

# Women 3000m Run U15/16

NSW Youth and Junior Champs - 2015  
Friday, 6 February 2015



## Splits and lap times report

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Rockliff, Abbey 1229 ASW	S	35.45 (1)	1:52.16 (1)	3:09.91 (1)	4:29.59 (1)	5:51.28 (1)	7:14.77 (1)	8:38.06 (1)	9:52.67 (1)
	L		1:16.71	1:17.75	1:19.68	1:21.69	1:23.49	1:23.29	1:14.61
Bain, Hannah 2807 Macquarie Hunter	S	37.39 (6)	1:57.92 (10)	3:23.16 (8)	4:49.95 (5)	6:17.02 (5)	7:44.55 (5)	9:08.80 (2)	10:24.51 (2)
	L		1:20.53	1:25.24	1:26.79	1:27.07	1:27.53	1:24.25	1:15.71
Flynn, Shauna 2590 Kembla Joggers	S	37.03 (3)	1:57.21 (3)	3:22.45 (3)	4:49.48 (2)	6:16.70 (2)	7:44.16 (2)	9:08.88 (3)	10:27.49 (3)
	L		1:20.18	1:25.24	1:27.03	1:27.22	1:27.46	1:24.72	1:18.61
McDonald, Leah 2146 Parramatta	S	37.57 (8)	1:57.38 (5)	3:22.70 (5)	4:49.73 (4)	6:16.99 (4)	7:44.53 (4)	9:09.68 (4)	10:33.36 (4)
	L		1:19.81	1:25.32	1:27.03	1:27.26	1:27.54	1:25.15	1:23.68
Gocher, Sophie 3360 SSR	S	37.04 (4)	1:57.34 (4)	3:22.62 (4)	4:49.50 (3)	6:16.78 (3)	7:44.40 (3)	9:12.16 (5)	10:38.71 (5)
	L		1:20.30	1:25.28	1:26.88	1:27.28	1:27.62	1:27.76	1:26.55
Roodbeen, Madison 2573 KEJ	S	37.67 (9)	1:57.66 (8)	3:22.94 (7)	4:50.00 (6)	6:17.32 (6)	7:47.32 (6)	9:22.11 (6)	10:50.27 (6)
	L		1:19.99	1:25.28	1:27.06	1:27.32	1:30.00	1:34.79	1:28.16
Moloney, Hannah 1173 ASW	S	37.26 (5)	1:57.06 (2)	3:22.39 (2)	4:50.10 (7)	6:19.61 (8)	7:52.89 (8)	9:26.52 (8)	10:51.23 (7)
	L		1:19.80	1:25.33	1:27.71	1:29.51	1:33.28	1:33.63	1:24.71
Hogg, Olivia 3368 SSR	S	37.41 (7)	1:57.66 (7)	3:22.85 (6)	4:50.21 (8)	6:17.54 (7)	7:49.32 (7)	9:24.31 (7)	10:53.12 (8)
	L		1:20.25	1:25.19	1:27.36	1:27.33	1:31.78	1:34.99	1:28.81
Yang, Leena 1363 Hills	S	38.09 (11)	1:59.21 (11)	3:26.02 (11)	4:56.47 (11)	6:30.18 (10)	8:04.05 (10)	9:35.44 (9)	10:54.70 (9)
	L		1:21.12	1:26.81	1:30.45	1:33.71	1:33.87	1:31.39	1:19.26
Wooldridge, Ella 2584 KEJ	S	38.42 (12)	2:02.48 (12)	3:30.91 (12)	5:01.40 (12)	6:32.68 (12)	8:03.72 (9)	9:35.68 (10)	10:55.93 (10)
	L		1:24.06	1:28.43	1:30.49	1:31.28	1:31.04	1:31.96	1:20.25
Kingsmill, Astrid 3407 SSR	S	37.84 (10)	1:57.91 (9)	3:23.87 (9)	4:54.88 (9)	6:29.58 (9)	8:04.51 (11)	9:37.32 (11)	11:00.92 (11)
	L		1:20.07	1:25.96	1:31.01	1:34.70	1:34.93	1:32.81	1:23.60
Turner, Rhianna 3275 St George	S	39.85 (16)	2:09.19 (14)	3:40.84 (14)	5:11.51 (13)	6:42.84 (13)	8:13.31 (13)	9:43.23 (12)	11:10.60 (12)
	L		1:29.34	1:31.65	1:30.67	1:31.33	1:30.47	1:29.92	1:27.37
Ivankovic, Breanna 3604 ASW	S	36.94 (2)	1:57.62 (6)	3:24.32 (10)	4:54.99 (10)	6:32.17 (11)	8:08.91 (12)	9:44.29 (13)	11:16.52 (13)
	L		1:20.68	1:26.70	1:30.67	1:37.18	1:36.74	1:35.38	1:32.23
Napper, Ruby 2704 Bankstown Sports A	S	38.57 (13)	2:06.15 (13)	3:39.38 (13)	5:13.75 (14)	6:56.53 (14)	8:40.62 (14)	10:23.82 (14)	12:03.80 (14)
	L		1:27.58	1:33.23	1:34.37	1:42.78	1:44.09	1:43.20	1:39.98
Glynn, Holly 2709 Bankstown Sports A	S	39.46 (15)	2:09.80 (15)	3:46.66 (15)	5:27.04 (15)	7:10.38 (15)	8:55.94 (15)	10:42.01 (15)	12:20.97 (15)
	L		1:30.34	1:36.86	1:40.38	1:43.34	1:45.56	1:46.07	1:38.96
Loveday, Cailyn 1285 Campbelltown	S	38.73 (14)	2:11.60 (16)	3:55.72 (16)	5:43.68 (16)	7:33.70 (16)	9:24.90 (16)	11:10.60 (16)	12:54.75 (16)
	L		1:32.87	1:44.12	1:47.96	1:50.02	1:51.20	1:45.70	1:44.15