

FINAL Timetable

1:15 PM	#1	Men 110 Metre Hurdles 99.1cm Open
1:22 PM	#2	Men 110 Metre Hurdles 91.4cm Under 18
1:30 PM	#3	Men 100 Metre Hurdles 91.4cm Masters 50+
1:37 PM	#4	Men 100 Metre Hurdles 84cm Under 18
1:44 PM	#5	Women 100 Metre Hurdles 84cm Open
1:51 PM	#6	Women 100 Metre Hurdles 76cm Under 18
1:58 PM	#7	Boys 90 Metre Hurdles 76.2cm Under 14
2:01 PM	#8	Women 90 Metre Hurdles 76.2cm Under 18
2:09 PM	#9	Women 80 Metre Hurdles 76.2cm Under 14
2:09 PM	#10	Women 80 Metre Hurdles 76.2cm Masters 50+
2:25 PM	#11	Women 60 Metre Open
2:32 PM	#12	Women 60 Metre Under 14
2:37 PM	#13	Women 60 Metre Under 18
2:45 PM	#14	Women 60 Metre Masters 35-49
2:45 PM	#15	Women 60 Metre Masters 50+
2:50 PM	#16	Men 60 Metre Open
3:00 PM	#17	Men 60 Metre Under 14
3:05 PM	#18	Men 60 Metre Under 18
3:17 PM	#19	Men 60 Metre Masters 35-49
3:20 PM	#20	Men 60 Metre Masters 50+
3:35 PM	#21	Women 200 Metre Open
3:42 PM	#22	Women 200 Metre Under 14
3:49 PM	#23	Women 200 Metre Under 18
3:57 PM	#24	Women 200 Metre Masters 35-49
3:57 PM	#25	Women 200 Metre Masters 50+
4:02 PM	#26	Men 200 Metre Open
4:13 PM	#27	Men 200 Metre Under 14
4:18 PM	#28	Men 200 Metre Under 18
4:32 PM	#29	Men 200 Metre Masters 35-49

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4:35 PM	#30	Men 200 Metre Masters 50+
4:38 PM	#31	Women 200 Metre Open Para
4:38 PM	#32	Men 200 Metre Open Para
4:50 PM	#33	Women 4x100 Metre Relay Open
4:50 PM	#34	Women 4x100 Metre Relay Under 14
4:50 PM	#35	Women 4x100 Metre Relay Under 18
4:50 PM	#36	Women 4x100 Metre Relay Masters 35-49
4:50 PM	#37	Women 4x100 Metre Relay Masters 50+
4:50 PM	#38	Men 4x100 Metre Relay Open
4:50 PM	#39	Men 4x100 Metre Relay Under 14
4:50 PM	#40	Men 4x100 Metre Relay Under 18
4:50 PM	#41	Men 4x100 Metre Relay Masters 35-49
4:50 PM	#42	Men 4x100 Metre Relay Masters 50+
5:05 PM	#43	Women 1500 Metre Open
5:12 PM	#44	Women 1500 Metre Under 14
5:19 PM	#45	Women 1500 Metre Under 18
5:26 PM	#46	Women 1500 Metre Masters 35-49
5:26 PM	#47	Women 1500 Metre Masters 50+
5:35 PM	#48	Men 1500 Metre Open
5:48 PM	#49	Men 1500 Metre Under 14
5:55 PM	#50	Men 1500 Metre Under 18
6:02 PM	#51	Men 1500 Metre Masters 35-49
6:02 PM	#52	Men 1500 Metre Masters 50+
6:02 PM	#53	Men 1500 Metre Open Para
6:30 PM	#55	Women 10000 Metre 10,000m Championship
7:20 PM	#56	Men 10000 Metre 10,000m Championship

DISCUS

13:00	Discus	Open 35+,50+, Para
14:10	Discus	U14,U18 Women
15:35	Discus >40m	All
16:40	Discus	Male

SHOTPUT

13:15	Shot Put	>11m
14:45	Shot put	Male
16:20	Shot Put	Female

TRIPLE JUMP

13:45	Triple Jump	11/13 m Board
15:05	Triple Jump	7m Board
16:25	Triple Jump	9m Board