

Mixed 5000m Race Walk U17/18/20

NSW Junior and Youth Champs - 2015

Sunday, 8 February 2015

Splits and lap times report



Name	200m	1000m	1800m	2600m	3400m	4200m	5000m
	600m	1400m	2200m	3000m	3800m	4600m	
Jones, Tyler	44.97 (1)	4:12.13 (1) 1:44.37	7:42.77 (1) 1:44.93	11:18.72 (1) 1:48.20	14:52.82 (1) 1:47.32	18:24.89 (1) 1:45.18	21:52.27 (1) 1:41.24
187 Mingara		2:27.76 (1) 1:42.79	5:57.84 (1) 1:45.71	9:30.52 (1) 1:47.75	13:05.50 (1) 1:46.78	16:39.71 (1) 1:46.89	20:11.03 (1) 1:46.14
Gibbons, Carl	48.04 (2)	4:25.14 (2) 1:50.76	8:04.36 (2) 1:49.53	11:44.50 (2) 1:51.03	15:26.64 (2) 1:50.75	19:07.09 (2) 1:49.63	22:40.35 (2) 1:44.99
3213 Westlakes		2:34.38 (2) 1:46.34	6:14.83 (2) 1:49.69	9:53.47 (2) 1:49.11	13:35.89 (2) 1:51.39	17:17.46 (2) 1:50.82	20:55.36 (2) 1:48.27
Kerr, Aiden	50.90 (8)	4:43.30 (3) 1:56.49	8:42.99 (3) 2:00.56	12:48.59 (3) 2:03.79	17:00.96 (3) 2:05.15	21:14.95 (3) 2:07.01	25:28.34 (3) 2:06.30
1818 Sydney Pacific		2:46.81 (5) 1:55.91	6:42.43 (3) 1:59.13	10:44.80 (3) 2:01.81	14:55.81 (3) 2:07.22	19:07.94 (3) 2:06.98	23:22.04 (3) 2:07.09
Hill, Jayde	51.14 (9)	4:47.34 (7) 1:59.71	8:51.46 (5) 2:03.37	13:00.77 (4) 2:05.03	17:13.89 (4) 2:07.00	21:31.62 (4) 2:09.52	25:40.81 (4) 2:00.94
2852 Nambucca District S		2:47.63 (7) 1:56.49	6:48.09 (5) 2:00.75	10:55.74 (4) 2:04.28	15:06.89 (4) 2:06.12	19:22.10 (4) 2:08.21	23:39.87 (4) 2:08.25
Goodhew, Chelsea	50.81 (7)	4:47.31 (6) 2:00.08	8:56.63 (6) 2:05.55	13:12.48 (6) 2:08.51	17:32.28 (5) 2:09.41	21:56.39 (5) 2:12.48	26:12.51 (5) 2:04.92
1502 Westlakes		2:47.23 (6) 1:56.42	6:51.08 (7) 2:03.77	11:03.97 (6) 2:07.34	15:22.87 (6) 2:10.39	19:43.91 (5) 2:11.63	24:07.59 (5) 2:11.20
McDonald, Jasmyn	50.40 (4)	4:47.74 (9) 2:01.43	8:58.78 (8) 2:07.26	13:22.04 (8) 2:13.85	17:57.22 (7) 2:17.05	22:24.22 (6) 2:12.28	26:46.40 (6) 2:08.70
2100 Parramatta		2:46.31 (3) 1:55.91	6:51.52 (8) 2:03.78	11:08.19 (8) 2:09.41	15:40.17 (8) 2:18.13	20:11.94 (7) 2:14.72	24:37.70 (6) 2:13.48
