

**2023 NSW Country Championships - 20/01/2023 to 22/01/2023****Dubbo Athletics Centre****Session Report**

Session: 1 Friday Track

Day 1 - Friday 20/01/2023 - Starts at 01:00 PM

<b>Event</b>	<b>Round</b>
2:40 PM #1 Women 200 Metre Under 12	Prelims
2:46 PM #2 Men 200 Metre Under 11	Prelims
2:52 PM #3 Men 200 Metre Under 12	Prelims
2:58 PM #4 Women 200 Metre Under 13	Prelims
3:04 PM #5 Women 200 Metre Under 14	Prelims
3:10 PM #6 Women 200 Metre Under 15	Prelims
3:16 PM #7 Men 200 Metre Under 15	Prelims
3:22 PM #8 Women 200 Metre Under 16	Prelims
3:28 PM #9 Women 200 Metre Under 17	Prelims
3:34 PM #10 Men 200 Metre Under 17	Prelims
3:37 PM #11 Men 200 Metre Under 20	Prelims
3:40 PM #12 Women 200 Metre Open	Prelims
3:50 PM #13 Men 200 Metre Open	Prelims
4:15 PM #14 Women 200 Metre Under 10	Finals
4:18 PM #15 Women 200 Metre Under 11	Finals
4:21 PM #16 Men 200 Metre Under 10	Finals
4:24 PM #17 Women 200 Metre Under 13	Finals
4:27 PM #18 Men 200 Metre Under 13	Finals
4:30 PM #19 Women 200 Metre Under 14	Finals
4:33 PM #20 Men 200 Metre Under 14	Finals
4:36 PM #21 Women 200 Metre Under 15	Finals
4:39 PM #22 Men 200 Metre Under 15	Finals
4:41 PM #23 Women 200 Metre Under 16	Finals
4:44 PM #24 Men 200 Metre Under 16	Finals
4:47 PM #25 Women 200 Metre Under 12	Finals
4:50 PM #26 Men 200 Metre Under 11	Finals
4:53 PM #27 Men 200 Metre Under 12	Finals
4:57 PM #28 Women 200 Metre Under 17	Finals
5:00 PM #29 Men 200 Metre Under 17	Finals
5:03 PM #30 Women 200 Metre Under 18	Finals
5:06 PM #31 Men 200 Metre Under 18	Finals
5:08 PM #32 Women 200 Metre Under 20	Finals
5:11 PM #33 Men 200 Metre Under 20	Finals
5:13 PM #34 Women 200 Metre Open	Finals
5:16 PM #35 Men 200 Metre Open	Finals
5:19 PM #36 Women 200 Metre 30-39	Finals
5:21 PM #37 Women 200 Metre 40-49	Finals
5:24 PM #38 Women 200 Metre 50-59	Finals
5:27 PM #39 Women 200 Metre 60-69	Finals
5:27 PM #40 Women 200 Metre 70+	Finals
5:30 PM #41 Men 200 Metre 30-39	Finals
5:33 PM #42 Men 200 Metre 40-49	Finals
5:36 PM #43 Men 200 Metre 50-59	Finals
5:36 PM #44 Men 200 Metre 60-69	Finals
5:36 PM #45 Men 200 Metre 70+	Finals
5:39 PM #46 Women 200 Metre Para	Finals
5:39 PM #46 Men 200 Metre Para	Finals

