

# Mixed 3000 Metres U15

2020 NSW Juniors

23/02/2020



## Splits and lap times report

Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
Stewart, Kobe 0 Illawong Revesby Wo	S	35.08 (14)	1:48.46 (5)	3:04.15 (5)	4:22.72 (5)	5:43.18 (5)	7:03.00 (4)	8:16.02 (1)	9:24.47 (1)
	L		1:13.38	1:15.69	1:18.57	1:20.46	1:19.82	1:13.02	1:08.45
White, Oliver 39288 Sydney Athletics Aca	S	33.79 (4)	1:48.20 (4)	3:03.89 (4)	4:22.21 (3)	5:42.78 (3)	7:02.48 (2)	8:16.84 (2)	9:32.56 (2)
	L		1:14.41	1:15.69	1:18.32	1:20.57	1:19.70	1:14.36	1:15.72
Gillard, Luca 35104 Trinity Athletics Club	S	33.32 (2)	1:47.57 (2)	3:03.30 (2)	4:22.13 (2)	5:42.50 (2)	7:02.72 (3)	8:19.68 (3)	9:33.49 (3)
	L		1:14.25	1:15.73	1:18.83	1:20.37	1:20.22	1:16.96	1:13.81
Low, Jesiah 38202 SUT	S	33.08 (1)	1:47.32 (1)	3:03.06 (1)	4:20.58 (1)	5:40.45 (1)	7:01.80 (1)	8:19.84 (4)	9:36.19 (4)
	L		1:14.24	1:15.74	1:17.52	1:19.87	1:21.35	1:18.04	1:16.35
Halleen, Harry 35145 Balmain	S	33.58 (3)	1:47.83 (3)	3:03.58 (3)	4:22.40 (4)	5:43.00 (4)	7:03.62 (5)	8:25.42 (6)	9:43.10 (5)
	L		1:14.25	1:15.75	1:18.82	1:20.60	1:20.62	1:21.80	1:17.68
Magner, Jacob 0 U.T.S Northern Subur	S	34.11 (5)	1:48.78 (6)	3:05.00 (6)	4:23.87 (6)	5:44.21 (6)	7:04.15 (6)	8:24.96 (5)	9:43.24 (6)
	L		1:14.67	1:16.22	1:18.87	1:20.34	1:19.94	1:20.81	1:18.28
Mulvihill, Billy 40138 Sydney Athletics Aca	S	34.57 (9)	1:49.72 (7)	3:07.97 (7)	4:27.45 (7)	5:48.05 (7)	7:08.33 (7)	8:29.52 (7)	9:47.09 (7)
	L		1:15.15	1:18.25	1:19.48	1:20.60	1:20.28	1:21.19	1:17.57
Christian, Alex 37866 Illawong Revesby Wo	S	35.68 (20)	1:53.38 (9)	3:18.15 (8)	4:42.24 (8)	6:06.63 (8)	7:31.50 (8)	8:56.23 (8)	10:17.61 (8)
	L		1:17.70	1:24.77	1:24.09	1:24.39	1:24.87	1:24.73	1:21.38
Baker, Sarah 38666 U.T.S Northern Subur	S	34.31 (7)	1:53.14 (8)	3:18.46 (9)	4:42.94 (9)	6:09.72 (9)	7:37.87 (9)	9:04.15 (9)	10:26.04 (9)
	L		1:18.83	1:25.32	1:24.48	1:26.78	1:28.15	1:26.28	1:21.89
Walker, Chloe 35083 Balmain	S	36.03 (21)	1:59.22 (19)	3:27.14 (17)	4:54.29 (14)	6:20.30 (15)	7:45.27 (12)	9:10.73 (11)	10:27.82 (10)
	L		1:23.19	1:27.92	1:27.15	1:26.01	1:24.97	1:25.46	1:17.09
Solomon, Rebecca 39394 Sydney Athletics Aca	S	36.07 (22)	1:59.74 (22)	3:27.41 (18)	4:54.32 (15)	6:20.13 (14)	7:45.13 (11)	9:10.95 (12)	10:28.23 (11)
	L		1:23.67	1:27.67	1:26.91	1:25.81	1:25.00	1:25.82	1:17.28
Adams, Lauren 36422 Glenbrook	S	34.27 (6)	1:53.43 (10)	3:18.70 (10)	4:44.75 (10)	6:12.62 (10)	7:41.16 (10)	9:10.36 (10)	10:38.30 (12)
	L		1:19.16	1:25.27	1:26.05	1:27.87	1:28.54	1:29.20	1:27.94
Francis, Lucie 40633 Winston Hills	S	34.92 (13)	1:54.35 (11)	3:19.93 (11)	4:48.70 (11)	6:18.98 (12)	7:46.74 (13)	9:18.21 (13)	10:42.70 (13)
	L		1:19.43	1:25.58	1:28.77	1:30.28	1:27.76	1:31.47	1:24.49
Lambert, Aspen 352821 Trinity Athletics Club	S	36.10 (23)	1:59.39 (20)	3:27.44 (19)	4:54.67 (16)	6:21.18 (16)	7:50.36 (15)	9:21.52 (14)	10:43.86 (14)
	L		1:23.29	1:28.05	1:27.23	1:26.51	1:29.18	1:31.16	1:22.34
Burke, Alexander 36181 RBH	S	35.68 (19)	1:56.66 (15)	3:22.76 (13)	4:49.00 (12)	6:18.92 (11)	7:50.14 (14)	9:22.14 (15)	10:49.22 (15)
	L		1:20.98	1:26.10	1:26.24	1:29.92	1:31.22	1:32.00	1:27.08
Fry, Ruby 2167 RBH	S	35.34 (16)	1:56.98 (17)	3:26.40 (15)	4:54.79 (17)	6:24.18 (18)	7:54.71 (18)	9:25.78 (16)	10:50.70 (16)
	L		1:21.64	1:29.42	1:28.39	1:29.39	1:30.53	1:31.07	1:24.92
Schultz, Sophie 40129 U.T.S Northern Subur	S	35.08 (15)	1:54.73 (12)	3:20.50 (12)	4:49.65 (13)	6:19.57 (13)	7:52.85 (16)	9:28.37 (18)	10:52.12 (17)
	L		1:19.65	1:25.77	1:29.15	1:29.92	1:33.28	1:35.52	1:23.75
Wright-Smith, Maisy 36290 Asics Wests Track a	S	37.07 (24)	2:00.10 (23)	3:27.79 (20)	4:55.04 (18)	6:21.50 (17)	7:53.16 (17)	9:27.76 (17)	10:52.13 (18)
	L		1:23.03	1:27.69	1:27.25	1:26.46	1:31.66	1:34.60	1:24.37
Phillips, Georgia 38974 Ryde Centre	S	34.60 (10)	1:55.94 (13)	3:25.59 (14)	4:55.24 (19)	6:29.62 (19)	8:04.47 (19)	9:37.26 (19)	11:03.52 (19)
	L		1:21.34	1:29.65	1:29.65	1:34.38	1:34.85	1:32.79	1:26.26
Fung, Erin 36112 South Sydney Senior	S	34.84 (12)	1:59.59 (21)	3:30.52 (22)	5:05.85 (22)	6:42.21 (21)	8:16.98 (21)	9:53.70 (21)	11:15.24 (20)
	L		1:24.75	1:30.93	1:35.33	1:36.36	1:34.77	1:36.72	1:21.54
Carolan, Celeste 2524 KEJ	S	37.49 (26)	2:04.16 (25)	3:36.33 (25)	5:09.34 (25)	6:42.40 (22)	8:16.46 (20)	9:49.48 (20)	11:15.52 (21)
	L		1:26.67	1:32.17	1:33.01	1:33.06	1:34.06	1:33.02	1:26.04
Parzakonis, Gregory 39749 Bankstown Sports S	S	35.42 (17)	1:58.77 (18)	3:31.86 (23)	5:07.51 (23)	6:44.39 (24)	8:21.89 (23)	9:59.94 (23)	11:21.89 (22)
	L		1:23.35	1:33.09	1:35.65	1:36.88	1:37.50	1:38.05	1:21.95
Westwood, Matthew 41916 Camden	S	34.75 (11)	1:56.88 (16)	3:26.96 (16)	4:58.47 (20)	6:36.58 (20)	8:17.34 (22)	9:56.57 (22)	11:29.16 (23)
	L		1:22.13	1:30.08	1:31.51	1:38.11	1:40.76	1:39.23	1:32.59



