

## 5.0km Open, 35+, 45+ F and 55+, 65+ M and F

NSW Short Course Cross Country Championships

Upjohn Park, Rydalmere

Saturday, 2 August 2014



Name	M/F	No.	Team	Race time
Delaney, Bridey	F	392	St. George Distric	17:50 (1)
Blundell, Jenny	F	323	Sydney Universit	17:57 (2)
Middleton, Miranda	F	544	Sydney Universit	18:10 (3)
Ryan, Emily	F	611	Sydney Universit	18:18 (4)
simpson, katelyn	F	633	Randwick Botany	18:24 (5)
Starrat, Lucy	F	652	Athletics Nsw Lim	18:29 (6)
Wheeler, Garry	M	690	Kembla Joggers I	18:30 (7)
Mumby, Kasey	F	565	U.T.S. Northern S	18:30 (8)
Riches, David	M	595	Bankstown Sport	18:40 (9)
Martin, Belinda	F	527	St. George Distric	18:49 (10)
Gallen, Elese	F	434	University of New	19:03 (11)
Wylie, Dennis	M	5123	Hills District Athle	19:06 (12)
Smith, Davina	F	786	Sydney Universit	19:13 (13)
White, Anna	F	691	Sydney Striders R	19:15 (14)
Terranova, Nicolas	M	5064	Hills District Athle	19:16 (15)
Schwebel, Ron	M	5011	Sydney Striders R	19:24 (16)
McEwan, David	M	534	Hills District Athle	19:47 (17)
Bullock, Stephanie	F	343	Athletics East	19:54 (18)
Cowley, Greg	M	373	Westlakes Athleti	19:54 (19)
Miles, Claire	F	545	Sydney Universit	19:58 (20)
Dege, Cassie	F	391	St. George Distric	20:05 (21)
Brady, Tia	F	328	Macquarie Hunter	20:07 (22)
McKenzie, Emily	F	813	Athletics East	20:07 (23)
Tumminello, Megan	F	782	Sydney Striders R	20:10 (24)
McClean, Lynda	F	541	Illawong and Distr	20:11 (25)
Stanley, Karen	F	766	St. George Distric	20:14 (26)
Newsome, Nancy	F	568	Athletics East	20:14 (27)
Kovacs, Kriszta	F	514	Sydney Pacific At	20:17 (28)
Fagan, Nicole	F	798	Sydney Universit	20:25 (29)
Weber, Rosie	F	793	Sydney Universit	20:27 (30)
rose, ian	M	606	Hills District Athle	20:42 (31)
Boyd, Jane	F	5041	Athletics East	20:46 (32)
lovell, eryl	F	522	Sydney Striders R	20:48 (33)
Gard, Linda	F	436	Hills District Athle	20:48 (34)

Name	M/F	No.	Team	Race time
Basman, Robyn	F	5012	St. George Distric	20:50 (35)
Walton, John	M	682	Bankstown Sport	20:53 (36)
Cassettari, Peter	M	352	Bankstown Sport	20:54 (37)
Byrne, Peter	M	344	Hills District Athle	21:01 (38)
Suffolk, Cristine	F	655	Nowra Athletics C	21:07 (39)
Rankin, Jo	F	584	Sutherland Distric	21:12 (40)
Scorzelli, Frank	M	5046	St. George Distric	21:14 (41)
Delaney, Kim	M	5059	St. George Distric	21:18 (42)
hannah, sally	F	788	Athletics East	21:20 (43)
Cox, Pip	F	789	Bankstown Sport	21:25 (44)
Pembroke, Georgina	F	577	Sydney Universit	21:28 (45)
Tancred, Naomi	F	5017	Athletics East	21:31 (46)
Watson, Nicole	F	686	Hills District Athle	21:32 (47)
Owens, Jim	M	799	St. George Distric	21:32 (48)
Jerath, Naina	F	500	Hills District Athle	21:33 (49)
Brown, Naomi	F	335	Asics Wests Trac	21:33 (50)
Lynch, Sally	F	524	Athletics East	21:38 (51)
Kolodziej, Richard	M	5081	Bankstown Sport	21:39 (52)
Stringer, Mary	F	654	Sydney Striders R	21:45 (53)
Mainwaring, Renee	F	754	Asics Wests Trac	21:46 (54)
Mackie, Brian	M	5013	Illawong and Distr	22:01 (55)
Petley, Karen	F	580	Hills District Athle	22:04 (56)
Walsham, Deb	F	681	Asics Wests Trac	22:08 (57)
Wills, Kev	M	802	Asics Wests Trac	22:13 (58)
Beattie, Sarahjane	F	317	Athletics East	22:16 (59)
Molesworth, Lilian	F	555	Bankstown Sport	22:20 (60)
Stanley, Larissa	F	651	Sydney Universit	22:22 (61)
Roediger, Rosemary	F	5033	Hills District Athle	22:22 (62)
Bolton, Heather	F	325	Athletics East	22:22 (63)
Child, John	M	355	Bankstown Sport	22:26 (64)
Whitbread, Colin	M	796	Bankstown Sport	22:27 (65)
Helmich, Steven	M	477	Sutherland Distric	22:39 (66)
Grant, Lisa	F	452	Girraween Athleti	22:48 (67)
Beardslee, Margaret	F	5002	Mingara Athletics	22:57 (68)
Durrant, Michael	M	409	Bankstown Sport	23:10 (69)
Doig, Anita	F	812	Hills District Athle	23:18 (70)
Yarnell, Caroline	F	736	Sydney Striders R	23:28 (71)
Napper, Steve	M	5043	Hills District Athle	23:31 (72)
Jones, Elizabeth	F	737	Cherrybrook Seni	23:41 (73)

