

Men 1 Mile Run Aus Championships

Albie Thomas

Saturday, December 22, 2018



Splits and lap times report

Name		409m	809m	1209m	1609m
Ramsden, Matthew 0 WA	S	1:03.23 (4)	2:03.80 (3)	3:04.10 (1)	3:59.18 (1)
	L		1:00.57	1:00.30	55.08
Gregson, Ryan 10 VIC	S	1:02.97 (3)	2:03.97 (4)	3:04.49 (2)	3:59.95 (2)
	L		1:01.00	1:00.52	55.46
Hunter, Rorey 812 New South Wales	S	1:03.85 (8)	2:04.32 (7)	3:04.75 (4)	4:01.98 (3)
	L		1:00.47	1:00.43	57.23
Bruce, Jack 0 Qld	S	1:03.76 (7)	2:04.36 (8)	3:05.42 (7)	4:04.57 (4)
	L		1:00.60	1:01.06	59.15
Rogers, Simon 0 NZL	S	1:04.08 (10)	2:04.54 (9)	3:06.87 (9)	4:06.00 (5)
	L		1:00.46	1:02.33	59.13
Nipperess, James 20 New South Wales	S	1:03.61 (6)	2:04.17 (6)	3:05.13 (6)	4:06.99 (6)
	L		1:00.56	1:00.96	1:01.86
Chamberlain, Ben 0 WA	S	1:02.71 (2)	2:03.65 (2)	3:04.54 (3)	4:07.71 (7)
	L		1:00.94	1:00.89	1:03.17
Sharp, Jackson 0 New South Wales	S	1:04.50 (12)	2:05.36 (12)	3:07.39 (10)	4:07.79 (8)
	L		1:00.86	1:02.03	1:00.40
Raimond, Oli 1088 New South Wales	S	1:04.06 (9)	2:05.18 (11)	3:07.61 (11)	4:08.09 (9)
	L		1:01.12	1:02.43	1:00.48
Metcalf, Elliot 1527 New South Wales	S	1:04.34 (11)	2:04.88 (10)	3:06.65 (8)	4:08.71 (10)
	L		1:00.54	1:01.77	1:02.06
Huffer, Craig 0 VIC	S	1:03.47 (5)	2:04.02 (5)	3:04.78 (5)	4:09.90 (11)
	L		1:00.55	1:00.76	1:05.12
Byrne, Sam 0 New South Wales	S	1:04.54 (13)	2:06.47 (13)	3:11.32 (12)	4:13.74 (12)
	L		1:01.93	1:04.85	1:02.42
Langdon, Reece 803 New South Wales	S	1:04.73 (14)	2:06.82 (14)	3:11.96 (13)	4:18.44 (13)
	L		1:02.09	1:05.14	1:06.48
Lister, Rob 0 New South Wales	S	1:02.50 (1)	2:03.47 (1)		DNF
	L		1:00.97		
Spiessberger - Parke, 1557 New South Wales	S	1:04.79 (15)			DNF
	L				

