26.66 (1)
3430 Trinity Athletics Club	L		1:21.60	1:24.07	1:25.27	1:26.61	1:26.91	1:26.58	1:20.65
Spratt, Thomas	S	35.33 (2)	2:02.85 (2)	3:34.73 (3)	5:06.12 (2)	6:40.04 (2)	8:13.94 (2)	9:47.89 (2)	11:15.59 (2)
3041 Trinity Athletics Club	L		1:27.52	1:31.88	1:31.39	1:33.92	1:33.90	1:33.95	1:27.70
Mathewson, Donald	S	39.87 (5)	2:03.54 (3)	3:34.31 (2)	5:06.95 (3)	6:40.39 (3)	8:15.71 (3)	9:54.06 (3)	11:28.12 (3)
1393 HIL	L		1:23.67	1:30.77	1:32.64	1:33.44	1:35.32	1:38.35	1:34.06
Dobson, Alec	S	37.85 (3)	2:06.22 (5)	3:40.64 (5)	5:16.06 (4)	6:52.86 (4)	8:29.80 (4)	10:07.45 (4)	11:37.54 (4)
2929 NOW	L		1:28.37	1:34.42	1:35.42	1:36.80	1:36.94	1:37.65	1:30.09
Scorzelli, Frank	S	40.79 (7)	2:09.91 (6)	3:42.30 (6)	5:17.09 (5)	6:53.59 (5)	8:31.47 (5)	10:09.89 (5)	11:43.24 (5)
3310 SGD	L		1:29.12	1:32.39	1:34.79	1:36.50	1:37.88	1:38.42	1:33.35
Jeffery, James	S	38.54 (4)	2:03.63 (4)	3:37.30 (4)	5:17.85 (6)	7:01.20 (6)	8:45.69 (6)	10:29.66 (9)	11:52.72 (6)
3600 ASW	L		1:25.09	1:33.67	1:40.55	1:43.35	1:44.49	1:43.97	1:23.06
Jagger, David	S	41.73 (8)	2:16.76 (7)	3:55.88 (7)	5:35.26 (7)	7:09.94 (7)	8:47.81 (7)	10:24.71 (6)	11:57.35 (7)
3381 SSR	L		1:35.03	1:39.12	1:39.38	1:34.68	1:37.87	1:36.90	1:32.64
mackie, brian	S	45.18 (13)	2:20.72 (12)	3:59.09 (10)	5:36.65 (8)	7:13.70 (9)	8:49.83 (9)	10:25.27 (7)	11:59.30 (8)
2290 Illawong and District	L		1:35.54	1:38.37	1:37.56	1:37.05	1:36.13	1:35.44	1:34.03
Wills, Kev	S	44.36 (11)	2:20.09 (10)	3:58.38 (9)	5:36.96 (9)	7:10.54 (8)	8:49.20 (8)	10:29.34 (8)	12:02.96 (9)
1191 ASW	L		1:35.73	1:38.29	1:38.58	1:33.58	1:38.66	1:40.14	1:33.62
Karaman, Aidan	S	45.53 (14)	2:21.37 (14)	3:59.48 (11)	5:37.48 (10)	7:14.38 (10)	8:51.55 (10)	10:30.35 (10)	12:05.87 (10)
3281 SGD	L		1:35.84	1:38.11	1:38.00	1:36.90	1:37.17	1:38.80	1:35.52
Barnes, James	S	43.66 (10)	2:19.91 (9)	3:58.22 (8)	5:39.88 (11)	7:23.03 (11)	9:07.63 (11)	10:54.84 (11)	12:32.15 (11)
804 BMA	L		1:36.25	1:38.31	1:41.66	1:43.15	1:44.60	1:47.21	1:37.31
Durrant, michael	S	42.86 (9)	2:20.38 (11)	3:59.97 (12)	5:42.01 (12)	7:26.79 (12)	9:14.30 (12)	11:03.23 (12)	12:44.51 (12)
8039 Community	L		1:37.52	1:39.59	1:42.04	1:44.78	1:47.51	1:48.93	1:41.28
Mustapic, Glen	S	44.73 (12)	2:20.89 (13)	4:00.29 (13)	5:42.59 (13)	7:28.48 (13)	9:18.08 (13)	11:09.38 (13)	12:59.03 (13)
2952 NOW	L		1:36.16	1:39.40	1:42.30	1:45.89	1:49.60	1:51.30	1:49.65
Parrott, Dylan	S	40.08 (6)	2:19.28 (8)	4:03.95 (14)	6:01.14 (14)	8:00.92 (14)	10:01.67 (14)	12:04.23 (14)	13:53.00 (14)
1863 Douglas Park	L		1:39.20	1:44.67	1:57.19	1:59.78	2:00.75	2:02.56	1:48.77
Gonye, Leslie	S	46.73 (15)	2:30.25 (15)	4:19.78 (15)	6:13.58 (15)	8:11.72 (15)	10:10.33 (15)	12:07.96 (15)	13:59.49 (15)
3236 UNS	L		1:43.52	1:49.53	1:53.80	1:58.14	1:58.61	1:57.63	1:51.53
Spinney, John	S	51.19 (16)	2:39.55 (16)	4:32.02 (16)	6:27.14 (16)	8:24.33 (16)	10:21.66 (16)	12:16.86 (16)	14:06.94 (16)
813 BMA	L		1:48.36	1:52.47	1:55.12	1:57.19	1:57.33	1:55.20	1:50.08