

**NSW 2021 3000m Championships - 13/11/2021**  
**SOPAC Warm-Up Track**  
**Session Report**

Session: 1 Track and Field  
Day 1 - Saturday 13/11/2021 - Starts at 02:00 PM

<b>Event</b>	<b>Round</b>
1:30 PM #1 Women High Jump Open Flight 1	Finals
1:30 PM #2 Men High Jump Open Flight 1	Finals
1:30 PM #3 Women High Jump Open Flight 2	Finals
1:30 PM #4 Men High Jump Open Flight 2	Finals
1:30 PM #5 Men 110 Meter Hurdles 99.1cm	Finals
1:30 PM #6 Men 110 Meter Hurdles 91.4cm	Finals
1:42 PM #7 Men 100 Meter Hurdles 84cm	Finals
1:50 PM #8 Women 100 Meter Hurdles 84cm	Finals
1:50 PM #9 Women 100 Meter Hurdles 76.2cm	Finals
1:58 PM #10 Women 90 Meter Hurdles 76.2cm	Finals
2:04 PM #11 Men 90 Meter Hurdles 76.2cm	Finals
2:16 PM #12 Women 80 Meter Hurdles 76.2cm	Finals
2:36 PM #13 Women 400 Meter Sprint Open	Finals
3:00 PM #14 Men 400 Meter Sprint Open	Finals
3:30 PM #15 Women Triple Jump Open Flight 2	Finals
3:30 PM #16 Men Triple Jump Open Flight 2	Finals
3:35 PM #17 Women 3000 Meter Race Walk Open	Finals
3:35 PM #18 Men 3000 Meter Race Walk Open	Finals
4:00 PM #19 Mixed 3000 Meter Run Community C	Finals
4:23 PM #20 Mixed 3000 Meter Run Community B	Finals
4:30 PM #21 Women Triple Jump Open Flight 1	Finals
4:30 PM #22 Men Triple Jump Open Flight 1	Finals
4:39 PM #23 Mixed 3000 Meter Run Community A	Finals
5:05 PM #24 Men 3000 Meter Run N Race	Finals
5:25 PM #25 Men 3000 Meter Run M Race	Finals
5:40 PM #26 Men 3000 Meter Run L Race	Finals
5:55 PM #27 Men 3000 Meter Run K Race	Finals
6:09 PM #28 Men 3000 Meter Run J Race	Finals
6:23 PM #29 Men 3000 Meter Run H Race	Finals
6:36 PM #30 Women 3000 Meter Run G Race	Finals
6:52 PM #31 Men 3000 Meter Run G Race	Finals
7:07 PM #32 Women 3000 Meter Run F Race	Finals
7:22 PM #33 Men 3000 Meter Run F Race	Finals
7:35 PM #34 Women 3000 Meter Run E Race	Finals
7:50 PM #35 Men 3000 Meter Run E Race	Finals
8:02 PM #36 Women 3000 Meter Run D Race	Finals
8:16 PM #37 Men 3000 Meter Run D Race	Finals
8:27 PM #38 Women 3000 Meter Run C Race	Finals
8:40 PM #39 Men 3000 Meter Run C Race	Finals
8:51 PM #40 Women 3000 Meter Run B Race	Finals
9:03 PM #41 Men 3000 Meter Run B Race	Finals
9:15 PM #42 Women 3000 Meter Run Championship	Finals
9:30 PM #43 Men 3000 Meter Run Championship	Finals