

Men 3000 Metre C Race

ANSW 3000m Championships

Saturday, 10 November 2018

Splits and lap times report



Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Maxwell, Jesse	S	36.12 (3)	1:50.83 (3)	3:01.06 (6)	4:11.52 (5)	5:21.97 (2)	6:31.26 (2)	7:39.63 (2)	8:41.30 (1)
1551 Newcastle Flyers Ru	L		1:14.71	1:10.23	1:10.46	1:10.45	1:09.29	1:08.37	1:01.67
Jagger, Benjamin	S	36.88 (18)	1:51.97 (16)	3:02.36 (17)	4:12.85 (17)	5:23.36 (9)	6:32.09 (4)	7:39.64 (3)	8:42.20 (2)
1086 Sydney Striders Roa	L		1:15.09	1:10.39	1:10.49	1:10.51	1:08.73	1:07.55	1:02.56
Taylor, Brock	S	36.47 (11)	1:51.21 (7)	3:00.74 (3)	4:11.28 (3)	5:21.75 (1)	6:31.02 (1)	7:39.39 (1)	8:44.74 (3)
0 Newcastle Runners I	L		1:14.74	1:09.53	1:10.54	1:10.47	1:09.27	1:08.37	1:05.35
Green, Jack	S	36.15 (4)	1:51.08 (5)	3:01.30 (7)	4:11.97 (8)	5:22.50 (4)	6:31.37 (3)	7:40.00 (4)	8:45.35 (4)
5872 Sydney University At	L		1:14.93	1:10.22	1:10.67	1:10.53	1:08.87	1:08.63	1:05.35
Madden, Jakob	S	36.05 (2)	1:51.37 (8)	3:01.53 (9)	4:12.06 (9)	5:22.95 (6)	6:32.66 (6)	7:43.34 (5)	8:51.99 (5)
477 Mingara Athletics Clu	L		1:15.32	1:10.16	1:10.53	1:10.89	1:09.71	1:10.68	1:08.65
Meier, Frank	S	36.24 (7)	1:50.20 (1)	3:00.50 (2)	4:11.21 (2)	5:22.99 (7)	6:32.97 (7)	7:43.66 (6)	8:53.10 (6)
5831 Sydney University At	L		1:13.96	1:10.30	1:10.71	1:11.78	1:09.98	1:10.69	1:09.44
Virgona, Thomas	S	36.20 (6)	1:51.42 (10)	3:01.31 (8)	4:11.77 (7)	5:23.51 (10)	6:35.43 (11)	7:47.19 (10)	8:54.15 (7)
40418 Athletics Nsw	L		1:15.22	1:09.89	1:10.46	1:11.74	1:11.92	1:11.76	1:06.96
Manente, Luca	S	36.37 (10)	1:51.98 (17)	3:02.22 (16)	4:12.79 (16)	5:24.41 (17)	6:36.21 (13)	7:47.79 (11)	8:54.69 (8)
0 Hills District Athletic	L		1:15.61	1:10.24	1:10.57	1:11.62	1:11.80	1:11.58	1:06.90
MacLeod, Callan	S	36.34 (9)	1:51.54 (11)	3:01.88 (13)	4:12.57 (14)	5:24.03 (14)	6:36.29 (14)	7:48.01 (12)	8:56.34 (9)
238 Weston Creek Athleti	L		1:15.20	1:10.34	1:10.69	1:11.46	1:12.26	1:11.72	1:08.33
Simson, Luke	S	36.31 (8)	1:50.98 (4)	3:01.57 (10)	4:12.22 (10)	5:22.71 (5)	6:33.38 (8)	7:47.08 (9)	8:56.90 (10)
1224 Sydney Striders Roa	L		1:14.67	1:10.59	1:10.65	1:10.49	1:10.67	1:13.70	1:09.82
