

# Mixed 5000m Race Walk 16, 17 and 19 Years

NSW All Schools

Sunday, 11 October 2015

## Splits and lap times report



Name	200m	1000m	1800m	2600m	3400m	4200m	5000m
	600m	1400m	2200m	3000m	3800m	4600m	
<b>Jones, Tyler</b>	46.82 (1)	4:10.27 (1) 1:42.88	7:41.05 (1) 1:46.56	11:16.16 (1) 1:48.33	14:54.43 (1) 1:49.30	18:35.24 (1) 1:49.91	22:07.68 (1) 1:43.03
35 Hunter Sports High	2:27.39 (1) 1:40.57	5:54.49 (1) 1:44.22	9:27.83 (1) 1:46.78	13:05.13 (1) 1:48.97	16:45.33 (1) 1:50.90	20:24.65 (1) 1:49.41	
<b>Francis, Lucy</b>	53.63 (4)	4:58.35 (4) 2:05.83	9:21.18 (4) 2:12.36	13:51.11 (4) 2:16.01	18:25.13 (3) 2:18.90	23:03.45 (3) 2:19.31	27:32.29 (2) 2:11.63
0 Pymble Ladies Colle	2:52.52 (4) 1:58.89	7:08.82 (4) 2:10.47	11:35.10 (4) 2:13.92	16:06.23 (4) 2:15.12	20:44.14 (4) 2:19.01	25:20.66 (3) 2:17.21	
<b>McDonald, Jasmyn</b>	52.00 (3)	4:44.55 (3) 1:59.59	9:00.03 (3) 2:10.10	13:38.30 (3) 2:21.21	18:30.28 (5) 2:25.99	23:23.38 (5) 2:27.22	28:07.28 (3) 2:18.65
0 Carlingford High	2:44.96 (3) 1:52.96	6:49.93 (3) 2:05.38	11:17.09 (3) 2:17.06	16:04.29 (3) 2:25.99	20:56.16 (5) 2:25.88	25:48.63 (5) 2:25.25	
<b>Glover, Jordan</b>	55.91 (9)	4:59.91 (5) 2:02.47	9:21.59 (5) 2:12.36	14:02.89 (5) 2:23.58	18:27.36 (4) 2:10.36	23:10.84 (4) 2:26.80	28:07.71 (4) 2:25.06
0 Northholm Grammar	2:57.44 (5) 2:01.53	7:09.23 (5) 2:09.32	11:39.31 (5) 2:17.72	16:17.00 (5) 2:14.11	20:44.04 (3) 2:16.68	25:42.65 (4) 2:31.81	
<b>Norton, Shanae</b>	55.47 (8)	5:20.24 (6) 2:17.55	10:19.54 (7) 2:31.27	15:22.03 (6) 2:31.97	20:20.79 (6) 2:26.77	25:06.41 (6) 2:22.59	29:29.61 (5) 2:06.72
0 St Johns Park	3:02.69 (8) 2:07.22	7:48.27 (6) 2:28.03	12:50.06 (7) 2:30.52	17:54.02 (6) 2:31.99	22:43.82 (6) 2:23.03	27:22.89 (6) 2:16.48	
<b>McKay, Lydia</b>	55.44 (7)	5:31.33 (9) 2:23.33	10:33.93 (9) 2:32.02	15:31.21 (8) 2:29.60	20:33.54 (7) 2:31.40	25:45.29 (7) 2:37.74	31:04.09 (6) 2:37.54
0 Gosford High	3:08.00 (9) 2:12.56	8:01.91 (9) 2:30.58	13:01.61 (9) 2:27.68	18:02.14 (8) 2:30.93	23:07.55 (7) 2:34.01	28:26.55 (7) 2:41.26	
<b>Grujoski, Ally</b>	54.83 (6)	5:20.79 (7) 2:19.40	10:17.11 (6) 2:28.14	15:24.92 (7) 2:36.72	20:45.87 (8) 2:44.03	26:18.07 (8) 2:44.68	31:26.80 (7) 2:31.11
0 Olsh Kensington	3:01.39 (6) 2:06.56	7:48.97 (7) 2:28.18	12:48.20 (6) 2:31.09	18:01.84 (7) 2:36.92	23:33.39 (8) 2:47.52	28:55.69 (8) 2:37.62	
<b>Minett, Rhiannon</b>	54.47 (5)	5:24.73 (8) 2:22.48	10:20.92 (8) 2:28.44	15:37.02 (9) 2:45.43	21:01.43 (9) 2:41.08	26:31.09 (9) 2:45.58	31:42.98 (8) 2:31.98
0 Chester Hill High	3:02.25 (7) 2:07.78	7:52.48 (8) 2:27.75	12:51.59 (8) 2:30.67	18:20.35 (9) 2:43.33	23:45.51 (9) 2:44.08	29:11.00 (9) 2:39.91	
<b>McGinniskin, Cory</b>	59.62 (11)	5:57.50 (11) 2:35.22	11:24.15 (11) 2:45.82	16:56.37 (11) 2:46.76	22:20.89 (11) 2:40.73	27:44.31 (11) 2:42.44	33:05.23 (9) 2:37.85
0 West Wallsend	3:22.28 (11) 2:22.66	8:38.33 (11) 2:40.83	14:09.61 (11) 2:45.46	19:40.16 (11) 2:43.79	25:01.87 (11) 2:40.98	30:27.38 (10) 2:43.07	
<b>Kelland, Sarah</b>	57.13 (10)	5:56.25 (10) 2:38.48	11:36.37 (12) 2:50.16	17:20.01 (12) 2:50.57	23:08.59 (12) 2:56.99	29:04.05 (12) 2:57.96	34:55.60 (10) 2:51.96
0 Abbotsleigh	3:17.77 (10) 2:20.64	8:46.21 (12) 2:49.96	14:29.44 (12) 2:53.07	20:11.60 (12) 2:51.59	26:06.09 (12) 2:57.50	32:03.64 (12) 2:59.59	
<b>Kerr, Aidan</b>	51.52 (2)	4:30.74 (2) 1:51.77	8:32.61 (2) 2:04.55	12:49.41 (2) 2:10.32	17:08.37 (2) 2:09.68	21:34.39 (2) 2:13.17	DQ
0 Northern Beaches Ch	2:38.97 (2) 1:47.45	6:28.06 (2) 1:57.32	10:39.09 (2) 2:06.48	14:58.69 (2) 2:09.28	19:21.22 (2) 2:12.85	23:48.11 (2) 2:13.72	
<b>Robson, Natalia</b>	1:03.54 (12)	6:00.44 (12) 2:29.56	11:09.98 (10) 2:38.08	16:35.66 (10) 2:42.96	22:05.05 (10) 2:46.77	27:39.98 (10) 2:48.23	DQ
0 Coffs Harbour	3:30.88 (12) 2:27.34	8:31.90 (10) 2:31.46	13:52.70 (10) 2:42.72	19:18.28 (10) 2:42.62	24:51.75 (10) 2:46.70	30:33.25 (11) 2:53.27	