

# Illawarra Track Challenge - 11/01/2020

## Kerryn McCann Athletic Centre

### Final Timetable

#### Track

	<b>Event</b>	<b>Round</b>
4:15 PM	#1 Mixed 400 Metre Hurdles Open	Finals
4:30 PM	#2 Women 60 Metre Sprint NSW Championship <i>Sponsored by Kings Sports Store</i>	Finals
4:45 PM	#3 Men 60 Metre Sprint NSW Championship <i>Sponsored by Supporters Club Sponsorship</i>	Finals
5:05 PM	#4 Mixed 60 Metre Sprint Para	Finals
5:05 PM	#5 Women 60 Metre Sprint IBS 30-39 yrs	Finals
5:05 PM	#6 Women 60 Metre Sprint IBS 40-49 yrs	Finals
5:05 PM	#7 Women 60 Metre Sprint IBS 50-59 yrs	Finals
5:05 PM	#8 Women 60 Metre Sprint IBS 60+ yrs	Finals
5:10 PM	#9 Men 60 Metre Sprint IBS 30-39 yrs	Finals
5:10 PM	#10 Men 60 Metre Sprint IBS 40-49 yrs	Finals
5:10 PM	#11 Men 60 Metre Sprint IBS 50-59 yrs	Finals
5:10 PM	#12 Men 60 Metre Sprint IBS 60+ yrs	Finals
5:20 PM	#13 Women 100 Metre Sprint Open	Finals
5:35 PM	#14 Men 100 Metre Sprint Open	Finals
5:55 PM	#15 Mixed 100 Metre Sprint Para	Finals
6:05 PM	#16 Women 3000 Metre Run Open	Finals
6:25 PM	#17 Men 3000 Metre Run Open	Finals
6:50 PM	#18 Women 400 Metre Sprint Open	Finals
7:10 PM	#19 Men 400 Metre Sprint Open	Finals
7:30 PM	#20 Mixed 400 Metre Sprint Para	Finals
7:40 PM	#21 Men 1 Mile (B Race) NSW Championship	Finals
7:50 PM	#22 Jessica Hull Women 1 Mile (A Race) NSW Champi <i>Sponsored by Simon Hull Tiling</i>	Finals
8:00 PM	#23 Men 1 Mile (A Race) NSW Championship <i>Sponsored by Bing Lee Shellharbour</i>	Finals

#### Field

	<b>Event</b>	<b>Round</b>
5:00 PM	#24 Women Hammer Throw Division 1	Finals
5:00 PM	#25 Men Hammer Throw Division 1	Finals
5:00 PM	#26 Women Shot Put Division 2	Finals
5:00 PM	#27 Men Shot Put Division 2	Finals
6:00 PM	#28 Women Long Jump Division 2	Finals
6:00 PM	#29 Men Long Jump Division 2	Finals
6:00 PM	#30 Mixed Long Jump Para	Finals
6:00 PM	#31 Women Shot Put Division 1	Finals
6:00 PM	#32 Men Shot Put Division 1	Finals
7:00 PM	#33 Men Hammer Throw Division 2	Finals
7:00 PM	#34 Women Hammer Throw Division 2	Finals
7:00 PM	#35 Women Long Jump Division 1	Finals
7:00 PM	#36 Men Long Jump Division 1	Finals