Peterson, Leo	S	36.49 (12)	1:51.63 (12)	3:01.82 (12)	4:12.33 (11)	5:23.79 (12)	6:34.85 (9)	7:46.79 (8)	8:57.41 (11)
475 U.T.S. Northern Subu	L		1:15.14	1:10.19	1:10.51	1:11.46	1:11.06	1:11.94	1:10.62
Brown, Jack	S	36.18 (5)	1:51.18 (6)	2:59.88 (1)	4:10.65 (1)	5:22.29 (3)	6:32.37 (5)	7:44.65 (7)	8:58.67 (12)
1145 Asics Wests Track &	L		1:15.00	1:08.70	1:10.77	1:11.64	1:10.08	1:12.28	1:14.02
Holland, Dylan	S	36.52 (13)	1:51.72 (14)	3:02.07 (15)	4:12.68 (15)	5:24.11 (15)	6:36.19 (12)	7:49.18 (14)	8:59.51 (13)
723 Kembla Joggers Inc.	L		1:15.20	1:10.35	1:10.61	1:11.43	1:12.08	1:12.99	1:10.33
Baker, David	S	35.96 (1)	1:50.61 (2)	3:01.05 (5)	4:11.76 (6)	5:23.81 (13)	6:36.62 (15)	7:52.31 (15)	9:03.86 (14)
735 Camden Athletics Cl	L		1:14.65	1:10.44	1:10.71	1:12.05	1:12.81	1:15.69	1:11.55
Land, Andrew	S	36.73 (17)	1:51.66 (13)	3:01.73 (11)	4:12.46 (12)	5:23.57 (11)	6:35.10 (10)	7:48.71 (13)	9:05.03 (15)
0 Mingara Athletics Clu	L		1:14.93	1:10.07	1:10.73	1:11.11	1:11.53	1:13.61	1:16.32
Bowes, Sean	S	38.19 (21)	1:52.43 (19)	3:02.84 (19)	4:13.54 (19)	5:25.39 (18)	6:37.99 (18)	7:52.89 (16)	9:06.41 (16)
1648 Sydney Striders Roa	L		1:14.24	1:10.41	1:10.70	1:11.85	1:12.60	1:14.90	1:13.52
Hince, Luke	S	36.69 (16)	1:51.86 (15)	3:02.01 (14)	4:12.50 (13)	5:24.17 (16)	6:37.85 (17)	7:53.86 (17)	9:10.78 (17)
992 Kembla Joggers Inc.	L		1:15.17	1:10.15	1:10.49	1:11.67	1:13.68	1:16.01	1:16.92
Simpson, Mark	S	36.53 (14)	1:51.39 (9)	3:00.83 (4)	4:11.43 (4)	5:23.22 (8)	6:37.52 (16)	7:54.84 (18)	9:14.31 (18)
799 Illawong Revesby Wo	L		1:14.86	1:09.44	1:10.60	1:11.79	1:14.30	1:17.32	1:19.47
Rockliff, Samuel	S	36.63 (15)	1:52.22 (18)	3:03.98 (21)	4:17.27 (21)	5:33.50 (21)	6:51.53 (20)	8:09.20 (19)	9:20.22 (19)
1510 Knox Grammar Scho	L		1:15.59	1:11.76	1:13.29	1:16.23	1:18.03	1:17.67	1:11.02
Hopper, Sam	S	36.92 (19)	1:52.51 (20)	3:03.67 (20)	4:15.47 (20)	5:31.98 (20)	6:51.13 (19)	8:11.16 (20)	9:28.66 (20)
9048 Unattached	L		1:15.59	1:11.16	1:11.80	1:16.51	1:19.15	1:20.03	1:17.50
Mahon, Max	S	37.06 (20)	1:52.55 (21)	3:02.61 (18)	4:13.29 (18)	5:28.93 (19)	6:51.71 (21)	8:18.22 (21)	9:36.30 (21)
0 U.T.S. Northern Subu	L		1:15.49	1:10.06	1:10.68	1:15.64	1:22.78	1:26.51	1:18.08