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<b>Event</b>	<b>Round</b>
5:50 PM #47 Women 800 Metre Under 10	Finals
5:50 PM #48 Women 800 Metre Under 11	Finals
5:55 PM #49 Women 800 Metre Under 12	Finals
6:00 PM #50 Men 800 Metre Under 10	Finals
6:00 PM #51 Men 800 Metre Under 11	Finals
6:05 PM #52 Men 800 Metre Under 12	Finals
6:10 PM #53 Women 800 Metre Under 13	Finals
6:15 PM #54 Men 800 Metre Under 13	Finals
6:20 PM #55 Women 800 Metre Under 14	Finals
6:25 PM #56 Men 800 Metre Under 14	Finals
6:30 PM #57 Women 800 Metre Under 15	Finals
6:35 PM #58 Men 800 Metre Under 15	Finals
6:40 PM #59 Women 800 Metre Under 16	Finals
6:40 PM #60 Women 800 Metre Under 17	Finals
6:45 PM #61 Men 800 Metre Under 16	Finals
6:50 PM #62 Women 800 Metre Under 18	Finals
6:50 PM #63 Women 800 Metre Under 20	Finals
6:55 PM #64 Men 800 Metre Under 17	Finals
6:55 PM #65 Men 800 Metre Under 18	Finals
7:00 PM #66 Men 800 Metre Under 20	Finals
7:05 PM #67 Women 800 Metre Open	Finals
7:10 PM #68 Men 800 Metre Open	Finals
7:15 PM #69 Women 800 Metre 30-39	Finals
7:15 PM #70 Women 800 Metre 40-49	Finals
7:20 PM #71 Women 800 Metre 50-59	Finals
7:20 PM #72 Women 800 Metre 60-69	Finals
7:20 PM #73 Women 800 Metre 70+	Finals
7:25 PM #74 Men 800 Metre 30-39	Finals
7:25 PM #75 Men 800 Metre 40-49	Finals
7:30 PM #76 Men 800 Metre 50-59	Finals
7:35 PM #77 Men 800 Metre 60-69	Finals
7:35 PM #78 Men 800 Metre 70+	Finals
7:40 PM #79 Women 800 Metre Para	Finals
8:00 PM #80 Women 1500 Metre Race Walk Under 14	Finals
8:00 PM #81 Men 1500 Metre Race Walk Under 14	Finals
8:00 PM #82 Women 1500 Metre Race Walk Under 15	Finals
8:00 PM #83 Women 1500 Metre Race Walk Under 16	Finals
8:00 PM #84 Men 1500 Metre Race Walk Under 16	Finals
8:15 PM #85 Women 3000 Metre Race Walk Under 17	Finals
8:15 PM #86 Women 3000 Metre Race Walk Under 18	Finals
8:15 PM #87 Women 3000 Metre Race Walk Under 20	Finals
8:15 PM #88 Women 3000 Metre Race Walk Open	Finals
8:15 PM #89 Women 3000 Metre Race Walk 30-39	Finals
8:15 PM #90 Women 3000 Metre Race Walk 40-49	Finals
8:15 PM #91 Men 3000 Metre Race Walk Under 17	Finals
8:15 PM #92 Men 3000 Metre Race Walk Under 18	Finals
8:15 PM #93 Men 3000 Metre Race Walk Under 20	Finals

**2023 NSW Country Championships - 20/01/2023 to 22/01/2023****Dubbo Athletics Centre****Session Report**

Session: 1 Friday Track

Day 1 - Friday 20/01/2023 - Starts at 01:00 PM

<b>Event</b>	<b>Round</b>
8:15 PM #94 Men 3000 Metre Race Walk Open	Finals
8:15 PM #95 Men 3000 Metre Race Walk 30-39	Finals
8:15 PM #95 Men 3000 Metre Race Walk 40-49	Finals
8:15 PM #96 Men 3000 Metre Race Walk 60-69	Finals

**2023 NSW Country Championships - 20/01/2023 to 22/01/2023****Dubbo Athletics Centre****Session Report**

Session: 2 Friday Field

Day 1 - Friday 20/01/2023 - Starts at 01:00 PM

<b>Event</b>	<b>Round</b>
1:00 PM #97 Women Pole Vault Under 13	Finals
1:00 PM #98 Women Pole Vault Under 14	Finals
1:00 PM #99 Women Pole Vault Under 15	Finals
1:00 PM #100 Women Pole Vault Under 16	Finals
1:00 PM #101 Women Pole Vault Under 17	Finals
1:00 PM #102 Women Pole Vault Under 18	Finals
1:00 PM #103 Women Pole Vault Under 20	Finals
1:00 PM #104 Women Pole Vault Open	Finals
1:00 PM #105 Women Pole Vault 30-39	Finals
1:00 PM #106 Women Pole Vault 40-49	Finals
1:00 PM #107 Women Pole Vault 50-59	Finals
1:00 PM #108 Women Pole Vault 60-69	Finals
1:00 PM #109 Women Pole Vault 70+	Finals
1:00 PM #110 Men Pole Vault Under 13	Finals
1:00 PM #111 Men Pole Vault Under 14	Finals
1:00 PM #112 Men Pole Vault Under 15	Finals
1:00 PM #113 Men Pole Vault Under 16	Finals
1:00 PM #114 Men Pole Vault Under 17	Finals
1:00 PM #115 Men Pole Vault Under 18	Finals
1:00 PM #116 Men Pole Vault Under 20	Finals
1:00 PM #117 Men Pole Vault Open	Finals
1:00 PM #118 Men Pole Vault 30-39	Finals
1:00 PM #119 Men Pole Vault 40-49	Finals
1:00 PM #120 Men Pole Vault 50-59	Finals
1:00 PM #121 Men Pole Vault 60-69	Finals
1:00 PM #122 Men Pole Vault 70+	Finals
1:00 PM #123 Women Hammer Throw 30-39	Finals
1:00 PM #124 Women Hammer Throw 40-49	Finals
1:00 PM #125 Women Hammer Throw 50-59	Finals
1:00 PM #126 Women Hammer Throw 60-69	Finals
1:00 PM #127 Women Hammer Throw 70+	Finals
1:00 PM #128 Men Javelin Throw Under 16	Finals
1:00 PM #129 Men Javelin Throw Under 17	Finals
1:00 PM #130 Men Javelin Throw Under 18	Finals
1:00 PM #131 Women Triple Jump Under 13	Finals
1:00 PM #132 Women Triple Jump Under 14	Finals
1:00 PM #133 Women Triple Jump Under 15	Finals
2:05 PM #134 Women Shot Put Under 16	Finals
2:05 PM #135 Women Shot Put Under 17	Finals
2:05 PM #136 Women Shot Put Under 18	Finals
2:45 PM #137 Men Hammer Throw 30-39	Finals
2:45 PM #138 Men Hammer Throw 40-49	Finals
2:45 PM #139 Men Hammer Throw 50-59	Finals
2:45 PM #140 Men Hammer Throw 60-69	Finals
2:45 PM #141 Men Hammer Throw 70+	Finals
2:45 PM #142 Men Triple Jump Under 13	Finals
2:45 PM #143 Men Triple Jump Under 14	Finals