Name		200m	600m	1000m	1400m	1800m	2200m	2600m	3000m
<b>Christou, Nicola</b>	<b>S</b>	<b>37.36</b> (25)	<b>2:05.58</b> (26)	<b>3:38.78</b> (26)	<b>5:14.44</b> (26)	<b>6:49.85</b> (26)	<b>8:26.23</b> (25)	<b>10:00.94</b> (24)	<b>11:32.91</b> (24)
43001 Asics Wests Track a	<b>L</b>		1:28.22	1:33.20	1:35.66	1:35.41	1:36.38	1:34.71	1:31.97
<b>Alderson, Sienna</b>	<b>S</b>	<b>35.58</b> (18)	<b>2:00.59</b> (24)	<b>3:33.08</b> (24)	<b>5:09.03</b> (24)	<b>6:48.13</b> (25)	<b>8:28.78</b> (26)	<b>10:09.38</b> (27)	<b>11:38.53</b> (25)
38281 SUT	<b>L</b>		1:25.01	1:32.49	1:35.95	1:39.10	1:40.65	1:40.60	1:29.15
<b>Gorman, Olivia</b>	<b>S</b>	<b>39.70</b> (27)	<b>2:11.52</b> (27)	<b>3:48.20</b> (27)	<b>5:24.81</b> (27)	<b>7:00.72</b> (27)	<b>8:36.00</b> (27)	<b>10:09.03</b> (26)	<b>11:39.59</b> (26)
39398 U.T.S Northern Subur	<b>L</b>		1:31.82	1:36.68	1:36.61	1:35.91	1:35.28	1:33.03	1:30.56
<b>Murnane, Ella</b>	<b>S</b>	<b>34.42</b> (8)	<b>1:56.48</b> (14)	<b>3:27.92</b> (21)	<b>5:03.00</b> (21)	<b>6:42.71</b> (23)	<b>8:24.70</b> (24)	<b>10:07.70</b> (25)	<b>11:41.48</b> (27)
0 Mudgee	<b>L</b>		1:22.06	1:31.44	1:35.08	1:39.71	1:41.99	1:43.00	1:33.78

