

Men 3000 Metres U16 & U17

2020 NSW Juniors

21/02/2020



Splits and lap times report

Name	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Habler, Bailey 2225 RBH	S 5:25.36 (18)	6:41.95 (18)	7:56.06 (19)	9:04.64 (19)	35.95 (16)	1:51.24 (16)	3:09.79 (15)	4:30.34 (1)
	L	1:16.59	1:14.11	1:08.58	-508.69	1:15.29	1:18.55	1:20.55
Christian, Theo 37867 Trinity Athletics Club	S 34.09 (1)	1:43.95 (1)	2:53.90 (1)	4:04.23 (1)	5:15.30 (18)	6:28.33 (18)	7:39.36 (18)	8:49.62 (2)
	L	1:09.86	1:09.95	1:10.33	1:11.07	1:13.03	1:11.03	1:10.26
Meaker, Jonathan 1913 Trinity Athletics Club	S 34.87 (9)	1:48.83 (12)	3:04.74 (13)	4:28.13 (13)	5:56.41 (30)	7:25.58 (30)	8:55.30 (30)	10:15.31 (3)
	L	1:13.96	1:15.91	1:23.39	1:28.28	1:29.17	1:29.72	1:20.01
Williams, Adam 1553 Bankstown Sports S	S 5:26.30 (19)	6:42.15 (19)	7:55.02 (18)	8:59.26 (18)	35.33 (11)	1:49.48 (12)	3:06.07 (12)	4:25.74 (4)
	L	1:15.85	1:12.87	1:04.24	-503.93	1:14.15	1:16.59	1:19.67
Liddell, Samuel 41696 Mingara	S 34.60 (5)	1:47.15 (6)	3:00.23 (5)	4:13.86 (5)	5:27.81 (21)	6:42.40 (20)	7:57.02 (20)	9:07.04 (5)
	L	1:12.55	1:13.08	1:13.63	1:13.95	1:14.59	1:14.62	1:10.02
Hart, Hamish 2457 Knox Grammar Scho	S 34.52 (3)	1:44.45 (2)	2:54.72 (2)	4:04.76 (2)	5:21.42 (19)	6:39.01 (19)	7:55.97 (19)	9:10.00 (6)
	L	1:09.93	1:10.27	1:10.04	1:16.66	1:17.59	1:16.96	1:14.03
Leon, Jacob 39103 Ryde Centre	S 35.36 (12)	1:44.74 (3)	2:55.58 (3)	4:10.17 (4)	5:27.72 (20)	6:46.85 (22)	8:05.22 (22)	9:15.91 (7)
	L	1:09.38	1:10.84	1:14.59	1:17.55	1:19.13	1:18.37	1:10.69
Hamilton, Thomas 0 Bankstown Sports S	S 5:39.68 (27)	7:04.18 (27)	8:30.15 (27)	9:46.20 (28)	35.47 (13)	1:47.86 (9)	3:02.03 (10)	4:18.55 (8)
	L	1:24.50	1:25.97	1:16.05	-550.73	1:12.39	1:14.17	1:16.52
Campbell, Logan 1261 Sydney Athletics Aca	S 34.96 (10)	1:47.76 (9)	3:01.69 (9)	4:16.84 (9)	5:33.20 (23)	6:49.49 (23)	8:05.60 (23)	9:17.00 (9)
	L	1:12.80	1:13.93	1:15.15	1:16.36	1:16.29	1:16.11	1:11.40
Reungskitchaya, Caleb 37088 POS	S 35.68 (14)	1:48.46 (10)	3:01.07 (8)	4:14.32 (6)	5:29.33 (22)	6:45.44 (21)	8:03.39 (21)	9:17.95 (10)
	L	1:12.78	1:12.61	1:13.25	1:15.01	1:16.11	1:17.95	1:14.56
Magner, Simon 0 U.T.S Northern Subur	S 5:58.48 (32)	7:22.01 (32)	8:46.46 (32)	10:06.24 (32)	35.52 (14)	1:48.22 (10)	3:02.55 (11)	4:19.69 (11)
	L	1:23.53	1:24.45	1:19.78	-570.72	1:12.70	1:14.33	1:17.14