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Session: 2 Friday Field

Day 1 - Friday 20/01/2023 - Starts at 01:00 PM

<b>Event</b>	<b>Round</b>
2:45 PM #144 Men Triple Jump Under 15	Finals
2:50 PM #145 Women High Jump 30-39	Finals
2:50 PM #146 Women High Jump 40-49	Finals
2:50 PM #147 Women High Jump 50-59	Finals
2:50 PM #148 Women High Jump 60-69	Finals
2:50 PM #149 Women High Jump 70+	Finals
3:30 PM #150 Women Shot Put Under 10	Finals
3:30 PM #151 Women Shot Put Under 11	Finals
3:30 PM #152 Women Shot Put Under 12	Finals
3:55 PM #153 Men Long Jump Under 16	Finals
3:55 PM #154 Men Long Jump Under 17	Finals
3:55 PM #155 Men Long Jump Under 18	Finals
4:00 PM #156 Women Hammer Throw Under 20	Finals
4:00 PM #157 Women Hammer Throw Open	Finals
4:10 PM #158 Men High Jump Under 20	Finals
4:10 PM #159 Men High Jump Open	Finals
4:15 PM #160 Men Shot Put Under 10	Finals
4:15 PM #161 Men Shot Put Under 11	Finals
4:15 PM #162 Men Shot Put Under 12	Finals
5:10 PM #163 Men Shot Put Under 13	Finals
5:10 PM #164 Women Shot Put Under 13	Finals
5:20 PM #165 Men Hammer Throw Under 20	Finals
5:20 PM #166 Men Hammer Throw Open	Finals
5:35 PM #167 Women Long Jump Under 16	Finals
5:35 PM #168 Women Long Jump Under 17	Finals
5:35 PM #169 Women Long Jump Under 18	Finals
6:10 PM #170 Men Shot Put Under 16	Finals
6:10 PM #171 Men Shot Put Under 17	Finals
6:10 PM #172 Men Shot Put Under 18	Finals
6:20 PM #173 Men High Jump 30-39	Finals
6:20 PM #174 Men High Jump 40-49	Finals
6:20 PM #175 Men High Jump 50-59	Finals
6:20 PM #176 Men High Jump 60-69	Finals
6:20 PM #177 Men High Jump 70+	Finals
6:40 PM #178 Women Hammer Throw Under 13	Finals
6:40 PM #179 Women Hammer Throw Under 14	Finals
6:40 PM #180 Women Hammer Throw Under 15	Finals
6:40 PM #181 Women Hammer Throw Under 16	Finals
6:40 PM #182 Women Hammer Throw Under 17	Finals
6:40 PM #183 Women Hammer Throw Under 18	Finals
7:45 PM #184 Men Shot Put 30-39	Finals
7:45 PM #185 Men Shot Put 40-49	Finals
7:45 PM #186 Men Shot Put 50-59	Finals
7:45 PM #187 Men Shot Put 60-69	Finals
7:45 PM #188 Men Shot Put 70+	Finals
8:00 PM #189 Women Javelin Throw Under 16	Finals
8:00 PM #190 Women Javelin Throw Under 17	Finals

