

Women 3000 Metre Championship

SOPAC

Saturday, November 9, 2019



Splits and lap times report

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Campbell, Paige 7 Sydney University	S	36.53 (7)	1:53.53 (7)	3:08.79 (7)	4:24.13 (5)	5:38.93 (3)	6:53.06 (1)	8:04.88 (1)	9:15.49 (1)
	L		1:17.00	1:15.26	1:15.34	1:14.80	1:14.13	1:11.82	1:10.61
Winkcup, Georgia 678 U.T.S Northern Subur	S	35.90 (2)	1:52.86 (2)	3:08.10 (2)	4:23.53 (1)	5:38.67 (1)	6:53.51 (2)	8:06.88 (3)	9:19.72 (2)
	L		1:16.96	1:15.24	1:15.43	1:15.14	1:14.84	1:13.37	1:12.84
Reid, Lauren 1613 Trt Running	S	37.25 (14)	1:54.29 (12)	3:09.39 (11)	4:24.27 (6)	5:39.07 (4)	6:53.61 (3)	8:06.71 (2)	9:21.21 (3)
	L		1:17.04	1:15.10	1:14.88	1:14.80	1:14.54	1:13.10	1:14.50
Marvin, Sarah 3428 Sydney University	S	36.86 (10)	1:53.94 (10)	3:09.03 (9)	4:24.51 (8)	5:39.93 (8)	6:56.03 (8)	8:12.58 (6)	9:25.01 (4)
	L		1:17.08	1:15.09	1:15.48	1:15.42	1:16.10	1:16.55	1:12.43
Nordberg, Abigail 13 RunCrew	S	36.23 (4)	1:53.15 (4)	3:08.46 (4)	4:23.91 (3)	5:39.24 (5)	6:54.54 (5)	8:11.69 (5)	9:25.62 (5)
	L		1:16.92	1:15.31	1:15.45	1:15.33	1:15.30	1:17.15	1:13.93
Eckel, Sarah 0 Unattached	S	36.09 (3)	1:53.01 (3)	3:08.25 (3)	4:23.66 (2)	5:38.81 (2)	6:53.72 (4)	8:10.09 (4)	9:26.10 (6)
	L		1:16.92	1:15.24	1:15.41	1:15.15	1:14.91	1:16.37	1:16.01
Martin, Belinda 19 Illawong Revesby Wo	S	36.33 (5)	1:53.39 (6)	3:08.72 (6)	4:24.38 (7)	5:39.71 (7)	6:55.69 (6)	8:13.92 (7)	9:30.72 (7)
	L		1:17.06	1:15.33	1:15.66	1:15.33	1:15.98	1:18.23	1:16.80
Spencer, Kate 1661 U.T.S Northern Subur	S	36.60 (8)	1:53.29 (5)	3:08.49 (5)	4:23.91 (4)	5:39.49 (6)	6:55.97 (7)	8:14.43 (8)	9:33.01 (8)
	L		1:16.69	1:15.20	1:15.42	1:15.58	1:16.48	1:18.46	1:18.58
Erbacher, Brielle 10018 Unattached	S	36.38 (6)	1:53.64 (8)	3:08.97 (8)	4:24.61 (9)	5:40.83 (9)	7:01.07 (9)	8:23.22 (9)	9:43.99 (9)
	L		1:17.26	1:15.33	1:15.64	1:16.22	1:20.24	1:22.15	1:20.77
Gardiner, Imogen 556 U.T.S Northern Subur	S	36.71 (9)	1:53.81 (9)	3:09.33 (10)	4:25.01 (10)	5:42.33 (10)	7:04.27 (10)	8:27.65 (10)	9:47.25 (10)
	L		1:17.10	1:15.52	1:15.68	1:17.32	1:21.94	1:23.38	1:19.60
Laman, Anna 3495 Sydney University	S	36.89 (11)	1:54.08 (11)	3:09.72 (12)	4:25.47 (11)	5:45.03 (11)	7:08.95 (11)	8:32.93 (11)	9:49.45 (11)
	L		1:17.19	1:15.64	1:15.75	1:19.56	1:23.92	1:23.98	1:16.52
Hogg, Nicola 1356 Sydney Striders Roa	S	37.11 (13)	1:54.50 (13)	3:10.14 (13)	4:27.87 (12)	5:49.03 (12)	7:12.05 (12)	8:34.89 (12)	9:50.67 (12)
	L		1:17.39	1:15.64	1:17.73	1:21.16	1:23.02	1:22.84	1:15.78
Miller, Eleanor 1316 Randwick Botany Ha	S	37.02 (12)	1:54.65 (14)	3:11.05 (14)	4:31.49 (13)	5:54.23 (13)	7:19.50 (13)	8:45.74 (13)	10:11.40 (13)
	L		1:17.63	1:16.40	1:20.44	1:22.74	1:25.27	1:26.24	1:25.66
Seccombe, Indie 0 Unattached	S	37.28 (15)	1:54.85 (15)	3:12.11 (15)	4:34.94 (14)	6:02.32 (14)	7:31.88 (14)	9:03.55 (14)	10:31.90 (14)
	L		1:17.57	1:17.26	1:22.83	1:27.38	1:29.56	1:31.67	1:28.35
Croft, Beth 3433 Sydney University	S	35.67 (1)	1:52.71 (1)	3:07.89 (1)					DNF
	L		1:17.04	1:15.18					

