

Men 5000m A Race Open

NSW 5000m Championships - 2015

Saturday, 14 February 2015

Splits and lap times report



Name	200m	1000m	1800m	2600m	3400m	4200m	5000m
	600m	1400m	2200m	3000m	3800m	4600m	
Milosevic, Brad	35.06 (5)	2:54.88 (2) 1:07.00	5:13.25 (2) 1:10.35	7:33.02 (1) 1:08.45	9:49.35 (1) 1:08.58	12:07.10 (1) 1:08.41	14:20.94 (1) 1:05.61
4271 Girraween		1:47.88 (1) 1:12.82	4:02.90 (2) 1:08.02	6:24.57 (1) 1:11.32	8:40.77 (1) 1:07.75	10:58.69 (1) 1:09.34	13:15.33 (1) 1:08.23
Torley, Joshua	34.75 (2)	2:55.94 (8) 1:07.79	5:13.73 (4) 1:10.40	7:33.31 (2) 1:08.71	9:50.06 (2) 1:09.08	12:12.41 (2) 1:12.06	14:30.33 (2) 1:05.37
2611 Kembla Joggers		1:48.15 (5) 1:13.40	4:03.33 (4) 1:07.39	6:24.60 (2) 1:10.87	8:40.98 (2) 1:07.67	11:00.35 (2) 1:10.29	13:24.96 (2) 1:12.55
Cox, Matthew	35.37 (10)	2:55.48 (5) 1:07.45	5:14.39 (9) 1:10.38	7:34.50 (7) 1:09.27	9:56.06 (7) 1:12.12	12:19.79 (4) 1:11.73	14:33.65 (3) 1:03.35
41 Uts Northern Suburb		1:48.03 (3) 1:12.66	4:04.01 (7) 1:08.53	6:25.23 (7) 1:10.84	8:43.94 (4) 1:09.44	11:08.06 (6) 1:12.00	13:30.30 (3) 1:10.51
MacDonald, Ruairidh	35.10 (6)	2:55.29 (4) 1:07.17	5:13.89 (5) 1:10.33	7:34.03 (4) 1:08.94	9:55.49 (4) 1:11.31	12:20.34 (7) 1:13.00	14:35.05 (4) 1:04.36
406 Uts Northern Suburb		1:48.12 (4) 1:13.02	4:03.56 (5) 1:08.27	6:25.09 (5) 1:11.20	8:44.18 (5) 1:10.15	11:07.34 (4) 1:11.85	13:30.69 (4) 1:10.35
Macpherson, Keith	35.76 (14)	2:56.63 (11) 1:07.57	5:14.10 (6) 1:10.06	7:34.05 (5) 1:09.11	9:56.04 (6) 1:11.48	12:20.10 (6) 1:11.63	14:38.14 (5) 1:06.52
2266 Randwick Botany		1:49.06 (15) 1:13.30	4:04.04 (8) 1:07.41	6:24.94 (4) 1:10.84	8:44.56 (7) 1:10.51	11:08.47 (7) 1:12.43	13:31.62 (6) 1:11.52
Smithers, Harry	34.92 (3)	2:55.10 (3) 1:06.67	5:13.51 (3) 1:10.40	7:33.67 (3) 1:08.84	9:55.72 (5) 1:11.37	12:20.03 (5) 1:12.45	14:38.71 (6) 1:07.68
8602 VIC		1:48.43 (9) 1:13.51	4:03.11 (3) 1:08.01	6:24.83 (3) 1:11.32	8:44.35 (6) 1:10.68	11:07.58 (5) 1:11.86	13:31.03 (5) 1:11.00