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Session: 2 Friday Field

Day 1 - Friday 20/01/2023 - Starts at 01:00 PM

<b>Event</b>	<b>Round</b>
8:00 PM #191 Women Javelin Throw Under 18	Finals
8:10 PM #192 Men Hammer Throw Under 13	Finals
8:10 PM #193 Men Hammer Throw Under 14	Finals
8:10 PM #194 Men Hammer Throw Under 15	Finals
8:10 PM #195 Men Hammer Throw Under 16	Finals
8:10 PM #196 Men Hammer Throw Under 17	Finals
8:10 PM #197 Men Hammer Throw Under 18	Finals
8:20 PM #198 Women High Jump Under 20	Finals
8:20 PM #199 Women High Jump Open	Finals

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Session: 3 Saturday Track

Day 2 - Saturday 21/01/2023 - Starts at 08:30 AM

<b>Event</b>	<b>Round</b>
8:30 AM #200 Women 3000 Metre Steeplechase Open	Finals
8:50 AM #201 Women 2000 Metre Steeplechase 76.2 Under 16	Finals
8:50 AM #202 Women 2000 Metre Steeplechase Under 17	Finals
8:50 AM #203 Women 2000 Metre Steeplechase 76.2 Under 18	Finals
8:50 AM #204 Women 2000 Metre Steeplechase 40-49	Finals
8:50 AM #205 Men 2000 Metre Steeplechase 76.2 Under 16	Finals
8:50 AM #206 Men 2000 Metre Steeplechase 60-69	Finals
8:50 AM #207 Men 2000 Metre Steeplechase 70+	Finals
9:10 AM #208 Men 2000 Metre Steeplechase Under 17	Finals
9:10 AM #209 Men 2000 Metre Steeplechase Under 18	Finals
9:30 AM #210 Men 3000 Metre Steeplechase Under 20	Finals
9:30 AM #211 Men 3000 Metre Steeplechase Open	Finals
9:30 AM #212 Men 3000 Metre Steeplechase 40-49	Finals
9:30 AM #213 Men 3000 Metre Steeplechase 50-59	Finals
9:50 AM #214 Women 100 Metre Under 12	Prelims
9:56 AM #215 Women 100 Metre Under 14	Prelims
10:02 AM #216 Women 100 Metre Under 16	Prelims
10:11 AM #217 Women 100 Metre Under 17	Prelims
10:17 AM #218 Men 100 Metre Under 17	Prelims
10:23 AM #219 Men 100 Metre Under 20	Prelims
10:32 AM #220 Women 100 Metre Open	Prelims
10:41 AM #221 Men 100 Metre Open	Prelims
10:50 AM #222 Women 100 Metre Para	Finals
10:53 AM #223 Men 100 Metre Para	Finals
10:56 AM #224 Women 100 Metre Under 10	Finals
10:56 AM #225 Women 100 Metre Under 11	Finals
10:59 AM #226 Women 100 Metre Under 13	Finals
11:02 AM #227 Men 100 Metre Under 10	Finals
11:05 AM #228 Men 100 Metre Under 11	Finals
11:08 AM #229 Men 100 Metre Under 12	Finals
11:11 AM #230 Men 100 Metre Under 13	Finals
11:14 AM #231 Men 100 Metre Under 14	Finals
11:17 AM #232 Women 100 Metre Under 15	Finals
11:20 AM #233 Men 100 Metre Under 15	Finals
11:23 AM #234 Men 100 Metre Under 16	Finals
11:26 AM #235 Women 100 Metre Under 18	Finals
11:29 AM #236 Men 100 Metre Under 18	Finals
11:32 AM #237 Women 100 Metre Under 20	Finals
11:36 AM #238 Women 100 Metre 30-39	Finals
11:39 AM #239 Women 100 Metre 40-49	Finals
11:39 AM #240 Women 100 Metre 50-59	Finals
11:42 AM #241 Women 100 Metre 60-69	Finals
11:42 AM #242 Women 100 Metre 70+	Finals
11:45 AM #243 Men 100 Metre 30-39	Finals
11:48 AM #244 Men 100 Metre 40-49	Finals
11:51 AM #245 Men 100 Metre 50-59	Finals
11:54 AM #246 Men 100 Metre 60-69	Finals

