

NSW Open, U23 & AWD Championships - 28/02/2014 to 2/03/2014

Sydney Olympic Park Athletic Centre

FINAL TIMETABLE



Friday Field

Day 1 - Friday 28/02/2014 - Starts at 06:00 PM

	Event	Round
6:00 PM	Men Shot Put AWD-amb	Finals
6:00 PM	Women Long Jump AWD-amb	Finals
6:30 PM	Men High Jump Open	Finals
7:15 PM	Women Javelin Throw AWD-amb	Finals
7:15 PM	Women Javelin Throw Open	Finals
7:15 PM	Men Shot Put Open	Finals

Friday Track

Day 1 - Friday 28/02/2014 - Starts at 06:30 PM

	Event	Round
6:30 PM	Women 400 Meter Hurdles Open	Prelims
6:45 PM	Men 400 Meter Hurdles Open	Prelims
7:00 PM	Men 1500 Meter Run AWD-amb	Finals
7:00 PM	Women 1500 Meter Run AWD-amb	Finals
7:15 PM	Women 1500 Meter Run Open	Prelims
7:30 PM	Men 1500 Meter Run Open	Prelims
7:45 PM	Women 400 Meter Dash Open	Prelims
8:00 PM	Men 400 Meter Dash Open	Prelims
7:50 PM	Women 10000 Meter Run A Race Open	Finals
7:50 PM	Women 10000 Meter Run A Race Masters	Finals

Saturday Field

Day 2 - Saturday 01/03/2014 - Starts at 02:30 PM

	Event	Round
2:30 PM	Women Discus Throw AWD-amb	Finals
2:30 PM	Men Hammer Throw Open	Finals
2:30 PM	Men Long Jump AWD-amb	Finals
3:30 PM	Women Javelin Throw seated AWD-wc	Finals
3:30 PM	Men Javelin Throw seated AWD-wc	Finals
3:30 PM	Men Pole Vault Open	Finals
3:30 PM	Men Long Jump Open	Finals
3:55 PM	Women Triple Jump Open	Finals
4:00 PM	Men Javelin Throw AWD-amb	Finals
5:10 PM	Women Discus Throw Open	Finals
6:30 PM	Women High Jump Open	Finals
6:30 PM	Men Javelin Throw Open	Finals

Saturday Track

Day 2 - Saturday 01/03/2014 - Starts at 02:30 PM

	Event	Round
2:30 PM	Women 100 Meter Dash Open	Prelims
2:45 PM	Men 100 Meter Dash Open	Prelims
3:15 PM	Women 800 Meter Run AWD-wc	Finals
3:15 PM	Men 800 Meter Run AWD-wc	Finals
3:25 PM	Women 800 Meter Run AWD-amb	Finals
3:25 PM	Men 800 Meter Run AWD-amb	Finals
3:35 PM	Men 800 Meter Run Open	Prelims
3:50 PM	Women 800 Meter Run Open	Prelims
4:15 PM	Women 5000 Meter Race Walk Open	Finals
4:15 PM	Men 5000 Meter Race Walk Open	Finals
5:00 PM	Women 100 Meter Dash Open	Semis
5:15 PM	Men 100 Meter Dash Open	Semis
5:30 PM	Women 200 Meter Dash AWD-wc	Finals
5:35 PM	Men 200 Meter Dash AWD-wc	Finals
5:40 PM	Women 200 Meter Dash AWD-amb	Finals
5:45 PM	Men 200 Meter Dash AWD-amb	Finals
5:50 PM	Women 400 Meter Dash Open	Finals
5:55 PM	Men 400 Meter Dash Open	Finals
6:00 PM	Women 1500 Meter Run Open	Finals

6:08 PM	Men 1500 Meter Run Open	Finals
6:20 PM	Women 100 Meter Dash Open	Finals
6:25 PM	Men 100 Meter Dash Open	Finals
6:35 PM	Men 10000 Meter Run A Race Masters	Finals
6:35 PM	Men 10000 Meter Run A Race Open	Finals
6:35 PM	Women 10000 Meter Run A Race Open	Finals
6:35 PM	Women 10000 Meter Run A Race Masters	Finals

Sunday Field

Day 3 - Sunday 02/03/2014 - Starts at 01:00 PM

	Event	Round
1:00 PM	Men Discus Throw AWD-amb	Finals
1:30 PM	Women Discus Throw seated AWD-wc	Finals
1:30 PM	Men Discus Throw seated AWD-wc	Finals
1:40 PM	Women Long Jump Open	Finals
1:45 PM	Women Pole Vault Open	Finals
2:00 PM	Women Hammer Throw Open	Finals
2:30 PM	Women Shot Put AWD-amb	Finals
3:30 PM	Women Shot Put Open	Finals
3:30 PM	Men Triple Jump Open	Finals
3:30 PM	Men Discus Throw Open	Finals
4:20 PM	Women Shot Put seated AWD-wc	Finals
4:20 PM	Men Shot Put seated AWD-wc	Finals

Sunday Track

Day 3 - Sunday 02/03/2014 - Starts at 01:00 PM

	Event	Round
12:45 PM	Women 100 Meter Hurdles Open	Prelims
1:00 PM	Women 1500 Meter Run AWD-wc	Finals
1:00 PM	Men 1500 Meter Run AWD-wc	Finals
1:15 PM	Women 200 Meter Dash Open	Prelims
1:30 PM	Men 200 Meter Dash Open	Prelims
1:50 PM	Women 100 Meter Dash AWD-wc	Finals
1:55 PM	Men 100 Meter Dash AWD-wc	Finals
2:00 PM	Women 100 Meter Dash AWD-amb	Finals
2:05 PM	Men 100 Meter Dash AWD-amb	Finals
2:10 PM	Men 400 Meter Hurdles Open	Finals
2:20 PM	Women 400 Meter Hurdles Open	Finals
2:35 PM	Men 110 Meter Hurdles Open	Finals
2:40 PM	Women 100 Meter Hurdles Open	Finals
3:10 PM	Women 800 Meter Run Open	Finals
3:17 PM	Men 800 Meter Run Open	Finals
3:30 PM	Women 400 Meter Dash AWD-wc	Finals
3:30 PM	Men 400 Meter Dash AWD-wc	Finals
3:35 PM	Women 400 Meter Dash AWD-amb	Finals
3:40 PM	Men 400 Meter Dash AWD-amb	Finals
3:55 PM	Women 200 Meter Dash Open	Finals
4:00 PM	Men 200 Meter Dash Open	Finals
4:15 PM	Women 3000 Meter Steeplechase Open	Finals
4:30 PM	Men 3000 Meter Steeplechase Open	Finals