

Men 3000 Metre F Race

ANSW 3000m Championships

Saturday, 10 November 2018

Splits and lap times report



Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Constantine, James 302 Nick's Run Club	S	36.56 (11)	1:51.97 (9)	3:05.22 (1)	4:20.12 (1)	5:34.36 (1)	6:50.37 (1)	8:07.05 (1)	9:17.73 (1)
	L		1:15.41	1:13.25	1:14.90	1:14.24	1:16.01	1:16.68	1:10.68
Purcell, Darren 49671 Illawong Revesby Wo	S	37.33 (14)	1:54.04 (15)	3:09.72 (13)	4:26.51 (6)	5:43.48 (5)	6:58.50 (4)	8:12.84 (2)	9:19.63 (2)
	L		1:16.71	1:15.68	1:16.79	1:16.97	1:15.02	1:14.34	1:06.79
Milne, Gordan 9033 Unattached	S	35.01 (5)	1:50.31 (5)	3:07.76 (4)	4:23.43 (3)	5:40.64 (3)	6:57.89 (2)	8:13.24 (3)	9:22.32 (3)
	L		1:15.30	1:17.45	1:15.67	1:17.21	1:17.25	1:15.35	1:09.08
Macmillan, Finn 0 St. George District At	S	36.23 (9)	1:50.52 (6)	3:07.09 (3)	4:23.70 (4)	5:40.94 (4)	6:58.08 (3)	8:13.64 (4)	9:28.72 (4)
	L		1:14.29	1:16.57	1:16.61	1:17.24	1:17.14	1:15.56	1:15.08
Chand, Praneesh 44370 Westfields Athletics	S	34.69 (3)	1:49.52 (2)	3:06.08 (2)	4:21.16 (2)	5:38.76 (2)	6:58.62 (5)	8:17.87 (5)	9:31.26 (5)
	L		1:14.83	1:16.56	1:15.08	1:17.60	1:19.86	1:19.25	1:13.39
Watchorn, Daniel 994 Sutherland District At	S	37.34 (15)	1:53.12 (13)	3:09.48 (10)	4:26.78 (7)	5:43.85 (6)	7:01.30 (6)	8:22.73 (6)	9:38.35 (6)
	L		1:15.78	1:16.36	1:17.30	1:17.07	1:17.45	1:21.43	1:15.62
Gorman, Cameron 43263 U.T.S. Northern Subu	S	35.76 (8)	1:52.22 (11)	3:09.39 (9)	4:28.86 (13)	5:48.16 (11)	7:08.31 (11)	8:26.40 (7)	9:38.66 (7)
	L		1:16.46	1:17.17	1:19.47	1:19.30	1:20.15	1:18.09	1:12.26
Shariff, Rhys 3124 Randwick Botany Ha	S	34.73 (4)	1:50.03 (4)	3:08.21 (5)	4:27.03 (8)	5:46.02 (8)	7:06.79 (8)	8:26.44 (8)	9:39.68 (8)
	L		1:15.30	1:18.18	1:18.82	1:18.99	1:20.77	1:19.65	1:13.24
Hewitt, Joshua 43974 St. George District At	S	35.55 (7)	1:51.54 (8)	3:09.58 (12)	4:27.84 (10)	5:48.05 (10)	7:09.51 (12)	8:31.30 (15)	9:40.17 (9)
	L		1:15.99	1:18.04	1:18.26	1:20.21	1:21.46	1:21.79	1:08.87
Wilson, Kenneth 1169 Athletics East	S	37.11 (13)	1:54.47 (17)	3:12.98 (18)	4:33.07 (18)	5:52.74 (17)	7:11.70 (15)	8:30.29 (13)	9:40.68 (10)
	L		1:17.36	1:18.51	1:20.09	1:19.67	1:18.96	1:18.59	1:10.39
Gregory, Mark 963 Athletics East	S	38.14 (19)	1:54.94 (19)	3:13.29 (19)	4:32.83 (16)	5:52.52 (16)	7:11.50 (14)	8:30.02 (11)	9:43.10 (11)
	L		1:16.80	1:18.35	1:19.54	1:19.69	1:18.98	1:18.52	1:13.08
Healy, James 5826 Sydney University At	S	36.75 (12)	1:52.84 (12)	3:10.14 (15)	4:29.26 (15)	5:48.50 (12)	7:07.88 (9)	8:27.03 (9)	9:44.74 (12)
	L		1:16.09	1:17.30	1:19.12	1:19.24	1:19.38	1:19.15	1:17.71
Sink, Christopher 1529 Kembla Joggers Inc.	S	35.24 (6)	1:50.84 (7)	3:09.53 (11)	4:29.07 (14)	5:49.23 (14)	7:10.30 (13)	8:31.36 (16)	9:45.43 (13)
	L		1:15.60	1:18.69	1:19.54	1:20.16	1:21.07	1:21.06	1:14.07
Boglioni Beauli, Guill 5866 Sydney University At	S	36.25 (10)	1:52.19 (10)	3:09.24 (8)	4:27.42 (9)	5:45.63 (7)	7:05.85 (7)	8:27.36 (10)	9:46.78 (14)
	L		1:15.94	1:17.05	1:18.18	1:18.21	1:20.22	1:21.51	1:19.42
Torley, Samuel 1435 Kembla Joggers Inc.	S	37.74 (17)	1:53.87 (14)	3:09.87 (14)	4:26.44 (5)	5:46.42 (9)	7:08.23 (10)	8:30.06 (12)	9:49.98 (15)
	L		1:16.13	1:16.00	1:16.57	1:19.98	1:21.81	1:21.83	1:19.92
Lott, Stephen 1591 Newcastle Flyers Ru	S	38.06 (18)	1:54.64 (18)	3:12.68 (17)	4:33.02 (17)	5:52.87 (18)	7:11.87 (16)	8:30.78 (14)	9:52.53 (16)
	L		1:16.58	1:18.04	1:20.34	1:19.85	1:19.00	1:18.91	1:21.75
Dale, Thomas 47201 Unattached	S	33.56 (1)	1:49.42 (1)	3:08.81 (6)	4:28.80 (12)	5:50.99 (15)	7:15.23 (18)	8:37.73 (17)	9:57.05 (17)
	L		1:15.86	1:19.39	1:19.99	1:22.19	1:24.24	1:22.50	1:19.32
Henderson-Walls, Nat 41642 Kembla Joggers Inc.	S	34.52 (2)	1:49.80 (3)	3:09.13 (7)	4:28.50 (11)	5:49.19 (13)	7:14.90 (17)	8:43.65 (18)	10:05.79 (18)
	L		1:15.28	1:19.33	1:19.37	1:20.69	1:25.71	1:28.75	1:22.14
Bateman, Keith 2410 Sydney Striders Roa	S	37.65 (16)	1:54.30 (16)	3:12.50 (16)	4:34.21 (20)	5:56.76 (19)	7:21.87 (19)	8:46.90 (19)	10:06.28 (19)
	L		1:16.65	1:18.20	1:21.71	1:22.55	1:25.11	1:25.03	1:19.38
Fink, Brendan 331 Nick's Run Club	S	38.15 (20)	1:55.32 (20)	3:13.53 (20)	4:33.77 (19)				DNF
	L		1:17.17	1:18.21	1:20.24				
Cooper, William 12770 Trinity Athletics Club	S								DNS
	L								