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Session: 3 Saturday Track

Day 2 - Saturday 21/01/2023 - Starts at 08:30 AM

<b>Event</b>	<b>Round</b>
11:54 AM #247 Men 100 Metre 70+	Finals
11:57 AM #248 Women 100 Metre Under 12	Finals
12:01 PM #249 Women 100 Metre Under 14	Finals
12:04 PM #250 Women 100 Metre Under 16	Finals
12:07 PM #251 Women 100 Metre Under 17	Finals
12:11 PM #252 Men 100 Metre Under 17	Finals
12:14 PM #253 Men 100 Metre Under 20	Finals
12:17 PM #254 Women 100 Metre Open	Finals
12:20 PM #255 Men 100 Metre Open	Finals
4:20 PM #256 Men 400 Metre Hurdles 91.4 Open	Finals
4:20 PM #257 Men 400 Metre Hurdles 91.4 Under 20	Finals
4:35 PM #258 Men 400 Metre Hurdles 84 Under 18	Finals
4:35 PM #259 Men 400 Metre Hurdles 84 Under 17	Finals
4:35 PM #260 Men 400 Metre Hurdles 50-59	Finals
4:50 PM #261 Women 400 Metre Hurdles 76.2 Open	Finals
4:50 PM #262 Women 400 Metre Hurdles 76.2 Under 20	Finals
4:56 PM #263 Women 400 Metre Hurdles 76.2 Under 18	Finals
4:56 PM #264 Women 400 Metre Hurdles 76.2 30-39	Finals
5:02 PM #265 Women 400 Metre Hurdles 76.2 Under 17	Finals
5:15 PM #266 Women 300 Metre Hurdles 60-69	Finals
5:15 PM #267 Men 300 Metre Hurdles 60-69	Finals
5:25 PM #268 Men 200 Metre Hurdles 76.2 Under 16	Finals
5:25 PM #269 Men 200 Metre Hurdles 76.2 Under 15	Finals
5:28 PM #270 Men 200 Metre Hurdles 76.2 Under 14	Finals
5:28 PM #271 Women 200 Metre Hurdles 76.2 Under 16	Finals
5:28 PM #272 Women 200 Metre Hurdles 76.2 Under 15	Finals
5:31 PM #273 Women 200 Metre Hurdles 76.2 Under 14	Finals
5:45 PM #274 Women 4x100 Metre Relay Under 16	Finals
5:55 PM #275 Men 4x100 Metre Relay Under 16	Finals
6:05 PM #276 Women 4x100 Metre Relay Open	Finals
6:15 PM #277 Men 4x100 Metre Relay Open	Finals
6:25 PM #278 Women 4x100 Metre Relay Masters	Finals
6:35 PM #279 Men 4x100 Metre Relay Masters	Finals
6:50 PM #280 Women 3000 Metre Under 18	Finals
6:50 PM #281 Women 3000 Metre Under 17	Finals
6:50 PM #282 Women 3000 Metre Under 16	Finals
7:10 PM #283 Men 3000 Metre Under 18	Finals
7:10 PM #284 Men 3000 Metre Under 17	Finals
7:10 PM #285 Men 3000 Metre Under 16	Finals
7:30 PM #286 Women 5000 Metre 30-39	Finals
7:30 PM #287 Women 5000 Metre 40-49	Finals
7:30 PM #288 Women 5000 Metre 50-59	Finals
7:30 PM #289 Women 5000 Metre 60-69	Finals
7:30 PM #290 Women 5000 Metre Open	Finals
7:55 PM #291 Men 5000 Metre 30-39	Finals
7:55 PM #292 Men 5000 Metre 40-49	Finals
7:55 PM #293 Men 5000 Metre 50-59	Finals



**2023 NSW Country Championships - 20/01/2023 to 22/01/2023****Dubbo Athletics Centre****Session Report**

Session: 3 Saturday Track

Day 2 - Saturday 21/01/2023 - Starts at 08:30 AM

<b>Event</b>	<b>Round</b>
7:55 PM #294 Men 5000 Metre 60-69	Finals
7:55 PM #295 Men 5000 Metre 70+	Finals
7:55 PM #296 Men 5000 Metre Under 20	Finals
7:55 PM #297 Men 5000 Metre Open	Finals

