

Men 5000 Metre U20

2020 Country Championships, Dubbo

18/01/2020



Splits and lap times report

Name	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	3400m	3800m	4200m	4600m	5000m
	Edstein, Benjamin	36.81 (1)		3:10.55 (1)		5:58.22 (1)		9:00.40 (1)		12:10.06 (1)		15:28.80 (1)	
			1:17.25		1:25.11		1:32.99		1:36.77		1:40.61		1:31.20
490 Raymond Terrace		1:53.30 (1)		4:33.11 (1)		7:27.41 (1)		10:33.29 (1)		13:48.19 (1)		17:09.76 (1)	
		1:16.49		1:22.56		1:29.19		1:32.89		1:38.13		1:40.96	

