

Women 5000 Metre 50-59

2020 Illawarra Track Classic

18/01/2020



Splits and lap times report

Name	200m	1000m	1800m	2600m	3400m	4200m	5000m
	600m	1400m	2200m	3000m	3800m	4600m	
Durston, Bev	58.71 (2)	5:17.91 (2) 2:10.16	9:42.08 (1) 2:11.52	14:04.85 (1) 2:11.17	18:25.32 (1) 2:10.76	22:41.01 (1) 2:06.56	26:47.61 (1) 2:00.56
1774 Mingara		3:07.75 (2) 2:09.04	7:30.56 (2) 2:12.65	11:53.68 (1) 2:11.60	16:14.56 (1) 2:09.71	20:34.45 (1) 2:09.13	24:47.05 (1) 2:06.04
Martin, Anthea	56.28 (1)	5:09.90 (1) 2:13.20	9:45.14 (2) 2:18.28	14:21.68 (2) 2:18.22	19:04.07 (2) 2:21.75	23:49.63 (2) 2:23.16	28:23.95 (2) 2:12.72
2486 Coffs Harbour Track		2:56.70 (1) 2:00.42	7:26.86 (1) 2:16.96	12:03.46 (2) 2:18.32	16:42.32 (2) 2:20.64	21:26.47 (2) 2:22.40	26:11.23 (2) 2:21.60