Mylonas, Adam	52.02 (12)	4:45.69 (4) 1:58.03	8:51.25 (4) 2:04.45	13:07.77 (5) 2:11.86	17:42.37 (6) 2:19.54	22:24.60 (7) 2:22.58	26:53.70 (7) 2:08.76
1444 Hills		2:47.66 (8) 1:55.64	6:46.80 (4) 2:01.11	10:55.91 (5) 2:04.66	15:22.83 (5) 2:15.06	20:02.02 (6) 2:19.65	24:44.94 (7) 2:20.34
Dighton, Jasmine	54.34 (17)	4:54.54 (14) 2:01.42	8:59.15 (9) 2:04.00	13:20.12 (7) 2:15.63	18:00.99 (8) 2:21.36	22:36.25 (8) 2:15.14	26:59.53 (8) 2:12.01
1189 ASW		2:53.12 (15) 1:58.78	6:55.15 (10) 2:00.61	11:04.49 (7) 2:05.34	15:39.63 (7) 2:19.51	20:21.11 (8) 2:20.12	24:47.52 (8) 2:11.27
Beasley, Bryony	52.93 (14)	4:52.41 (11) 2:02.30	9:07.79 (11) 2:09.84	13:37.34 (10) 2:16.63	18:09.47 (9) 2:14.85	22:56.19 (9) 2:24.65	27:20.46 (9) 2:09.52
2012 NEP		2:50.11 (11) 1:57.18	6:57.95 (12) 2:05.54	11:20.71 (10) 2:12.92	15:54.62 (9) 2:17.28	20:31.54 (9) 2:22.07	25:10.94 (9) 2:14.75
Francis, Lucinda	51.69 (11)	4:52.58 (12) 2:01.96	9:11.93 (12) 2:11.53	13:42.96 (11) 2:16.49	18:17.95 (10) 2:17.40	22:56.71 (10) 2:20.08	27:27.24 (10) 2:13.65
1801 Sydney Pacific		2:50.62 (12) 1:58.93	7:00.40 (13) 2:07.82	11:26.47 (11) 2:14.54	16:00.55 (11) 2:17.59	20:36.63 (10) 2:18.68	25:13.59 (10) 2:16.88
Barendregt, Amanda	53.85 (16)	4:47.65 (8) 1:59.18	9:05.70 (10) 2:13.53	13:59.13 (12) 2:15.11	18:56.85 (12) 2:27.11	23:25.61 (11) 2:12.06	28:00.34 (11) 2:14.62
2045 NEP		2:48.47 (10) 1:54.62	6:52.17 (9) 2:04.52	11:44.02 (13) 2:38.32	16:29.74 (12) 2:30.61	21:13.55 (12) 2:16.70	25:45.72 (11) 2:20.11
Norton, Shanae	50.54 (6)	4:47.93 (10) 2:01.58	9:12.89 (13) 2:15.64	14:04.61 (13) 2:28.53	18:57.20 (13) 2:23.16	23:54.49 (13) 2:29.47	28:36.04 (12) 2:19.46
2702 Bankstown Sports		2:46.35 (4) 1:55.81	6:57.25 (11) 2:09.32	11:36.08 (12) 2:23.19	16:34.04 (13) 2:29.43	21:25.02 (13) 2:27.82	26:16.58 (12) 2:22.09
Mckay, Lydia	50.49 (5)	5:03.85 (16) 2:10.29	9:42.16 (15) 2:21.06	14:36.07 (15) 2:28.09	19:22.68 (15) 2:23.45	24:06.07 (14) 2:25.33	28:52.44 (13) 2:18.82
151 MIN		2:53.56 (16) 2:03.07	7:21.10 (15) 2:17.25	12:07.98 (15) 2:25.82	16:59.23 (14) 2:23.16	21:40.74 (15) 2:18.06	26:33.62 (13) 2:27.55