Name	M/F	No.	Team	Race time
Degabriele, Joe	M	389	Sydney Striders R	23:50 <sup>(74)</sup>
Veitch, Rose	F	675	Athletics East	23:57 <sup>(75)</sup>
Maskiell, Peter	M	760	Illawong and Distr	24:04 <sup>(76)</sup>
Barrett, Doug	M	313	U.T.S. Northern S	24:09 <sup>(77)</sup>
Graves, Ian	M	453	Sutherland Distric	24:10 <sup>(78)</sup>
Harrison, James	M	468	Bankstown Sport	24:12 <sup>(79)</sup>
Barnes, James	M	5050	Blue Mountains A	24:13 <sup>(80)</sup>
Cox, Milton	M	375	Nowra Athletics C	24:19 <sup>(81)</sup>
Davis, Kevyn	M	386	Nowra Athletics C	24:28 <sup>(82)</sup>
Wright, Noel	M	721	Hills District Athle	24:30 <sup>(83)</sup>
Cox, Cathy	F	374	Athletics Nsw Lim	24:39 <sup>(84)</sup>
Sheargold, Graham	M	626	Girraween Athleti	24:41 <sup>(85)</sup>
Darby, Geoff	M	382	Sutherland Distric	24:58 <sup>(86)</sup>
Thom, William	M	663	Bankstown Sport	24:58 <sup>(87)</sup>
Rose, Terry	M	605	Girraween Athleti	25:08 <sup>(88)</sup>
Lynch, Donna	F	756	Asics Wests Trac	25:11 <sup>(89)</sup>
Spinney, John	M	650	Blue Mountains A	25:18 <sup>(90)</sup>
Coe, David	M	821	Ryde Athletics Ce	25:24 <sup>(91)</sup>
Fulford, Corinne	F	794	Bankstown Sport	25:32 <sup>(92)</sup>
Fickel, Bob	M	418	Sutherland Distric	25:35 <sup>(93)</sup>
Sutton, Richard	M	659	Bankstown Sport	25:58 <sup>(94)</sup>
Kilham, Mick	M	504	Bankstown Sport	25:59 <sup>(95)</sup>
Smith, Robyn	F	645	Girraween Athleti	26:01 <sup>(96)</sup>
Irvine, John	M	497	St. George Distric	26:12 <sup>(97)</sup>
bogenhuber, max	M	324	Kembla Joggers I	26:13 <sup>(98)</sup>
Joannides, Desie	F	5091	Bankstown Sport	26:15 <sup>(99)</sup>
Fitzpatrick, Peter	M	5055	St. George Distric	26:56 <sup>(100)</sup>
Moro, Isabella	F	781	Bankstown Sport	26:56 <sup>(101)</sup>
Tognini, Ricardo	M	668	Bankstown Sport	26:59 <sup>(102)</sup>
Jaffe, David	M	499	Hills District Athle	27:02 <sup>(103)</sup>
Jessop, Gina	F	501	Bankstown Sport	27:15 <sup>(104)</sup>
Re, Margaret	F	594	Bankstown Sport	27:18 <sup>(105)</sup>
Wong, Patrick	M	748	Bankstown Sport	27:27 <sup>(106)</sup>
Di Michiel, Peter	M	394	Bankstown Sport	27:40 <sup>(107)</sup>
Milliss, Mark	M	551	Girraween Athleti	27:46 <sup>(108)</sup>
Hayter, Terrie	F	470	Bankstown Sport	27:57 <sup>(109)</sup>
Pes, Rasa	F	579	Bankstown Sport	28:11 <sup>(110)</sup>
Cosgrove, Belinda	F	785	Bankstown Sport	28:24 <sup>(111)</sup>
Ulloa, Abdon	M	674	Bankstown Sport	28:35 <sup>(112)</sup>

Name	M/F	No.	Team	Race time
Chenery, Susan	F	354	Bankstown Sport	<b>28:43</b> (113)
Williams, Raewyn	F	792	Bankstown Sport	<b>28:46</b> (114)
Perry, Rosaind	F	5005	Athletics Wollong	<b>28:49</b> (115)
Allomes, Graham	M	301	Sydney Pacific At	<b>29:14</b> (116)
Edwards, David	M	410	St. George Distric	<b>29:23</b> (117)
Hopkins, Veronica	F	817	St. George Distric	<b>29:41</b> (118)
Dalton, Shirley	F	787	Bankstown Sport	<b>30:07</b> (119)
Perry, Ronald	M	5006	Athletics Wollong	<b>30:12</b> (120)
O'Mara, Michael	M	5092	Bankstown Sport	<b>30:15</b> (121)
Thompson, Paul	M	664	Bankstown Sport	<b>30:25</b> (122)
Re, Tony	M	591	Bankstown Sport	<b>30:55</b> (123)
Ingram, Rachel	F	495	Bankstown Sport	<b>31:10</b> (124)
Atkins, Alan	M	306	Bankstown Sport	<b>31:20</b> (125)
Mar, Roger	M	757	Girraween Athleti	<b>31:38</b> (126)
Maskiell, Rosalind	F	758	Illawong and Distr	<b>31:54</b> (127)
O'Mara, Lyn	F	5074	Bankstown Sport	<b>32:23</b> (128)
Siepmann, Dorothy	F	630	Bankstown Sport	<b>32:50</b> (129)
Warmoll, Bob	M	744	Hills District Athle	<b>33:12</b> (130)
Stitzinger, Ronald	M	800	Bankstown Sport	<b>33:19</b> (131)
Kintominas, Terry	M	506	Bankstown Sport	<b>34:00</b> (132)
Beahan, Gavin	M	316	Bankstown Sport	<b>34:00</b> (133)
Sheehan, Mary	F	629	Bankstown Sport	<b>40:47</b> (134)

  
*Results powered by ...* **Athletics**  
 New South Wales