Felice, Brendan 37859 Illawong Revesby Wo	S 5:58.97 (33)	7:24.81 (33)	8:55.02 (33)	10:18.93 (33)	34.23 (1)	1:44.23 (2)	2:54.49 (2)	4:07.89 (12)
	L	1:25.84	1:30.21	1:23.91	-584.70	1:10.00	1:10.26	1:13.40
Thomas, Ben 2232 RBH	S 5:31.68 (22)	6:49.80 (22)	8:08.86 (22)	9:20.27 (22)	34.67 (4)	1:45.58 (4)	2:57.80 (4)	4:13.08 (13)
	L	1:18.12	1:19.06	1:11.41	-525.60	1:10.91	1:12.22	1:15.28
Gorman, Cameron 39397 U.T.S Northern Subur	S 34.79 (7)	1:47.35 (8)	3:00.56 (6)	4:15.33 (7)	5:33.51 (24)	6:51.36 (24)	8:10.45 (24)	9:20.98 (14)
	L	1:12.56	1:13.21	1:14.77	1:18.18	1:17.85	1:19.09	1:10.53
Lemon, James 18254 Act Athletics	S 5:52.27 (31)	7:15.22 (31)	8:36.96 (31)	9:49.03 (29)	36.07 (17)	1:53.46 (17)	3:12.15 (17)	4:34.79 (15)
	L	1:22.95	1:21.74	1:12.07	-552.96	1:17.39	1:18.69	1:22.64
Russell, Max 304 RBH	S 5:29.59 (20)	6:45.72 (20)	8:03.68 (20)	9:18.97 (21)	34.80 (5)	1:45.32 (3)	2:57.56 (3)	4:13.69 (16)
	L	1:16.13	1:17.96	1:15.29	-524.17	1:10.52	1:12.24	1:16.13
Ribeiro, Tiago 0 RunCrew	S 5:35.93 (24)	6:53.60 (24)	8:13.35 (24)	9:26.45 (24)	35.67 (15)	1:51.17 (15)	3:09.97 (16)	4:34.06 (17)
	L	1:17.67	1:19.75	1:13.10	-530.78	1:15.50	1:18.80	1:24.09
Brien, Keelan 45982 Independent Athlete	S 5:32.08 (23)	6:50.42 (23)	8:09.79 (23)	9:26.01 (23)	34.84 (6)	1:46.95 (6)	2:58.87 (5)	4:13.49 (18)
	L	1:18.34	1:19.37	1:16.22	-531.17	1:12.11	1:11.92	1:14.62
Morgan, Leo 1985 RBH	S 5:38.33 (26)	7:01.64 (26)	8:21.97 (25)	9:40.10 (25)	34.91 (7)	1:47.40 (7)	2:59.98 (7)	4:14.83 (19)
	L	1:23.31	1:20.33	1:18.13	-545.19	1:12.49	1:12.58	1:14.85
Offord, Joel 764 KEJ	S 5:36.24 (25)	6:58.53 (25)	8:22.52 (26)	9:41.12 (26)	35.38 (12)	1:48.30 (11)	3:01.92 (9)	4:17.65 (20)
	L	1:22.29	1:23.99	1:18.60	-545.74	1:12.92	1:13.62	1:15.73
Hanna, Ashton 38982 Ryde Centre	S 35.34 (11)	1:52.43 (16)	3:09.14 (14)	4:29.40 (14)	5:50.66 (28)	7:11.25 (28)	8:32.34 (26)	9:47.08 (21)
	L	1:17.09	1:16.71	1:20.26	1:21.26	1:20.59	1:21.09	1:14.74
Starr, Ryan 36757 Blue Mountains	S 35.90 (16)	1:52.06 (15)	3:09.66 (15)	4:30.06 (15)	5:52.32 (29)	7:15.08 (29)	8:36.93 (29)	9:48.10 (22)
	L	1:16.16	1:17.60	1:20.40	1:22.26	1:22.76	1:21.85	1:11.17
Cantlon, Joseph 44815 Trinity Athletics Club	S 5:47.32 (29)	7:10.04 (29)	8:33.90 (29)	9:52.33 (30)	34.54 (3)	1:49.72 (13)	3:06.28 (13)	4:26.00 (23)
	L	1:22.72	1:23.86	1:18.43	-557.79	1:15.18	1:16.56	1:19.72



Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Osland, Charlie 41260 Tamworth	S	34.65 (6)	1:46.38 (5)	3:01.77 (10)	4:22.49 (11)	5:46.65 (26)	7:10.58 (26)	8:35.56 (28)	9:50.42 (24)
	L		1:11.73	1:15.39	1:20.72	1:24.16	1:23.93	1:24.98	1:14.86
marendy, timothy 39793 Westfields	S	34.58 (4)	1:47.34 (7)	3:00.60 (7)	4:16.14 (8)	34.32 (2)	1:43.70 (1)	2:53.68 (1)	4:03.98 (25)
	L		1:12.76	1:13.26	1:15.54	-221.82	1:09.38	1:09.98	1:10.30
Palethorpe, William 1473 EPP	S	35.70 (15)	1:49.37 (13)	3:03.90 (12)	4:24.60 (12)	5:47.69 (27)	7:10.79 (27)	8:34.41 (27)	9:52.55 (26)
	L		1:13.67	1:14.53	1:20.70	1:23.09	1:23.10	1:23.62	1:18.14
Solomon, Joel 831 Sydney Athletics Aca	S	5:15.08 (17)	6:28.09 (17)	7:38.87 (17)	8:46.68 (17)	35.05 (8)	1:46.70 (5)	2:59.55 (6)	4:14.62 (27)
	L		1:13.01	1:10.78	1:07.81	-491.63	1:11.65	1:12.85	1:15.07
Fraser, Ziggy 36701 Blue Mountains	S	5:47.49 (30)	7:10.28 (30)	8:34.14 (30)	9:54.16 (31)	35.20 (10)	1:47.61 (8)	3:01.43 (8)	4:16.53 (28)
	L		1:22.79	1:23.86	1:20.02	-558.96	1:12.41	1:13.82	1:15.10
Gillespie, Hugh 40189 HIL	S	34.85 (8)	1:48.68 (11)	3:02.86 (11)	4:19.96 (10)	5:38.55 (25)	6:56.57 (25)	8:13.18 (25)	9:20.90 (29)
	L		1:13.83	1:14.18	1:17.10	1:18.59	1:18.02	1:16.61	1:07.72
Jones, Adrian 44024 Up Coaching	S	35.44 (13)	1:51.10 (14)	3:10.13 (16)	4:35.46 (16)	6:00.92 (31)	7:30.82 (31)	8:57.73 (31)	10:17.01 (30)
	L		1:15.66	1:19.03	1:25.33	1:25.46	1:29.90	1:26.91	1:19.28
Napier, Benjamin 2275 Camden	S	5:29.63 (21)	6:46.60 (21)	8:04.87 (21)	9:16.64 (20)	35.16 (9)	1:50.18 (14)	3:06.66 (14)	4:25.58 (31)
	L		1:16.97	1:18.27	1:11.77	-521.48	1:15.02	1:16.48	1:18.92
Scott, Gabriel 2874 Mingara	S	34.41 (2)	1:45.08 (4)	2:55.87 (4)	4:09.86 (3)				DNF
	L		1:10.67	1:10.79	1:13.99				
Laycock, Andrew 43956 Balmain	S	5:46.44 (28)	7:08.89 (28)	8:31.13 (28)	9:44.99 (27)				DNF
	L		1:22.45	1:22.24	1:13.86				