Name	200m	1000m	1800m	2600m	3400m	4200m	5000m
	600m	1400m	2200m	3000m	3800m	4600m	
Glover, Jordan	54.96 ⁽¹⁸⁾	4:54.14 ⁽¹³⁾ 2:01.64	9:22.76 ⁽¹⁴⁾ 2:18.55	14:20.80 ⁽¹⁴⁾ 2:34.61	19:18.09 ⁽¹⁴⁾ 2:18.44	24:21.03 ⁽¹⁵⁾ 2:41.68	29:21.74 ⁽¹⁴⁾ 2:21.59
3782 Hills		2:52.50 ⁽¹⁴⁾ 1:57.54	7:04.21 ⁽¹⁴⁾ 2:10.07	11:46.19 ⁽¹⁴⁾ 2:23.43	16:59.65 ⁽¹⁵⁾ 2:38.85	21:39.35 ⁽¹⁴⁾ 2:21.26	27:00.15 ⁽¹⁴⁾ 2:39.12
grujoski, ally	51.66 ⁽¹⁰⁾	5:06.35 ⁽¹⁷⁾ 2:10.42	10:00.45 ⁽¹⁷⁾ 2:28.96	15:03.10 ⁽¹⁷⁾ 2:33.60	20:02.92 ⁽¹⁶⁾ 2:25.87	25:06.39 ⁽¹⁶⁾ 2:30.19	29:57.97 ⁽¹⁵⁾ 2:24.59
3532 SOS		2:55.93 ⁽¹⁸⁾ 2:04.27	7:31.49 ⁽¹⁷⁾ 2:25.14	12:29.50 ⁽¹⁷⁾ 2:29.05	17:37.05 ⁽¹⁷⁾ 2:33.95	22:36.20 ⁽¹⁶⁾ 2:33.28	27:33.38 ⁽¹⁵⁾ 2:26.99
Grujoski, Stephanie	53.15 ⁽¹⁵⁾	5:03.82 ⁽¹⁵⁾ 2:10.13	9:44.14 ⁽¹⁶⁾ 2:22.96	14:46.00 ⁽¹⁶⁾ 2:36.65	20:03.06 ⁽¹⁷⁾ 2:35.29	25:29.97 ⁽¹⁷⁾ 2:46.67	30:36.57 ⁽¹⁶⁾ 2:29.45
3533 SOS		2:53.69 ⁽¹⁷⁾ 2:00.54	7:21.18 ⁽¹⁶⁾ 2:17.36	12:09.35 ⁽¹⁶⁾ 2:25.21	17:27.77 ⁽¹⁶⁾ 2:41.77	22:43.30 ⁽¹⁷⁾ 2:40.24	28:07.12 ⁽¹⁶⁾ 2:37.15
Minett, Rhiannon	49.40 ⁽³⁾	5:09.48 ⁽¹⁸⁾ 2:18.10	10:14.90 ⁽¹⁸⁾ 2:37.24	15:39.53 ⁽¹⁸⁾ 2:41.81	20:59.15 ⁽¹⁸⁾ 2:37.20	26:17.19 ⁽¹⁸⁾ 2:38.98	31:24.20 ⁽¹⁷⁾ 2:29.48
2730 Bankstown Sports A		2:51.38 ⁽¹³⁾ 2:01.98	7:37.66 ⁽¹⁸⁾ 2:28.18	12:57.72 ⁽¹⁸⁾ 2:42.82	18:21.95 ⁽¹⁸⁾ 2:42.42	23:38.21 ⁽¹⁸⁾ 2:39.06	28:54.72 ⁽¹⁷⁾ 2:37.53
McGinniskin, Cory	1:00.45 ⁽²⁰⁾	5:58.32 ⁽²⁰⁾ 2:35.05	11:16.49 ⁽²¹⁾ 2:39.33	16:27.29 ⁽¹⁹⁾ 2:33.20	21:44.10 ⁽¹⁹⁾ 2:38.73	27:17.26 ⁽¹⁹⁾ 2:47.81	32:31.95 ⁽¹⁸⁾ 2:32.00
4705 Edgeworth		3:23.27 ⁽²⁰⁾ 2:22.82	8:37.16 ⁽²¹⁾ 2:38.84	13:54.09 ⁽²¹⁾ 2:37.60	19:05.37 ⁽¹⁹⁾ 2:38.08	24:29.45 ⁽¹⁹⁾ 2:45.35	29:59.95 ⁽¹⁸⁾ 2:42.69
Kelland, Sarah	57.90 ⁽¹⁹⁾	5:51.32 ⁽¹⁹⁾ 2:31.17	11:04.63 ⁽¹⁹⁾ 2:36.60	16:32.83 ⁽²¹⁾ 2:47.00	22:07.53 ⁽²¹⁾ 2:45.54	27:33.27 ⁽²⁰⁾ 2:46.37	33:07.88 ⁽¹⁹⁾ 2:43.75
1938 RYD		3:20.15 ⁽¹⁹⁾ 2:22.25	8:28.03 ⁽¹⁹⁾ 2:36.71	13:45.83 ⁽¹⁹⁾ 2:41.20	19:21.99 ⁽²¹⁾ 2:49.16	24:46.90 ⁽²⁰⁾ 2:39.37	30:24.13 ⁽¹⁹⁾ 2:50.86
Owen, Damien	52.41 ⁽¹³⁾	4:46.39 ⁽⁵⁾ 1:58.27	8:57.58 ⁽⁷⁾ 2:08.00	13:32.61 ⁽⁹⁾ 2:19.81	18:25.66 ⁽¹¹⁾ 2:26.62	23:28.95 ⁽¹²⁾ 2:31.19	DQ
994 Forster		2:48.12 ⁽⁹⁾ 1:55.71	6:49.58 ⁽⁶⁾ 2:03.19	11:12.80 ⁽⁹⁾ 2:15.22	15:59.04 ⁽¹⁰⁾ 2:26.43	20:57.76 ⁽¹¹⁾ 2:32.10	
Robson, Natalia	1:01.59 ⁽²¹⁾	5:59.99 ⁽²¹⁾ 2:31.35	11:06.46 ⁽²⁰⁾ 2:35.60	16:27.84 ⁽²⁰⁾ 2:41.13	21:56.92 ⁽²⁰⁾ 2:45.64		DQ
8388 Coffs Harbour Track		3:28.64 ⁽²¹⁾ 2:27.05	8:30.86 ⁽²⁰⁾ 2:30.87	13:46.71 ⁽²⁰⁾ 2:40.25	19:11.28 ⁽²⁰⁾ 2:43.44		