Carter, Courtney	35.44 (11)	2:56.88 (12) 1:08.06	5:14.92 (12) 1:10.15	7:35.43 (8) 1:10.03	9:59.73 (8) 1:11.98	12:23.80 (8) 1:11.86	14:43.16 (7) 1:08.62
2277 Randwick Botany		1:48.82 (13) 1:13.38	4:04.77 (12) 1:07.89	6:25.40 (8) 1:10.48	8:47.75 (8) 1:12.32	11:11.94 (8) 1:12.21	13:34.54 (8) 1:10.74
Coles-Sinclair, Bryce	35.00 (4)	2:55.50 (6) 1:07.03	5:14.11 (7) 1:10.36	7:34.23 (6) 1:09.04	9:50.29 (3) 1:09.21	12:13.92 (3) 1:13.32	14:49.73 (8) 1:16.82
2338 Illawong & Districts		1:48.47 (10) 1:13.47	4:03.75 (6) 1:08.25	6:25.19 (6) 1:11.08	8:41.08 (3) 1:06.85	11:00.60 (3) 1:10.31	13:32.91 (7) 1:18.99
Hunt, Jeffrey	35.68 (13)	2:54.09 (1) 1:06.14	5:12.91 (1) 1:10.90	7:38.36 (12) 1:12.85	10:06.44 (12) 1:14.34	12:34.97 (9) 1:13.94	14:57.03 (9) 1:08.09
2190 Randwick Botany		1:47.95 (2) 1:12.27	4:02.01 (1) 1:07.92	6:25.51 (9) 1:12.60	8:52.10 (13) 1:13.74	11:21.03 (9) 1:14.59	13:48.94 (9) 1:13.97
Anderson, George	35.26 (9)	2:56.52 (10) 1:07.86	5:14.63 (10) 1:10.16	7:38.33 (11) 1:12.30	10:05.49 (9) 1:13.94	12:36.81 (10) 1:15.12	14:58.01 (10) 1:07.22
8498 QLD		1:48.66 (12) 1:13.40	4:04.47 (11) 1:07.95	6:26.03 (11) 1:11.40	8:51.55 (10) 1:13.22	11:21.69 (11) 1:16.20	13:50.79 (10) 1:13.98
Cole, Matt	35.80 (15)	2:57.01 (13) 1:08.11	5:15.24 (13) 1:10.01	7:38.11 (10) 1:11.93	10:05.82 (10) 1:14.00	12:38.23 (11) 1:16.58	15:06.37 (11) 1:11.34
8603 Randwick Botany		1:48.90 (14) 1:13.10	4:05.23 (13) 1:08.22	6:26.18 (12) 1:10.94	8:51.82 (11) 1:13.71	11:21.65 (10) 1:15.83	13:55.03 (11) 1:16.80
Craigie, Alan	35.54 (12)	2:55.71 (7) 1:07.46	5:14.29 (8) 1:10.09	7:36.22 (9) 1:10.62	10:06.25 (11) 1:15.69	12:41.56 (12) 1:18.58	15:12.35 (12) 1:12.63
8601 ACT		1:48.25 (6) 1:12.71	4:04.20 (9) 1:08.49	6:25.60 (10) 1:11.31	8:50.56 (9) 1:14.34	11:22.98 (12) 1:16.73	13:59.72 (12) 1:18.16
Crook, Daryl	35.22 (8)	2:56.24 (9) 1:07.96	5:14.70 (11) 1:10.35	7:38.52 (13) 1:12.27	10:06.91 (13) 1:15.05	12:43.43 (13) 1:18.91	15:16.64 (13) 1:14.14
349 Athletics Nsw		1:48.28 (7) 1:13.06	4:04.35 (10) 1:08.11	6:26.25 (13) 1:11.55	8:51.86 (12) 1:13.34	11:24.52 (13) 1:17.61	14:02.50 (13) 1:19.07