**2023 NSW Country Championships - 20/01/2023 to 22/01/2023****Dubbo Athletics Centre****Session Report**

Session: 4 Saturday Field

Day 2 - Saturday 21/01/2023 - Starts at 08:30 AM

<b>Event</b>	<b>Round</b>
8:30 AM #298 Women Discus Throw 30-39	Finals
8:30 AM #299 Women Discus Throw 40-49	Finals
8:30 AM #300 Women Discus Throw 50-59	Finals
8:30 AM #301 Women Discus Throw 60-69	Finals
8:30 AM #302 Women Discus Throw 70+	Finals
8:30 AM #303 Men High Jump Under 16	Finals
8:30 AM #304 Men High Jump Under 17	Finals
8:30 AM #305 Men High Jump Under 18	Finals
8:30 AM #306 Men Discus Throw Under 13	Finals
8:30 AM #307 Men Discus Throw Under 14	Finals
8:30 AM #308 Men Discus Throw Under 15	Finals
8:30 AM #309 Men Long Jump 30-39	Finals
8:30 AM #310 Men Long Jump 40-49	Finals
8:30 AM #311 Men Long Jump 50-59	Finals
8:30 AM #312 Men Long Jump 60-69	Finals
8:30 AM #313 Men Long Jump 70+	Finals
9:45 AM #314 Women Long Jump Para	Finals
9:45 AM #315 Men Long Jump Para	Finals
9:55 AM #316 Women High Jump Under 16	Finals
9:55 AM #317 Women High Jump Under 17	Finals
9:55 AM #318 Women High Jump Under 18	Finals
10:00 AM #319 Women Discus Throw Under 20	Finals
10:00 AM #320 Women Discus Throw Open	Finals
10:20 AM #321 Women Discus Throw Under 13	Finals
10:20 AM #322 Women Discus Throw Under 14	Finals
10:20 AM #323 Women Discus Throw Under 15	Finals
10:50 AM #324 Women Long Jump Under 20	Finals
10:50 AM #325 Women Long Jump Open	Finals
11:30 AM #326 Women Discus Throw Under 16	Finals
11:30 AM #327 Women Discus Throw Under 17	Finals
11:30 AM #328 Women Discus Throw Under 18	Finals
11:55 AM #329 Men High Jump Under 13	Finals
11:55 AM #330 Men High Jump Under 14	Finals
11:55 AM #331 Men High Jump Under 15	Finals
12:00 PM #332 Men Long Jump Under 20	Finals
12:00 PM #333 Men Long Jump Open	Finals
12:20 PM #334 Women Long Jump 30-39	Finals
12:20 PM #335 Women Long Jump 40-49	Finals
12:20 PM #336 Women Long Jump 50-59	Finals
12:20 PM #337 Women Long Jump 60-69	Finals
12:20 PM #338 Women Long Jump 70+	Finals
4:30 PM #339 Men Discus Throw Under 20	Finals
4:30 PM #340 Men Discus Throw Open	Finals
4:30 PM #341 Men Discus Throw 30-39	Finals
4:30 PM #342 Men Discus Throw 50-59	Finals
4:30 PM #343 Men Discus Throw 70+	Finals
4:30 PM #344 Women High Jump Under 13	Finals

**2023 NSW Country Championships - 20/01/2023 to 22/01/2023****Dubbo Athletics Centre****Session Report**

Session: 4 Saturday Field

Day 2 - Saturday 21/01/2023 - Starts at 08:30 AM

<b>Event</b>	<b>Round</b>
4:30 PM #345 Women High Jump Under 14	Finals
4:30 PM #346 Women High Jump Under 15	Finals
4:30 PM #347 Women Triple Jump Under 20	Finals
4:30 PM #348 Women Triple Jump Open	Finals
5:30 PM #349 Women Triple Jump 30-39	Finals
5:30 PM #350 Women Triple Jump 40-49	Finals
5:30 PM #351 Women Triple Jump 50-59	Finals
5:30 PM #352 Women Triple Jump 60-69	Finals
5:30 PM #353 Women Triple Jump 70+	Finals
5:40 PM #354 Men Discus Throw 40-49	Finals
5:40 PM #355 Men Discus Throw 60-69	Finals
5:50 PM #356 Men Discus Throw Under 16	Finals
5:50 PM #357 Men Discus Throw Under 17	Finals
5:50 PM #358 Men Discus Throw Under 18	Finals
6:10 PM #359 Women Long Jump Under 10	Finals
6:10 PM #360 Women Long Jump Under 11	Finals
6:10 PM #361 Women Long Jump Under 12	Finals
7:00 PM #362 Men Triple Jump Under 20	Finals
7:00 PM #363 Men Triple Jump Open	Finals
7:00 PM #364 Men Triple Jump 30-39	Finals
7:00 PM #365 Men Triple Jump 40-49	Finals
7:00 PM #366 Men Triple Jump 50-59	Finals
7:00 PM #367 Men Triple Jump 60-69	Finals
7:00 PM #368 Men Triple Jump 70+	Finals
7:00 PM #369 Women Discus Throw Para	Finals
7:00 PM #370 Men Discus Throw Para	Finals
7:30 PM #371 Men Long Jump Under 10	Finals
7:30 PM #372 Men Long Jump Under 11	Finals
7:30 PM #373 Men Long Jump Under 12	Finals

**2023 NSW Country Championships - 20/01/2023 to 22/01/2023****Dubbo Athletics Centre****Session Report**

Session: 5 Sunday Track

Day 3 - Sunday 22/01/2023 - Starts at 08:15 AM

<b>Event</b>	<b>Round</b>
8:15 AM #374 Women 1500 Metre 70+	Finals
8:15 AM #375 Women 1500 Metre 60-69	Finals
8:15 AM #376 Women 1500 Metre 50-59	Finals
8:15 AM #377 Women 1500 Metre 40-49	Finals
8:25 AM #378 Men 1500 Metre 60-69	Finals
8:25 AM #379 Men 1500 Metre 50-59	Finals
8:25 AM #380 Men 1500 Metre 40-49	Finals
8:25 AM #381 Men 1500 Metre 30-39	Finals
8:35 AM #382 Women 1500 Metre 30-39	Finals
8:35 AM #383 Women 1500 Metre Open	Finals
8:35 AM #384 Women 1500 Metre Under 20	Finals
8:35 AM #385 Women 1500 Metre Under 18	Finals
8:45 AM #386 Women 1500 Metre Under 17	Finals
8:45 AM #387 Women 1500 Metre Under 16	Finals
8:45 AM #388 Women 1500 Metre Under 15	Finals
8:55 AM #389 Women 1500 Metre Under 14	Finals
8:55 AM #390 Women 1500 Metre Under 13	Finals
9:05 AM #391 Men 1500 Metre Open	Finals
9:05 AM #392 Men 1500 Metre Under 20	Finals
9:05 AM #393 Men 1500 Metre Under 18	Finals
9:15 AM #394 Men 1500 Metre Under 17	Finals
9:15 AM #395 Men 1500 Metre Under 16	Finals
9:15 AM #396 Men 1500 Metre Under 14	Finals
9:25 AM #397 Men 1500 Metre Under 13	Finals
9:25 AM #398 Men 1500 Metre Under 15	Finals
9:45 AM #399 Men 110 Metre Hurdles 106.7 Open	Finals
9:45 AM #400 Men 110 Metre Hurdles 99.1 Under 20	Finals
9:55 AM #401 Men 110 Metre Hurdles 91.4 Under 18	Finals
9:55 AM #402 Men 110 Metre Hurdles 91.4 Under 17	Finals
10:05 AM #403 Men 100 Metre Hurdles 91.4 50-59	Finals
10:05 AM #404 Men 100 Metre Hurdles 84 Under 16	Finals
10:05 AM #405 Men 100 Metre Hurdles 84 Under 15	Finals
10:12 AM #406 Women 100 Metre Hurdles 84 Open	Finals
10:16 AM #407 Women 100 Metre Hurdles 84 Under 20	Finals
10:16 AM #408 Women 100 Metre Hurdles 84 30-39	Finals
10:22 AM #409 Men 100 Metre Hurdles 84 60-69	Finals
10:28 AM #410 Women 100 Metre Hurdles 76.2 Under 17	Finals
10:34 AM #411 Women 100 Metre Hurdles 76.2 Under 18	Finals
10:43 AM #412 Women 90 Metre Hurdles 76.2 Under 16	Finals
10:46 AM #413 Women 90 Metre Hurdles 76.2 Under 15	Finals
10:49 AM #414 Men 90 Metre Hurdles 76.2 Under 14	Finals
10:49 AM #415 Men 90 Metre Hurdles 76.2 Under 13	Finals
10:55 AM #416 Women 80 Metre Hurdles 76.2 Under 14	Finals
10:58 AM #417 Women 80 Metre Hurdles 76.2 Under 13	Finals
11:07 AM #418 Women 80 Metre Hurdles 76.2 50-59	Finals
11:07 AM #419 Women 80 Metre Hurdles 68.6 60-69	Finals
11:25 AM #420 Women 400 Metre Para	Finals