Name	200m	1000m	1800m	2600m	3400m	4200m	5000m
	600m	1400m	2200m	3000m	3800m	4600m	
Bowes, Sean	37.12 ⁽²¹⁾	2:59.29 ⁽¹⁸⁾ 1:09.33	5:23.43 ⁽¹⁷⁾ 1:12.73	7:49.17 ⁽¹⁴⁾ 1:13.15	10:16.93 ⁽¹⁴⁾ 1:14.30	12:49.79 ⁽¹⁴⁾ 1:16.65	15:17.61 ⁽¹⁴⁾ 1:12.11
2798 University of Nsw	1:49.96 ⁽²⁰⁾ 1:12.84	4:10.70 ⁽¹⁸⁾ 1:11.41	6:36.02 ⁽¹⁶⁾ 1:12.59	9:02.63 ⁽¹⁴⁾ 1:13.46	11:33.14 ⁽¹⁴⁾ 1:16.21	14:05.50 ⁽¹⁴⁾ 1:15.71	
Cope, Nicholas	35.98 ⁽¹⁶⁾	2:57.88 ⁽¹⁶⁾ 1:08.63	5:20.83 ⁽¹⁶⁾ 1:13.16	7:49.43 ⁽¹⁵⁾ 1:13.69	10:17.23 ⁽¹⁵⁾ 1:14.33	12:49.96 ⁽¹⁵⁾ 1:16.63	15:19.91 ⁽¹⁵⁾ 1:14.13
2270 Randwick Botany	1:49.25 ⁽¹⁶⁾ 1:13.27	4:07.67 ⁽¹⁶⁾ 1:09.79	6:35.74 ⁽¹⁴⁾ 1:14.91	9:02.90 ⁽¹⁵⁾ 1:13.47	11:33.33 ⁽¹⁵⁾ 1:16.10	14:05.78 ⁽¹⁵⁾ 1:15.82	
Goddard, Edward	35.20 ⁽⁷⁾	2:57.31 ⁽¹⁵⁾ 1:08.72	5:20.74 ⁽¹⁵⁾ 1:13.98	7:49.77 ⁽¹⁶⁾ 1:13.74	10:20.57 ⁽¹⁶⁾ 1:16.89	12:58.78 ⁽¹⁶⁾ 1:18.85	15:29.04 ⁽¹⁶⁾ 1:12.42
4151 Uts Northern Suburb	1:48.59 ⁽¹¹⁾ 1:13.39	4:06.76 ⁽¹⁴⁾ 1:09.45	6:36.03 ⁽¹⁷⁾ 1:15.29	9:03.68 ⁽¹⁶⁾ 1:13.91	11:39.93 ⁽¹⁶⁾ 1:19.36	14:16.62 ⁽¹⁶⁾ 1:17.84	
Spießberger -, Arron	34.68 ⁽¹⁾	2:57.28 ⁽¹⁴⁾ 1:08.97	5:20.62 ⁽¹⁴⁾ 1:13.19	7:50.77 ⁽¹⁷⁾ 1:14.84	10:25.47 ⁽¹⁷⁾ 1:17.63	13:03.83 ⁽¹⁷⁾ 1:19.07	15:36.69 ⁽¹⁷⁾ 1:15.01
2974 Nowra	1:48.31 ⁽⁸⁾ 1:13.63	4:07.43 ⁽¹⁵⁾ 1:10.15	6:35.93 ⁽¹⁵⁾ 1:15.31	9:07.84 ⁽¹⁷⁾ 1:17.07	11:44.76 ⁽¹⁷⁾ 1:19.29	14:21.68 ⁽¹⁷⁾ 1:17.85	
Land, Andrew	36.25 ⁽¹⁸⁾	3:01.54 ⁽²⁰⁾ 1:11.74	5:30.16 ⁽¹⁹⁾ 1:15.33	8:06.63 ⁽¹⁸⁾ 1:18.56	10:45.16 ⁽¹⁸⁾ 1:19.42	13:25.84 ⁽¹⁸⁾ 1:20.18	15:55.66 ⁽¹⁸⁾ 1:09.28
162 Mingara Athletics	1:49.80 ⁽¹⁸⁾ 1:13.55	4:14.83 ⁽²⁰⁾ 1:13.29	6:48.07 ⁽¹⁸⁾ 1:17.91	9:25.74 ⁽¹⁸⁾ 1:19.11	12:05.66 ⁽¹⁸⁾ 1:20.50	14:46.38 ⁽¹⁸⁾ 1:20.54	
McCuaig-Walton, Dyl	36.57 ⁽²⁰⁾	3:02.75 ⁽²¹⁾ 1:12.55	5:36.65 ⁽²⁰⁾ 1:19.39	8:18.68 ⁽²⁰⁾ 1:21.03	11:03.66 ⁽¹⁹⁾ 1:22.88	13:53.58 ⁽¹⁹⁾ 1:25.96	16:35.47 ⁽¹⁹⁾ 1:17.34
0 St George District	1:50.20 ⁽²¹⁾ 1:13.63	4:17.26 ⁽²¹⁾ 1:14.51	6:57.65 ⁽²⁰⁾ 1:21.00	9:40.78 ⁽²⁰⁾ 1:22.10	12:27.62 ⁽¹⁹⁾ 1:23.96	15:18.13 ⁽¹⁹⁾ 1:24.55	
Elliott, Patrick	36.34 ⁽¹⁹⁾	3:01.29 ⁽¹⁹⁾ 1:11.39	5:29.93 ⁽¹⁸⁾ 1:15.44	8:09.50 ⁽¹⁹⁾ 1:21.18			DNF
2236 Randwick Botany	1:49.90 ⁽¹⁹⁾ 1:13.56	4:14.49 ⁽¹⁹⁾ 1:13.20	6:48.32 ⁽¹⁹⁾ 1:18.39	9:30.91 ⁽¹⁹⁾ 1:21.41			
Spehr, Tim	36.12 ⁽¹⁷⁾	2:58.14 ⁽¹⁷⁾ 1:08.70					DNF
1036 Sydney University	1:49.44 ⁽¹⁷⁾ 1:13.32	4:07.95 ⁽¹⁷⁾ 1:09.81					