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Session: 5 Sunday Track

Day 3 - Sunday 22/01/2023 - Starts at 08:15 AM

<b>Event</b>	<b>Round</b>
11:25 AM #421 Men 400 Metre Para	Finals
11:27 AM #422 Women 400 Metre Under 20	Finals
11:30 AM #423 Men 400 Metre Under 20	Finals
11:35 AM #424 Women 400 Metre Under 18	Finals
11:45 AM #425 Men 400 Metre Under 18	Finals
11:50 AM #426 Women 400 Metre Under 17	Finals
12:00 PM #427 Men 400 Metre Under 17	Finals
12:10 PM #428 Women 400 Metre Under 16	Finals
12:18 PM #429 Men 400 Metre Under 16	Finals
12:23 PM #430 Women 400 Metre Under 15	Finals
12:31 PM #431 Men 400 Metre Under 15	Finals
12:43 PM #432 Women 400 Metre Under 14	Finals
12:48 PM #433 Men 400 Metre Under 14	Finals
12:53 PM #434 Women 400 Metre Open	Finals
1:03 PM #435 Men 400 Metre Open	Finals
1:10 PM #436 Women 400 Metre 30-39	Finals
1:15 PM #437 Women 400 Metre 40-49	Finals
1:20 PM #438 Women 400 Metre 50-59	Finals
1:25 PM #439 Women 400 Metre 60-69	Finals
1:25 PM #440 Women 400 Metre 70+	Finals
1:30 PM #441 Men 400 Metre 30-39	Finals
1:35 PM #442 Men 400 Metre 40-49	Finals
1:40 PM #443 Men 400 Metre 50-59	Finals
1:45 PM #444 Men 400 Metre 60-69	Finals
1:45 PM #445 Men 400 Metre 70+	Finals

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Session: 6 Sunday Field

Day 3 - Sunday 22/01/2023 - Starts at 08:30 AM

<b>Event</b>	<b>Round</b>
8:30 AM #446 Women Long Jump Under 14	Finals
8:30 AM #447 Women Shot Put Under 20	Finals
8:30 AM #448 Women Shot Put Open	Finals
8:30 AM #449 Men Javelin Throw 30-39	Finals
8:30 AM #450 Men Javelin Throw 40-49	Finals
8:30 AM #451 Men Javelin Throw 50-59	Finals
8:30 AM #452 Men Javelin Throw 60-69	Finals
8:30 AM #453 Men Javelin Throw 70+	Finals
8:30 AM #454 Women Javelin Throw Under 13	Finals
8:30 AM #455 Women Javelin Throw Under 14	Finals
8:30 AM #456 Women Javelin Throw Under 15	Finals
8:30 AM #457 Women Triple Jump Under 16	Finals
8:30 AM #458 Women Triple Jump Under 17	Finals
8:30 AM #459 Women Triple Jump Under 18	Finals
9:45 AM #460 Men Shot Put Under 20	Finals
9:45 AM #461 Men Shot Put Open	Finals
10:00 AM #462 Men Javelin Throw Under 13	Finals
10:00 AM #463 Men Javelin Throw Under 14	Finals
10:00 AM #464 Men Javelin Throw Under 15	Finals
10:05 AM #465 Women Javelin Throw 30-39	Finals
10:05 AM #466 Women Javelin Throw 40-49	Finals
10:05 AM #467 Women Javelin Throw 50-59	Finals
10:05 AM #468 Women Javelin Throw 60-69	Finals
10:05 AM #469 Women Javelin Throw 70+	Finals
10:10 AM #470 Men Triple Jump Under 16	Finals
10:10 AM #471 Men Triple Jump Under 17	Finals
10:10 AM #472 Men Triple Jump Under 18	Finals
10:50 AM #473 Women Shot Put Under 14	Finals
10:50 AM #474 Women Shot Put Under 15	Finals
10:50 AM #475 Men Shot Put Under 14	Finals
10:50 AM #476 Men Shot Put Under 15	Finals
11:00 AM #477 Men Long Jump Under 13	Finals
11:00 AM #478 Men Long Jump Under 14	Finals
11:00 AM #479 Men Long Jump Under 15	Finals
11:20 AM #480 Men Javelin Throw Under 20	Finals
11:20 AM #481 Men Javelin Throw Open	Finals
12:00 PM #482 Women Shot Put 30-39	Finals
12:00 PM #483 Women Shot Put 40-49	Finals
12:00 PM #484 Women Shot Put 50-59	Finals
12:00 PM #485 Women Shot Put 60-69	Finals
12:00 PM #486 Women Shot Put 70+	Finals
12:35 PM #487 Women Long Jump Under 13	Finals
12:35 PM #488 Women Long Jump Under 15	Finals
12:50 PM #489 Women Shot Put Para	Finals
12:50 PM #490 Men Shot Put Para	Finals
12:55 PM #491 Women Javelin Throw Under 20	Finals
12:55 PM #492 Women Javelin Throw Open	Finals

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